CATHOLIC PRAYERS

FOR

CHURCH OF ENGLAND PEOPLE

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Christian Doctrine and Practice

A SUMMARY OF CHRISTIAN DOCTRINE

1. Every Christian must believe that there is one God, the Lord and Maker of heaven and earth, who has neither beginning nor end, but is always the same; is everywhere present; knows and sees all things; can do all things; and is infinite in all perfection.

2. Every Christian must believe that in this one God there are three several Persons, perfectly equal, and of one substance; God the Father, God the Son, and God the Holy Ghost; and that these three Persons are, all three, one and the same Lord, one and the same God.

3. We must also believe that God created the angels to be in his Presence for ever, and that some of them fell from God by sin, and became evil spirits. Also that God created the first man Adam and the first woman Eve perfectly innocent, and placed them in the earthly paradise, Eden, from whence they were rightly banished because they disobeyed God in eating of the forbidden tree; and that, by this first sin of Adam, we are all conceived in sin, and must have been for ever sinners if God had not promised us a Saviour.

4. We must believe that God fulfilled this promise of a Saviour when Jesus Christ, the Son of God, true God and true Man, equal to

his Father in all things, came down from heaven, and was made perfect Man.

5. We must believe that this our Saviour, Jesus Christ, was conceived in the womb of the ever-Virgin Mary by the power of God the Holy Ghost, without having any man for his Father, and was born of her, she still remaining a pure Virgin; that, by dying upon the Cross, he offered himself a sacrifice for the sins of the whole world; and that through his passion and death alone have we any hope of mercy, grace, or salvation.

6. We must believe that Jesus Christ died, was buried, and rose again on the third day from the dead; that he was seen of his disciples during forty days after he had risen; and that he then went up into heaven in their sight, and sat down on God's right hand; that ten days afterwards he sent down the Holy Ghost upon his disciples, to guide them and their successors, and to lead them into all truth.

7. We must believe that the one holy catholic and apostolic Church was founded by our Lord Jesus Christ, when he was upon the earth, and the he is the Head of the Church; that this catholic Church is the keeper and interpreter of the holy Bible, and that the holy Bible thus interpreted, together with the traditions of the apostles, ought to be the rule of faith and practice for all Christians; also that the catholic Church alone possesses and dispenses the Sacraments of Jesus Christ.

8. We must believe that Jesus Christ will come again at the last day to judge all people; and that we shall be judged by him according to our works; that the good will go to everlasting happiness, but the wicked to everlasting punishment.

THE SEVEN SACRAMENTS

1. *Baptism:* by which we are made Christians. (S. Matt. 28, 19.)

2. *The Holy Eucharist:* which is verily and indeed the Body and Blood, the Soul and the Divinity, of Jesus Christ, under the form of bread and wine. The Holy Eucharist is not only a Sacrament, in which we receive our Divine Lord for the food and nourishment of our souls, and in which he is really present and therein to be adored: it is also a Sacrifice, the Sacrifice of the holy Mass, in which at the time of Consecration the bread and wine become the Body and Blood of Jesus Christ, and in which he is offered up for us to his Eternal Father. (S. Matt. 26, 26-28.)

3. *Confirmation:* by which we receive the Holy Ghost, that we may become strong and perfect Christians, and soldiers of Christ. (Acts 8, 17.)

4. *Penance:* by which the sins committed after Baptism are forgiven by God.
(S. John 20, 23.)

5. *Holy Orders:* by which Bishops, Priests,

and Deacons of the Church are ordained. (S. John 20, 21, 22.)

6. *Matrimony:* which is the Sacrament of Christian marriage. (S. Matt. 19, 6.)

7. *Unction of the Sick:* which in dangerous illness comforts the soul, brings God's pardon, and restores health, if God wills.
(S. James 5, 13–15.)

SIX OF THE CHIEF PRECEPTS OF THE CHURCH

1. To be present at Mass every Sunday, unless prevented by illness or urgent necessity; and also, if possible, on all holy days of obligation (*as given on p.* 8).
2. To keep the days of fasting and/or abstinence, unless dispensed therefrom. (*The rules will be found on pp.* 9–10.)
3. To go to Confession at least once in the year.
4. To receive the Blessed Sacrament at least once a year, and that at Easter if possible.
5. To contribute regularly, and according to means, to the support of the Church and the clergy.
6. Not to marry within the forbidden degrees of kinship.

These precepts are generally held to embrace the following Rules of Life.

To keep the Commandments of God (*as given below*).

To go to Confession regularly, and always after falling into grievous sin.

To receive Holy Communion regularly and frequently—once a month at least—and particularly on the great festivals of the Church; and always to receive fasting.

Always to say morning and evening prayers, and grace at meals; and to make a meditation (if possible, several times a week) according to ability. (*See pp.* 11–17.)

THE COMMANDMENTS OF GOD

I

I am the Lord thy God: thou shalt have none other gods but me.

II

Thou shalt not make to thyself any graven image, nor the likeness of anything that is in heaven above, or in the earth beneath, or in the water under the earth. Thou shalt not bow down to them, nor worship them: for I the Lord thy God am a jealous God, and visit the sins of the fathers upon the children, unto the third and fourth generation of them that hate me, and shew mercy unto thousands in them that love me, and keep my commandments.

III

Thou shalt not take the Name of the Lord thy God in vain: for the Lord will not hold him guiltless that taketh his Name in vain.

IV

Remember that thou keep holy the Sabbath-day. Six days shalt thou labour and do all that thou hast to do; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work, thou, and thy son, and thy daughter, thy man-servant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day; wherefore the Lord blessed the seventh day, and hallowed it.

V

Honour thy father and thy mother; that thy days may be long in the land which the Lord thy God giveth thee.

VI

Thou shalt do no murder.

VII

Thou shalt not commit adultery.

VIII

Thou shalt not steal.

IX

Thou shalt not bear false witness against thy neighbour.

X

Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his servant, nor his maid, nor his ox, nor his ass, nor anything that is his.

THE COLOURS

Used in the Services of the Church

White is used on Feasts of our Lord; of the holy Angels; of the Blessed Virgin Mary; of such Saints as are not Martyrs; and on ordinary days during Eastertide; and in Christmastide.

Red is used at Whitsuntide; on Feasts of the Passion and holy Cross; and on the Feasts of Apostles and Evangelists, and of Martyrs.

Green is used (on the ordinary ferial days and Sundays), from January 14th until Septuagesima, and throughout Trinitytide.

Purple, the penitential colour, is used at all services of the season in Advent and from Septuagesima till the end of Lent, on most Vigils, on Ember days (except in Whitsun-week) and at the Rogations.

Black is used on Good Friday, and at Masses and Offices of the Dead.

PRINCIPAL FEASTS OF THE YEAR

HOLY DAYS OF OBLIGATION

on which Catholics are bound to hear Mass, and (as far as may be possible) to abstain from servile work.

All Sundays in the year.
Circumcision of our Lord (Jan. 1).
Epiphany of our Lord (Jan. 6).
Ascension of our Lord.
Corpus Christi (Thursday after Trinity Sunday).
SS. Peter and Paul (June 29).
Assumption B.V.M. (Aug. 15).
All Saints' Day (Nov. 1).
Nativity of our Lord or Christmas Day (Dec. 25).

DAYS OF DEVOTION

on which the faithful are exhorted (though not required) to hear Mass

† Conversion of S. Paul (Jan. 25).
Purification B.V.M. (Feb. 2).
S. Matthias, Ap. (Feb. 24).
* S. Joseph, Spouse of the B.V.M. (Mar. 19).
Annunciation B.V.M. (Mar. 25).
Easter Monday and Tuesday.
† S. Mark, Ev. (April 25).
SS. Philip and James, App. (May 1).
* Finding of the holy Cross (May 3).
Whit Monday and Tuesday.
† S. Barnabas, Ap. (June 11).

Nativity of S. John Baptist (June 24).
S. James, Ap. (July 25).
* S. Anne, Mother of the B.V.M. (July 26).
* S. Laurence, M. (Aug. 10).
S. Bartholomew, Ap. (Aug. 24).
* Nativity B.V.M. (Sept. 8).
S. Matthew, Ap. (Sept. 21).
S. Michael and all angels (Sept. 29).
† S. Luke, Ev. (Oct. 18).
SS. Simon and Jude, App. (Oct. 28).
S. Andrew, Ap. (Nov. 30).
* Conception B.V.M. (Dec. 8).
S. Thomas, Ap. (Dec. 21).
S. Stephen, M. (Dec. 26).
S. John, Ap. Ev. (Dec. 27).
Holy Innocents, MM. (Dec. 28).
* S. Sylvester, B.C. (Dec. 31).

The feasts marked * are not "holy days to be observed" of the Prayer Book, and those marked † are not days of devotion in the Latin use.

FASTING AND ABSTINENCE

The rule of abstinence requires that one should not eat flesh-meat or preparations of it, but without any restrictions on the quantity; eggs, milk products, and offal, however, are permitted.

The rule of fasting requires that only one full meal (at which meat is permitted unless the day is *also* one of abstinence) should be taken during the day, and not before mid-day: but light meals may be taken in addition in the morning and evening.

A present dispensation permits that, on days which are both of fasting and abstinence, eggs or milk products may be taken at these light meals.

The days of abstinence are all Fridays in the year except Christmas day and December 26th.

The days of fasting with abstinence are Ash Wednesday, the Fridays and Saturdays in Lent, and all the Ember days, the vigils of Pentecost, the Conception B.V.M., All Saints, and Christmas. But by present dispensation fasting with abstinence is only formally required on Ash Wednesday, Good Friday, and the vigils of the Assumption B.V.M. and Christmas.

The days of fasting without abstinence are the remaining days in Lent; but this fast is at present dispensed.

The rules of fasting and abstinence do not apply on any Sunday, nor on a holy day of obligation outside Lent, nor on a vigil which cannot be liturgically observed on its own day.

The rule of fasting binds those over the age of twenty-one but under sixty: the rule of abstinence is binding on all over the age of seven.

FASTING COMMUNION

The rule of fasting Communion, though a precept of the Church and not a command of our Lord, is binding upon all her members. Its purpose is, first, to teach us reverence for the

Blessed Sacrament (though a non-fasting Communion made in ignorance or out of necessity has never been considered to be an act of irreverence); and, secondly, to ensure that when we come to Communion we do so of set purpose and not just casually.

The rule requires that we should not eat any solid food, or drink any spirits, for three hours before Communion, nor drink anything for one hour before receiving; though this latter requirement is not held to be binding on invalids. The fast is not broken by drinking water; and *bona fide* medicine is permitted at any time.

This rule applies at whatever time of day Communion is received. The older rule of fasting from midnight is no longer in force; but those who can are encouraged (though not required) to do so.

MEDITATION AND MENTAL PRAYER

AN IGNATIAN METHOD

1. *The Preliminary Preparation*

Overnight, read over, and prepare the points of the meditation, and select the grace for which you intend to pray. Next morning, on awaking, recall the subject chosen, cherishing thoughts suitable to it.

2. *The Immediate Preparation*

(a) *Preparatory prayer:* that all your intentions, actions, and operations may be directed solely to the service and praise of God.

(b) *Prelude:* Recall once more the subject chosen, making a mental picture of the scene as appropriate as the topic allows; then pray for the grace you hope to derive from your meditation.

3. *The Meditation Proper*

(a) *Use the memory* to recall the subject, point by point.

(b) *Exercise the understanding* to reflect upon these points, asking yourself the following or similar questions:

What, hitherto, have I done in respect of this; what ought I to do in the time to come; what obstacles am I likely to meet with; and what steps ought I to take to overcome them?

(c) *Exercise the will.* Make acts of the virtues suggested by these considerations, ending with a definite resolution.

4. *The Conclusion*

(a) *Talk to the Eternal Father*, or to our Blessed Lord, or to our Lady or the Saints, etc., about your resolution and the difficulties which you think you will have in regard to it; ending your talk with a brief vocal prayer (e.g. *Our Father*, *Hail Mary*, *Anima Christi* or the like).

(b) *Make an examination* (which may be very brief) of conscience as to how you have made use of the time of prayer.

(c) *Choose a text*, or an ejaculatory prayer, for frequent use during the day, to remind you of your meditation.

Note.—S. Ignatius recommends, for some people, as a substitute for meditation, the saying of some well-known vocal prayer (such as those given among the common forms) very slowly, word by word, dwelling on each phrase of the prayer for as long as it provides matter for thought; the psalms, or *The Imitation of Christ*, may be profitably used in this way.

This method should be preceded by the "Preliminary Prayer," as suggested above; and concluded with a Colloquy or talk, in your own words, with the Divine Person or Saint to whom the prayer is addressed.

A SUMMARY OF THE SULPICIAN METHOD

1. *The Preliminary Preparation*

As above in the *Ignatian Method.*

2. *The Immediate Preparation*

(a) An Act of the Presence of God; (b) an Act of Humility; (c) an Invocation of the Holy Spirit.

3. *The Meditation Proper*

(a) *Adoration:* (having Jesus before our eyes, by setting our Lord before ourselves as an example in the subject chosen), to which should be added some of the following Acts: Adoration; Admiration; Praise; Love; Joy, or Sympathy; Gratitude.

(b) *Communion:* (having Jesus in our heart by considering the subject in relation to ourselves) followed by petitions for the Grace in question in one of the following methods, namely, by simple petition; by obsecration (that is, the pleading of the merits and sufferings of our Lord); by thanksgiving for past graces; by insinuation (as our Lady did at Cana of Galilee).

(c) *Co-operation:* (having Jesus in our hands, by the formation of resolutions, which should be: particular; adapted to our present needs; efficacious).

4. *The Conclusion*

(a) Thanksgiving for graces received in prayer; (b) contrition for faults in prayers; (c) offering the prayer at our Lady's hands; (d) the choice of a text or ejaculation (as above in the *Ignatian Method*).

BEFORE AND AFTER MEDITATION

A Prayer before Meditation

GRANT, O my God, that during this meditation all the thoughts of my mind, and all the affections of my heart, may tend entirely to the service and glory of thy Divine Majesty. Amen.

Then say the Veni Creator (p. 22).

After Meditation:

say the Anima Christi (p. 22).

SUBJECTS FOR MEDITATION

The Eight Beatitudes

1. Blessed are the poor in spirit; for theirs is the Kingdom of Heaven.
2. Blessed are they that mourn; for they shall be comforted.
3. Blessed are the meek; for they shall inherit the earth.
4. Blessed are they which do hunger and thirst after righteousness; for they shall be filled.
5. Blessed are the merciful; for they shall obtain mercy.
6. Blessed are the pure in heart; for they shall see God.
7. Blessed are the peacemakers; for they shall be called the children of God.
8. Blessed are they that are persecuted for righteousness' sake; for theirs is the Kingdom of Heaven.

The Three Theological Virtues

1. Faith. 2. Hope. 3. Charity.

The Four Cardinal Virtues

1. Prudence. 2. Justice. 3. Fortitude. 4. Temperance.

The Sevenfold Gifts of the Holy Ghost

1. Wisdom. 2. Understanding. 3. Counsel.
4. Strength. 5. Knowledge. 6. Godliness.
7. The fear of the Lord or "Holy Fear."

The Twelve Fruits of the Holy Ghost

1. Love. 2. Joy. 3. Peace. 4. Patience.
5. Gentleness. 6. Goodness. 7. Long-suffering.
8. Meekness. 9. Faith. 10. Modesty.
11. Temperance. 12. Chastity.

The Seven Corporal Works of Mercy

1. To feed the hungry. 2. To give drink to the thirsty. 3. To clothe the naked. 4. To visit the prisoner. 5. To shelter the stranger. 6. To visit the sick. 7. To bury the dead.

The Seven Spiritual Works of Mercy

1. To correct the sinner. 2. To teach the ignorant. 3. To counsel the doubtful. 4. To comfort the sorrowful. 5. To bear wrongs patiently. 6. To forgive all injuries. 7. To pray for the quick and the dead.

Sin

Sin is twofold—*Original* and *Actual.*

Actual sin may be:

1. Mortal (*i.e.*, deadly), *or*, 2. Venial.

N.B.—*By a mortal or deadly sin is meant one that is grave in itself, and is committed with full knowledge and full consent.*

The Capital Sins	*The Contrary Virtues*
1. Pride.	Humility.
2. Covetousness.	Liberality.
3. Lust.	Chastity.
4. Anger.	Meekness.
5. Gluttony.	Temperance.
6. Envy.	Brotherly love.
7. Sloth.	Diligence.

Nine Ways of being an Accomplice to Another's Sin

1. By counsel. 2. By command. 3. By consent. 4. By provocation. 5. By praise or flattery. 6. By concealing. 7. By partaking. 8. By silence. 9. By defending what has been wickedly done.

The Three Eminent Good Works

1. Alms-deeds. 2. Prayer. 3. Fasting.

The Evangelical Counsels

1. Voluntary poverty. 2. Perpetual chastity.
3. Entire obedience.

The Four Last Things

1. Death. 2. Judgment. 3. Heaven. 4. Hell.

The Seven Penitential Psalms against—

6 (anger); 32 (pride); 38 (gluttony); 51 (lust); 102 (covetousness); 130 (envy); 143 (sloth).

A DAILY REMEMBRANCE

REMEMBER, Christian soul, that thou hast this day, and every day of thy life:

God to glorify,
Jesus to imitate,
A soul to save,
A body to mortify,
Sins to repent of,
Virtues to acquire,
Hell to avoid,
Heaven to gain,
Eternity to prepare for,
Time to profit by,
Neighbours to edify,
The world to despise,
Devils to combat,
Passions to subdue,
Death, perhaps, to suffer,
and judgment to undergo.

Common Forms of Prayer

WHICH WE OUGHT TO KNOW BY HEART

I

OUR FATHER, which art in heaven, hallowed be thy name; thy kingdom come; thy will be done; in earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

II

HAIL Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the Fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

III

I BELIEVE in God the Father Almighty, Maker of heaven and earth:

And in Jesus Christ his only Son our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under

Pontius Pilate, was crucified, dead, and buried. He descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; the holy catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen.

IV

GLORY be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

V

Form of Confession

I CONFESS to almighty God, to blessed Mary ever-Virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, and to all the saints, that I have sinned exceedingly in thought, word, and deed, through my fault, my own fault, my own most grievous fault. Therefore I beg blessed Mary ever-Virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, and all the saints, to pray to the Lord our God for me.

Almighty God have mercy upon me, forgive me my sins, and bring me to everlasting life.

✠ The almighty and merciful Lord grant to us pardon, absolution, and remission of our sins. Amen.

VI

The Divine Praises

BLESSED be God.
Blessed be his holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be his most sacred Heart.
Blessed be Jesus in the most holy Sacrament of the Altar.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her spouse most chaste.
Blessed be God in his angels and in his saints.

VII

Anima Christi

SOUL of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death, call me,
And bid me come to thee.
That with thy saints I may praise thee
For ever and ever. Amen.

VIII

Veni Creator

COME Holy Ghost, our souls inspire,
And lighten with celestial fire;
Thou the anointing Spirit art,
Who dost thy sevenfold gifts impart:

Thy blessed unction from above,
Is comfort, life, and fire of love;
Enable with perpetual light
The dullness of our blinded sight;

Anoint and cheer our soiléd face
With the abundance of thy grace;
Keep far our foes, give peace at home;
Where thou art guide, no ill can come.

Teach us to know the Father, Son,
And thee, of both, to be but one;
That, through the ages all along,
This may be our endless song:

Praise to thy eternal merit,
Father, Son, and Holy Spirit.
Amen.

IX

Grace before meals

BLESS ✠ us, O Lord, and these thy gifts which thou hast given for our food; through Jesus Christ our Lord. Amen.

Grace after meals

WE give thee thanks, O almighty God, for these and all thy blessings; who livest and reignest, world without end. Amen.

✠ May the souls of the faithful, through the mercy of God, rest in peace. Amen.

X

Angelus

To be said morning, noon, and night, to remind us that God became Man for our Salvation.

℣. The Angel of the Lord declared unto Mary;

℟. And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee; blessed art thou amongst women, and blessed is the Fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

℣. Behold the handmaid of the Lord;

℟. Be it unto me according to thy word.

Hail Mary, etc. Holy Mary, etc.

℣. The Word was made flesh;

℟. And dwelt among us.

Hail Mary, etc. Holy Mary, etc.

℣. Pray for us, O holy Mother of God;

℟. That we may be made worthy of the promises of Christ.

Let us pray

WE beseech thee, O Lord, pour thy grace into our hearts; that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his ✠ cross and passion we may be brought unto the glory of his resurrection; through the same Christ our Lord. Amen.

The following is sometimes added:

℣. May the divine assistance remain with us always;

℟. And with our absent brethren.

℣. ✠ May the souls of the faithful, through the mercy of God, rest in peace;

℟. Amen.

XI

Regina Caeli

said in Eastertide (always standing) instead of the Angelus

JOY to thee, O Queen of heaven, Alleluia.
He whom thou wast meet to bear, Alleluia.
As he promised, hath arisen, Alleluia.
Pour for us to him the prayer, Alleluia.

℣. Rejoice and be glad, O Virgin Mary, Alleluia.

℟. For the Lord is risen indeed; Alleluia.

Let us pray

O GOD, who by the resurrection of thy Son, our Lord Jesus Christ, hast vouchsafed to give joy to the whole world; grant, we beseech thee, that with the help of his Mother, the Virgin Mary, we may obtain the joys of everlasting life: through the same Christ our Lord. Amen.

Morning Prayers

As soon as you are dressed, kneel down before your Crucifix, or picture of Jesus Christ, make the sign of the cross, and say:

IN the Name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.

Our Father. Hail Mary. I believe. Glory be.

COME, Holy Ghost, fill the hearts of thy faithful people; and kindle in them the fire of thy love.

Send forth thy Spirit, and they shall be made; and thou shalt renew the face of the earth.

We beseech thee, O Lord, that the Comforter which proceedeth from thee may enlighten our minds, and lead us, as thy Son hath promised, into all truth. Amen.

Collect for Grace

O LORD, our heavenly Father, almighty and everlasting God, who hast safely brought us to the beginning of this day: defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger;

but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. Amen.

✠ The Grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.

EJACULATORY PRAYERS

On awaking. Glory be to God for preserving me through the hours of darkness. Blessed be his holy Name for ever.

On rising. I will arise and give thanks unto thee, because of thy righteous judgments.

On washing, or when taking holy water. Make me a clean heart, O God, and renew a right spirit within me. Wash me and I shall be whiter than snow.

On dressing. Clothe me with thy righteousness, O God, and endue me with thy strength.

On going to bed. I will lay me down in peace, and take my rest, for it is thou Lord only that makest me dwell in safety.

Before going to sleep. Into thy hands, O Lord, I commend my spirit; Lord Jesus, receive my soul.

On setting out. The Lord preserve my going out and my coming in; and give his angels charge concerning me.

At work. Prosper thou the work of my hands, O Lord, O prosper thou my handiwork.

When tempted. How can I do this great wickedness, and sin against my God?

Save me, O God, for thy Name's sake, and deliver me.

By the sign of the holy ✠ cross, deliver me from my enemy, O God.

Before any action. I do this and all for thee, most Sacred Heart of Jesus.

In presence of the Blessed Sacrament. O Sacrament most holy, O Sacrament Divine,
All praise and all thanksgiving be every moment thine!

At any time. Grant, Lord, that I may know thee more clearly; love thee more dearly; and follow thee more nearly.

Jesus, meek and humble of heart, make my heart like unto thy Heart.

O Sacred Heart of Jesus, I implore
That I may daily love thee more and more!
My Jesus, mercy! Mary, help!

ANOTHER FORM OF MORNING PRAYERS

IN the Name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.

Place yourself in the presence of God, and adore his holy Name

MOST Holy and adorable Trinity, one God in three Persons, I believe that thou art here present. I adore thee with the deepest humility, and render thee with all my heart the homage which is due to thy sovereign majesty.

Resolve to avoid sin, and to do good

O adorable Jesus, divine Model of all perfection, I resolve and will endeavour this day to imitate thy example: to be like thee, mild, humble, chaste, zealous, charitable, and resigned. I will make every effort that I may not fall this day into any of those sins which I have heretofore committed, and which I sincerely desire to forsake.

Give thanks to God, for the blessings he has given you, and offer yourself to him

O GOD, I most humbly thank thee for all the favours thou hast bestowed upon me up to the present time. Thou hast

created me after thine own image and likeness; thou hast redeemed me by the precious Blood of thy dear Son. Thou hast preserved me, and brought me safely to the beginning of another day. I offer unto thee, O Lord, my whole being, and in particular all my thoughts, words, actions, and sufferings of this day. Bless them, and grant, through the infinite merits of Jesus Christ our Saviour, that they may find acceptance in thy sight. May thy divine love animate them, and may they all tend to thy greater glory.

Ask of God the graces you need

O GOD, thou knowest my poverty and weakness, and that I am unable to do anything good without thee; deny me not the help of thy grace; make it equal to my necessities. Give me strength to avoid everything evil which thou dost forbid, and to practise the good which thou has commanded; and enable me to bear patiently all the trials which it may please thee to send me.

Our Father. Hail Mary.

I believe. I confess.

Invoke the aid of our Lady, your Guardian Angel, your Patron Saints

O HOLIEST Virgin, Mother of our God, and our especial Patroness, show thyself a mother, and take me under thy protection this day.

Angels of God, who are our guardians, enlighten, guard, direct, and govern us, that we may walk in the way of God's commandments.

And ye, O holy Saints (NN.), our chosen and beloved patrons, intercede for us to God, that by the guidance of his grace we may love and serve him here, and hereafter with you behold his face for all eternity. Amen.

JUST FOR TODAY

LORD, for tomorrow and its needs,
I do not pray:
Keep me, my God, from stain of sin,
Just for today.

Let me both diligently work,
And duly pray;
Let me be kind in word and deed,
Just for today.

And if today my tide of life
Should ebb away,
Give me thy sacraments divine.
Sweet Lord, today.

So for tomorrow and its needs
I do not pray;
But keep me, guide me, love me, Lord,
Just for today.

Mid-day Prayers

IN the Name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.

O Saviour of the world, who by thy Cross and precious Blood hast redeemed us, save us and help us, we humbly beseech thee, O Lord.

℣. God spared not his own Son:

℟. But delivered him up for us all.

O LORD Jesus Christ, Son of the living God, who at the sixth hour didst mount the gibbet of the cross for our redemption, and didst shed thy precious Blood that our sins might be washed away; we humbly beseech thee, that when we pass out of this world thou wilt suffer us to enter with joy through the gates of heaven. Who livest and reignest, for ever and ever. Amen.

Our Father. Hail Mary.

✠ May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

The Angelus *and* Regina Caeli (pp. 24, 25) *may also be used as mid-day prayers, in honour of Christ's incarnation.*

Evening Prayers

Kneel down, make the sign of the cross, and say:

IN the Name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.

Our Father. Hail Mary. I believe.

COME, Holy Ghost, fill the hearts of thy faithful people; and kindle in them the fire of thy love.

Send forth thy Spirit and they shall be made; and thou shalt renew the face of the earth.

We beseech thee, O Lord, that the Comforter, which proceedeth from thee, may enlighten our minds, and lead us, as thy Son hath promised, into all truth. Amen.

Then think over what you have done wrong during the day, either by thought, word, deed, or omission. Ask yourself:

What have I been and How have I failed
1. At my prayers (and in church)?
2. In my business?
3. In conversation?
4. At my meals?

Then tell God your sins, one by one, saying:

I CONFESS to almighty God, to blessed Mary, and all the saints, that I have sinned exceedingly in thought, word, and deed; by my fault, my own fault, my own most grievous fault. Therefore I beg blessed Mary and all the saints to pray to the Lord our God for me.

Almighty God have mercy upon me, forgive me my sins, and bring me to everlasting life.

The almighty and merciful Lord grant to us pardon, ✠ absolution, and remission of our sins. Amen.

O GOD, from whom all holy desires, all good counsels, and all just works do proceed: give unto thy servants that peace which the world cannot give; that both, our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. Amen.

PRAY God bless (my father, mother, husband, wife, children, brothers, sisters and) all my friends, and all who have done me good or evil, and bring them to everlasting life; through Jesus Christ our Lord. Amen.

O my Guardian Angel, keep me in safety under God's protection this night.

May Blessed Mary and all the saints pray for me; and ✠ may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

ANOTHER FORM OF EVENING PRAYERS

IN the Name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.

Place yourself in the presence of God, and worship him

I OFFER unto thee, O Lord, the adoration which the presence of thy Majesty demands. I believe in thee, because thou art the truth itself. I hope in thee, because thou art infinitely good. I love thee with all my heart, because thou art worthy of all love, and for thy sake I love my neighbour as myself.

Give thanks to God for the blessings you have received from him

WHAT thanks shall I render to thee, O God, for all the blessings which I have received from thee! Thou hast thought of me from all eternity. Thou hast created me from nothing. Thou hast given thy life for my redemption, and thou hast day by day bestowed upon me an abundance of blessings. Alas, O Lord, what return can I make for so great goodness! Unite with me O blessed spirits, in praising the God of mercy, who ceases not to do good to the most unworthy and ungrateful of his creatures.

Ask of God light to discover the sins you have committed this day

O HOLY Spirit, eternal Source of light, dispel the darkness which hides from me the greatness and the malice of my sins. Make me, O Lord, to hate my sins, even as thou thyself dost hate them, and grant that I may avoid them for the future.

Here pause and recall what you have done amiss (see page 35) *and then say the Confession (page* 36)

ACT OF CONTRITION

O GOD, I heartily repent, and am grieved that I have offended thee, because thou art infinitely good, and sin is infinitely displeasing to thee. I humbly ask of thee

mercy and pardon, through the infinite merits of Jesus Christ; and I resolve by the assistance of thy grace never more, willingly, to offend thee.

Our Father. Hail Mary. I believe.

Commend yourself to God, to the Blessed Virgin Mary, and to all the saints

BLESS, O Lord, the repose which I am about to take, that I may the better serve thee. Holy Virgin, Mother of our God, good angels, holy patron saints, intercede for me. Watch over me this night, all the days of my life, and at the hour of my death. Amen.

Pray for the living, and for the dead

BLESS, O Lord, my (parents, relations), benefactors, my friends and my enemies. Protect all those whom thou hast placed over me in a spiritual or temporal degree. Succour the poor, the afflicted, all prisoners, all travellers, the sick, and the dying. Have pity upon the souls of the faithful departed, and grant unto them, and to all for whom we are bound to pray, a place of refreshment, light, and peace. Amen.

✠ The Lord almighty grant us a quiet night and a perfect end. Amen.

Acts of Faith, Hope, Charity and Contrition

PREPARATORY PRAYER

ALMIGHTY and everlasting God, give unto us the increase of faith, hope, and charity: and, that we may obtain that which thou dost promise, make us to love that which thou dost command; through Jesus Christ our Lord. Amen.

ACT OF FAITH

O MY God, I believe with a most firm faith all those things which thou hast revealed in the holy Scriptures and which thy holy Church teaches. I believe in one, true, and living God, my beginning and my end, and that in this one God there are three distinct Persons, Father, Son, and Holy Ghost. I believe that the second Person, God the Son, became Man, and died upon the cross, to deliver us from all sin, death, and hell. When I cannot understand thy revelation, I bow down my understanding and my will to worship thee. In this faith I now live; in the same, by thy grace, I resolve to die. Lord, increase my faith.

ACT OF HOPE

O MY God, nothing is hard or impossible to thee, because thy power is infinite; and there is nothing that thou art not willing to do for us poor mortals, because thy mercy and goodness for us are infinite. Thou hast made us after thine own image and likeness, and thou lovest the works of thine hands, thou hast redeemed us by the precious Blood of thy only Son; thou art ever pouring upon us grace and mercy. Upon these sure grounds I build my hopes; and relying upon thy help, and the merits of my Saviour, Jesus Christ, I trust to find mercy in the forgiveness of my sins, and so to pass the rest of my life in thy service, that I may hereafter serve thee for ever in heaven. In thee, O Lord, have I trusted: let me never be confounded.

ACT OF CHARITY

O MY God, thou hast commanded me to love thee with all my heart, with all my soul, with all my mind, and with all my strength, and it is my earnest desire so to do; but I know not how to do so rightly: therefore I pray thee teach me to love thee as I ought. Let nothing in life or death separate me from thy love. I desire with my whole heart that thou mayest be known, praised, and served by all nations; that thy love may subdue all hearts, and that all creatures may do thy will in all things. And because thou hast commanded me, and for thy sake, I will love my neighbour as myself, and live in charity with all men.

ACT OF CONTRITION

O MY God, I love thee above all things, and I wish to hate my sins because they displease thee: grant me grace to live so carefully as never willingly to offend thee any more. Have mercy upon me, O God, after thy great goodness, and according to the multitude of thy mercies do away mine offences.

SHORT ACTS OF FAITH, HOPE, CHARITY, AND CONTRITION

Faith

O MY God, I believe in thee, and all thy Church doth teach; because thou hast said it, and thy word is true.

Hope

O MY God, I hope in thee for grace and for glory; because of thy promises, thy mercy, and thy power.

Charity

O MY God, I love thee with my whole heart, because thou art so good; and for thy sake I will love my neighbour as myself.

Contrition

O MY God, I am heartily sorry for having offended thee, because thou art so good; and by thy grace I will never offend thee again.

Litany of Penitence

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ, hear us.
O Christ, graciously hear us.

O GOD, the Father, of heaven;

O God the Son, Redeemer of the world;

O God the Holy Ghost;

O Holy Trinity, one God;

O God, who wouldest not the death of a sinner, but rather that he should be converted and live;

Thou who didst call Adam to repentance;

Thou who didst save Noah and Lot from perishing with sinners;

Thou who at the prayer of Moses didst forgive the sins of thy backsliding people Israel;

Thou who didst forgive the sins of David when he confessed and repented;

Thou who didst forgive Ahab when he humbled himself and repented;

Have mercy upon us.

Thou who didst forgive the Ninevites when they repented in sackcloth and ashes;

Thou who heardest Judith when she repented and prayed;

Thou who didst deliver Hezekiah and his people when he fasted and prayed;

Thou who didst hear and forgive penitent Manasseh;

Thou who didst save Esther and Mordecai when they fasted and prayed;

Thou who didst help the Maccabees when they fasted in sackcloth and ashes;

Thou who camest into the world to save sinners;

Thou who didst send thy messenger, John the Baptist, before thy face to preach repentance;

Thou who didst fast forty days and forty nights;

Thou who didst absolve the woman taken in adultery;

Thou who didst forgive Mary Magdalene her sins, for she loved much;

Thou who didst receive publicans and sinners, and didst eat with them;

Thou who with one look didst recall Peter when he denied thee;

Have mercy upon us.

Thou who didst promise Paradise to the penitent thief;
Thou who didst convert Saul the persecutor;
Thou who didst send thine apostles to preach repentance;
Thou who lovest all creatures, and hatest nothing that thou hast made;
O God, the gracious and merciful, slow to anger, and of great kindness;
Have mercy upon us.

Have mercy;
Spare us, O Lord.

Have mercy;
Graciously hear us, O Lord.

From all sin and evil;
From a sudden and unprepared death;
By thy baptism and fasting;
By thy sacred life of toil and woe;
By thy precious Blood;
In the hour of death, and in the Day of Judgment;
Good Lord, deliver us.

We sinners: *Beseech thee to hear us;*
And that it may please thee to bring us to true repentance;
That we may bring forth fruits meet for repentance;

That we may keep under our bodies, and bring them into subjection, so that sin may not reign in us;
That being dead unto sin, we may live unto righteousness;
That we may work out our own salvation with fear and trembling;
That coming boldly to the throne of grace, we may find grace to help in time of need;
That we may count all things but loss for Christ;
That it may please thee to correct and to purge us in time, and to spare us in eternity;
We beseech thee to hear us.

O Lamb of God, that takest away the sins of the world; *Spare us, O Lord.*

O Lamb of God, that takest away the sins of the world; *Graciously hear us, O Lord.*

O Lamb of God, that takest away the sins of the world; *Have mercy upon us.*

℣. Have mercy upon me, O God, after thy great goodness;

℟. And according to the multitude of thy mercies do away mine offences.

Let us pray

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

✠

The Sacrament of Penance

Do not hurry over your preparation; remember that you must prepare your Confession if it is to be a good one. Also remember, that in order that God may forgive us our sins:

(1) *We must be really sorry for having offended God, and make a firm resolve to avoid all occasions of sin in the future.* (2) *We must confess all our sins.* (3) *We must be ready to do anything to show God we are sorry for our sins, such as saying the prayers, or anything enjoined as our penance by the priest who hears our Confession, or to perform other penitential exercises.*

PREPARATION FOR CONFESSION

The following Acts should precede every Confession:

1. Thanksgiving for the goodness of God;
2. Petition for light;
3. Examination of conscience;
4. Contrition;
5. Resolution of amendment.

Begin your examination by saying the Veni Creator (page 22).

And then one or more of these prayers:

O MOST merciful God, I most humbly thank thee for all thy mercies unto me, and particularly at this time for thy forbearance and long-suffering with me, notwithstanding my many grievous sins. It is of thy great mercy that I have not fallen into greater and more grievous sins than those which I have committed, and that I have not been cut off and cast into hell. O my God, although I have been so ungrateful in times past, yet I now beseech thee to accept me returning to thee with an earnest desire to repent and devote myself to thee, my Lord and my God, and to praise thy holy Name for ever. Amen.

O LORD God, help me to remember all my failings and sins; grant that with true sorrow I may confess them before thee and thy minister, and receive thy pardon: who livest and reignest, one God, world without end. Amen.

O GOD, who hast told me that if I say that I have no sin, I deceive myself, and the truth is not in me; and hast also promised me that if I confess my sins thou art faithful and just to forgive me, and to cleanse me from all unrighteousness: grant me the grace to see my sins as thou seest them, and faith to believe in thy forgiveness of them; through Jesus Christ our Lord. Amen.

SELF-EXAMINATION

Before using the following form of self-examination, search your conscience for all the sins that you can remember without help. Then read this over; it may help you to recall other sins that you had forgotten. You should mention the frequency of the more important sins, and state special circumstances connected with them.

Sins against God

Have I forgotten to say my prayers; or neglected to assist at Mass on Sundays or other days of obligation? Have I laughed or talked in church? Broken my fast before Communion, or failed to go regularly to Communion? Not gone to confession as soon as I could after falling into grievous sin? Neglected to keep the fast days of the church? Have I neglected any particular church duties; or of my business? Have I used bad language, taken God's Name in vain, or talked lightly about holy things? Have I been ashamed of my religion when laughed at about it, or inclined to disbelieve it because others spoke against it? Have I acted or spoken as if sin does not matter? Have I given way to doubt, despair or indifference? Have I failed to give due thanks and praise to God?

Sins against my Neighbour

Have I been disrespectful to my parents, teachers, or those placed over me in the Church, or in my business; or who are older than myself? Have I done my work as well as I could, or have I wasted my employer's time? Have I spoken nastily of others, or said things about them which were not quite true? Have I been guilty of exaggeration which might do them harm? Have I mocked anyone for being deformed or odd? Have I been gentle and kind to those under me, and to those with whom I live? Have I sworn, or used threatening language to anyone? Have I by example or encouragement, or any action, caused anyone to do wrong? Have I given alms regularly and systematically? Have I failed, when occasion offered, to help others to do right? Do I pray daily for others?

Sins against Myself

Have I been obstinate, sulky, and refused good advice? Have I been conceited or vain? Have I been idle, lazy, lain in bed on Sunday morning instead of going to Mass? Have I been impure in thought, word, or deed? Have I avoided companions, places, pictures, or books which might do me harm?

Is there any sin causing my other sins. What is my chief sin; and what about that?

ANOTHER FORM OF SELF-EXAMINATION

Sins against God

Unbelief—not caring to know the truth—contradicting the Church—separating from her—attending a wrong place of worship to please others—loving anything more than God—not obeying conscience—murmuring—using charms, table-turning, taking part in spiritualism, etc. Swearing—cursing—laughing at blasphemy—talking lightly about holy things. Despair—indifference to life—putting off repentance—going needlessly into temptation—neglect of prayer or self-examination—not going regularly to Confession and Communion—not going to Mass on Sundays and days of obligation—careless prayer—not praying when in temptation—

not living to please God—ashamed of religion—ingratitude to God—needless reading of books against God, or the Catholic Faith—not striving to overcome small sins.

Sacrilege

Committing any grave sin in a church—profaning it by common business—stealing anything belonging to God—reading the Bible merely for amusement or making fun of it—receiving the Blessed Sacrament of the Lord's Body and Blood, or any other Sacrament, unworthily—an untrue or incomplete Confession—going to Communion to keep up appearances.

Sins against the Church's Precepts

Unnecessary servile work on Sunday—not attending church—not observing the fasts of the Church—not keeping the Church's law of marriage, or making light of it in the case of others—not giving alms according to my means.

Sins of Scandal

Bad companions—improper entertainments or dances or plays—keeping immoral pictures, or reading improper books.

Sins against Self and Fellow-men

Pride. Boasting—vanity—contempt—unkind mimicry — self-will — tyranny — hypocrisy — making excuses — breaking promises — exaggeration — disrespect — not acknowledging when in the wrong—jesting about grave things.

Envy. Speaking or listening to untruths, or unkind things of others—needlessly telling of their faults and failings—making innuendos, or encouraging others to do so—laughing at or making light of sin—not helping others—being glad of others' misfortunes.

Anger. Impatience — sullenness — temper—giving way to nerves—malice—spite—revenge—calling others names—sulking—refusing to be friends—cruelty to animals—intimidation—rage—bullying.

Covetousness. Discontent — stealing — cheating—exorbitant charges—false weights — adulteration — two prices — trickery — gambling — extravagance — passing bad money—borrowing without leave—not returning borrowed things—not trying to return lost property—receiving stolen goods—stinginess—not giving alms—not making restitution—taking others' credit—destroying another's good name.

Untruth. Deceit — exaggeration — mischief-making — breaking promises — not making amends.

Sloth. Not rising in time—waste of time—carelessness—want of care over prayers, etc. —lazy in performing religious duties.

Gluttony. Eating or drinking too much—spending too much on food or drink—being over-dainty—not saying grace—not thinking of those in want.

Lust. Impure thoughts or desires—indecent curiosity—delight in reading or writing unclean things—improper conversation, jokes, songs, pictures, dangerous dances —improper liberties—immodest touch of self or another.

Sins of Married People

Marrying from unworthy motives—making use of contraceptives—jealousy, or giving cause for it—unkindness—hindering wife (*or* husband) from religious duties—(*of husband*) not providing for any dependents—(*of wives*) not taking care of the household—disobedience to lawful commands.

Sins of Parents

Not taking care of a child—neglecting to pray for it—neglecting its education—not getting it baptized—not teaching it to pray—postponing its Confirmation—hindering its going to Confession—not teaching it to love God and the Church—punishing it in temper —letting it have bad companions, or read bad books—harshness—spoiling it with fondness—favouritism—sending it to a school or places where religion or virtue is in danger—allowing it to be out late at night—hindering a vocation of God.

Sins of Children

Disobedience in home or school, etc.—not helping at home—rudeness—lying—cheating at school or in games—stealing from parents, etc.—not being quite honest—not working as well as possible—thinking too much of pleasure—doing things to be ashamed of, or that I would not like my parents to know of.

Sins of Young Women

Giving too much time or money to dress—immodest fashions or behaviour—false ornaments—trifling with the affections of men—exciting their passions.

Sins of Employers

Overworking servants—not paying them fairly—not caring for their souls—exposing them to needless temptation—being hard or unfair to them—inconsiderate—being unduly lax with them.

Sins of those Employed

Disobedience—disrespect—lack of loyalty—idleness—waste of time or materials—shielding fellow-servants in dishonesty—prying into secrets—doing wrong to please employer—taking a place where the duties of religion cannot be fulfilled.

After the self-examination, say:

O MY God, how great are my sins! Would that I had never offended thee. If by carelessness or ignorance I have forgotten anything in my self-examination, show it to me that I may make a good confession, through Jesus Christ our Lord. Amen.

Contrition or sorrow for sin is absolutely necessary for a good confession. It consists of sorrow for past sins because of the love of God, and a determination to avoid for the future both sin and the occasions of sin.

O GOD, for the sake of thy sovereign goodness and infinite perfection, which I love above all things, I am heartily sorry and grieve for having offended thee by my sins: and I firmly resolve, by the help of thy grace, never more to offend thee for the time to come, and carefully to avoid the occasions of sin. Amen.

AFFECTIONS AND RESOLUTIONS

MY GOD and my All, I am confounded at the multitude and enormity of my offences against so good a God; I dare not lift up mine eyes to heaven after so many treasons against thee. Alas! what shall I do or say, O Lord, but, with the humble publican, strike my breast, and cry, God be merciful to me a sinner.

Father, I have sinned against heaven and in thy sight, and am not worthy to be called thy son. O receive me as one of the least of thy servants, and never suffer me to go astray from thee any more.

Lord, thou hast said there is joy in heaven over one sinner that repenteth. O give me grace to be a true penitent indeed, so that heaven may rejoice at my conversion.

I know that thou willest not the death of a sinner, but rather that he should be converted and live. O let me no longer remain dead in my sins. O let me now at least begin to live to thee.

Thou hast made me, O God, and redeemed me by thy precious Blood; O despise not the work of thy hands: O let not thy Blood be shed for me in vain!

I am resolved by thy grace nevermore to return to my sins; I am resolved to avoid all evil company and occasions of temptation, and to take proper measures for a thorough amendment of life for the future. All this I resolve; but thou, O God, knowest my weakness; therefore do thou assist me in these and all other good resolutions. Through Jesus Christ, our Lord. Amen.

HOW TO MAKE YOUR CONFESSION

While you are waiting occupy your mind with prayers and meditations; kneeling, unless the time is very long. Be careful to say the whole of your preparation down to "*I confess,*" *before you enter the confessional, so as to be ready to begin the recital of your sins as soon as the priest has blessed you, which he will do even though you do not say anything, but while in the act of kneeling down you should say*

"Bless me, father, for I have sinned." *Avoid taking up more of the priest's time than is really necessary; others will probably be waiting to make their confession as well as you.*

Be particular not to go out of your turn; this is a very mean action and irritating to those who have been waiting longer than you; but if you see any of the clergy, sisters, or nurses in uniform waiting, very courteously intimate that you will wait and go after them—their time is not their own, as yours is yours.

If you are the first, or only, penitent, go at once to the confessional as soon as the priest has entered it; or immediately the preceding penitent comes out—never keep the priest waiting. As you go, say with fervour:

O MY God, I am very sorry that I have sinned against thee; I am resolved never to offend thee any more.

O God, grant that my confession may be accepted by thee, for Jesus Christ's sake. Amen.

At times when there are many people waiting you should, before entering the confessional (and if you know the priest approves), say the first part of the form "I confess......fault" *and then, when kneeling before the priest and* *he has given the blessing, at once begin with* "Since my last confession," etc.

Form of Confession

I CONFESS to almighty God, to blessed Mary ever-Virgin, to all the saints, and to you, father, that I have sinned exceedingly, in thought, word and deed, by my fault, my own fault, my own most grievous fault. Since my last confession, when I received absolution, which was [*say how long ago*], I remember the following sins:

Here make the confession. When you can remember no more, say,

For these and all my other sins, which I cannot now remember, I am heartily sorry, firmly purpose amendment, and most humbly ask pardon of God; and of you father, penance, counsel, and absolution.

Therefore I beg blessed Mary, all the saints, and you father, to pray to the Lord our God for me.

Then listen to what the priest says to you. Whilst he says the Absolution, try and realize that God is forgiving you if you are truly sorry; and make an act of contrition. Then go back to your place, kneel down, say your penance, if it is a form of words, and thank God for his mercy; and do not forget to say a prayer for your confessor.

PRAYERS AFTER CONFESSION

O MY God, I offer thee my confession; accept it for Jesu's sake: pardon all that thou hast seen amiss in it, and supply all that is wanting in me. Help my weakness in the future, and suffer me not again to fall into my past sins.

O Saviour of the world, who by thy Cross and precious Blood hast redeemed us, save us, and help us, we humbly beseech thee, O Lord.

How shall I thank thee, O Lord Jesus, for thy great goodness to me? When I was faithless to thy loving-kindness thou hadst patience with me, and even when I offended thee, thy grace waited for me. It is to thy infinite grace and goodness that I owe this Sacrament, in which thou hast reconciled me to thyself. To thee and to thy precious Blood, I desire to offer all the love of my heart, just cleansed from sin. Humbled before thee, I cried out like David, "Have mercy upon me O God, after thy great goodness," and thou didst hear my prayer, and forgive me my sins. Thou hast restored unto me the joy of thy salvation. Who livest and reignest for ever and ever. Amen.

Join with me, O my dear Mother Mary, and you my angel Guardian, and you, my holy Patron, in giving thanks to the Lord for his goodness and mercy upon me.

Satisfaction is an important part of the Sacrament of Penance. Be, therefore, most careful to perform the penance which has been given, which may be offered in the following method:

O LORD God, I desire to offer thee the penance which thou hast given me by the word of thy minister. It is as nothing compared with the sins which I have committed: nevertheless, I unite it to the sufferings of my Lord and Saviour Jesus Christ, and to the merits of blessed Mary and the saints, and offer it as an act of—

Adoration of thy divine majesty.
Sorrow for my sins (especially......)
Supplication for the virtues of......

Thanksgiving after Confession

(*Part of psalm* 103)

PRAISE the Lord, O my soul: and all that is within me, praise his holy Name.

Praise the Lord, O my soul: and forget not all his benefits;

Who forgiveth all thy sin: and healeth all thine infirmities;

Who saveth thy life from destruction: and crowneth thee with mercy and loving kindness;

Who satisfieth thy mouth with good things: making thee young and lusty as an eagle.

He hath not dealt with us after our sins: nor rewarded us after our iniquities.

For look how high the heaven is in comparison of the earth: so great is his mercy also toward them that fear him.

Look how wide also the east is from the west: so far hath he set our sins from us.

Yea, like as a father pitieth his own children: even so is the Lord merciful unto them that fear him.

Truly thou, O Lord, art a God that shewest mercy.

Glory be. As it was.

Our Father. Hail Mary. Glory be.

✠

Prayers before Holy Communion

Before receiving Holy Communion we must prepare ourselves (i) *if necessary, by a good Confession;* (ii) *by fasting for three hours from all food, and for one hour from drink* (*other than water*)*;* (iii) *by devout prayer, both on the evening before, and on the day of our Communion.*

The following may be said according to opportunity

I will go into thine house with burnt offerings: and I will pay thee my vows which I promised with my lips.

Antiphon. Remember not, Lord, our offences, nor the offences of our forefathers: neither take thou vengeance of our sins. (*In Eastertide,* Alleluia.)

PSALM 84

O HOW amiable are thy dwellings: thou Lord of hosts!

My soul hath a desire and longing to enter into the courts of the Lord: my heart and my flesh rejoice in the living God.

Yea, the sparrow hath found her an house, and the swallow a nest where she may lay her young: even thy altars, O Lord of hosts, my King and my God.

Blessed are they that dwell in thy house: they will be alway praising thee.

Blessed is the man whose strength is in thee: in whose heart are thy ways.

Who going through the vale of misery use it for a well: and the pools are filled with water.

They will go from strength to strength: and unto the God of gods appeareth every one of them in Sion.

O Lord God of hosts, hear my prayer: hearken, O God of Jacob.

Behold, O God our defender: and look upon the face of thine Anointed.

For one day in thy courts: is better than a thousand.

I had rather be a door-keeper in the house of my God: than to dwell in the tents of ungodliness.

For the Lord God is a light and defence: the Lord will give grace and worship, and no good thing shall he withhold from them that live a godly life.

O Lord God of hosts: blessed is the man that putteth his trust in thee.

Glory be, etc.

PSALM 85

LORD, thou art become gracious unto thy land: thou hast turned away the captivity of Jacob.

Thou hast forgiven the offence of thy people: and covered all their sins.

Thou hast taken away all thy displeasure: and turned thyself from thy wrathful indignation.

Turn us then, O God our Saviour: and let thine anger cease from us.

Wilt thou be displeased at us for ever: and wilt thou stretch out thy wrath from one generation to another?

Wilt thou not turn again, and quicken us: that thy people may rejoice in thee?

Shew us thy mercy, O Lord: and grant us thy salvation.

I will hearken what the Lord God will say concerning me: for he shall speak peace unto his people, and to his saints, that they turn not again.

For his salvation is nigh them that fear him: that glory may dwell in our land.

Mercy and truth are met together: righteousness and peace have kissed each other.

Truth shall flourish out of the earth: and righteousness hath looked down from heaven.

Yea, the Lord shall shew loving-kindness: and our land shall give her increase.

Righteousness shall go before him: and he shall direct his going in the way.

Glory be, etc.

PSALM 86

BOW down thine ear, O Lord, and hear me: for I am poor, and in misery.

Preserve thou my soul, for I am holy: my God, save thy servant that putteth his trust in thee.

Be merciful unto me, O Lord: for I will call daily upon thee.

Comfort the soul of thy servant: for unto thee, O Lord, do I lift up my soul.

For thou, Lord, art good and gracious: and of great mercy unto all them that call upon thee.

Give ear, Lord, unto my prayer: and ponder the voice of my humble desires.

In the time of my trouble I will call upon thee: for thou hearest me.

Among the gods there is none like unto thee, O Lord: there is not one that can do as thou doest.

All nations whom thou hast made shall come and worship thee, O Lord: and shall glorify thy Name.

For thou art great, and doest wondrous things: thou art God alone.

Teach me thy way, O Lord, and I will walk in thy truth: O knit my heart unto thee, that I may fear thy Name.

I will thank thee, O Lord my God, with all my heart: and will praise thy Name for evermore.

For great is thy mercy toward me: and thou hast delivered my soul from the nethermost hell.

O God, the proud are risen against me: and the congregations of naughty men have sought after my soul, and have not set thee before their eyes.

But thou, O Lord God, art full of compassion and mercy: long-suffering, plenteous in goodness and truth.

O turn thee then unto me, and have mercy upon me: give thy strength unto thy servant, and help the son of thine handmaid.

Shew some token upon me for good, that they who hate me may see it, and be ashamed: because thou, Lord, hast holpen me, and comforted me.

Glory be, etc.

PSALM 116 (10–end)

I BELIEVED, and therefore will I speak; but I was sore troubled: I said in my haste, All men are liars.

What reward shall I give unto the Lord: for all the benefits that he hath done unto me?

I will receive the cup of salvation: and call upon the Name of the Lord.

I will pay my vows now in the presence of all his people: right dear in the sight of the Lord is the death of his saints.

Behold, O Lord, how that I am thy servant: I am thy servant, and the son of thine handmaid; thou hast broken my bonds in sunder.

I will offer to thee the sacrifice of thanksgiving: and will call upon the Name of the Lord.

I will pay my vows unto the Lord, in the sight of all his people: in the courts of the Lord's house, even in the midst of thee, O Jerusalem. Praise the Lord.

Glory be, etc.

PSALM 130

OUT of the deep have I called unto thee, O Lord: Lord, hear my voice.

O let thine ears consider well: the voice of my complaint.

If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?

For there is mercy with thee: therefore shalt thou be feared.

I look for the Lord; my soul doth wait for him: in his word is my trust.

My soul fleeth unto the Lord: before the morning watch, I say, before the morning watch.

O Israel, trust in the Lord, for with the Lord there is mercy: and with him is plenteous redemption.

And he shall redeem Israel: from all his sins.

Glory be, etc.

Antiphon. Remember not, Lord, our offences, nor the offences of our forefathers: neither take thou vengeance of our sins. (*In Eastertide*, Alleluia.)

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Our Father, etc.

℣. And lead us not into temptation:
℟. But deliver us from evil.

℣. I said, Lord, be merciful to me:

℟. Heal my soul, for I have sinned against thee.

℣. Turn thee again, O Lord, at the last:

℟. And be gracious unto thy servants.

℣. Let thy mercy, O Lord, be shewed upon us:

℟. As we do put our trust in thee.

℣. Let thy priests be clothed with righteousness:

℟. And thy saints sing with joyfulness.

℣. Cleanse me, O Lord, from my secret faults.

℟. And keep thy servant from presumptuous sins.

℣. O Lord, hear my prayer.

℟. And let my cry come unto thee.

Let us pray

WE do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his Body, and our souls washed through his most precious Blood, and that we may evermore dwell in him, and he in us.

Purify our consciences, we beseech thee, O Lord, by thy visitation: that our Lord Jesus Christ, thy Son, when he cometh, may find in us a mansion prepared for himself.

O my Jesus, grant that all thy blessed angels and saints, and above all, thy glorious Mother the ever-Virgin Mary, who, face to face, behold thee, whom here I receive beneath the sacramental veils, may bestow upon me the assistance of their prayers and intercessions, that I may in such manner receive thee here in this place of exile, and hereafter, with them, enjoy thine unveiled fulness in our true native country, world without end. Amen.

A Prayer for Pardon

BLESSED Jesus, who art about to come to us thy unworthy servants in the Blessed Sacrament of thy Body and Blood, prepare our hearts, we beseech thee, for thyself. Grant us that repentance for our past sins, that faith in the atonement made for them by thee upon the cross, that full purpose of amendment of life, that perfect love to thee and to all men, which shall fit us to receive thee. Lord, we are not worthy that thou shouldest come under our roof, much less that we should receive thee into ourselves; but since thou didst not disdain to be laid in a manger amidst unclean beasts, so vouchsafe to enter into our souls and bodies, unclean though they be through many sins and defilements.

Lord, come to us,
    that thou mayest cleanse us.
Lord, come to us,
    that thou mayest heal us.
Lord, come to us,
    that thou mayest strengthen us.

And grant that, having received thee, we may never be separated from thee by our sins, but may continue thine for ever, till we see thee face to face in thy heavenly kingdom, where, with the Father and the Holy Ghost thou livest and reignest, ever one God, world without end. Amen.

Direct your Intention

O LORD Jesus Christ, King of everlasting glory, behold I desire to come unto thee, and to receive thy Body and

Blood in this heavenly Sacrament, to thy honour and glory, and for the good of my soul; I desire to receive thee because it is thy desire, and thou hast so ordained; I desire to come to thee that I may be happily united to thee; that I may henceforth abide in thee and thou in me, and that nothing in life or death may ever separate me from thee.

Commemorate the Passion of Christ

I DESIRE in these holy Mysteries to commemorate, as thou hast commanded, all thy sufferings; thine agony and bloody sweat; thy being betrayed and apprehended; all the reproaches and false accusations; all the blows and buffets which thou hast endured for me; thy being scourged, crowned with thorns, and loaded with a heavy cross for my sins and those of the whole world; thy crucifixion and death, together with thy glorious resurrection and triumphant ascension. I worship thee and give thee thanks for all that thou hast done and suffered for us; and for giving us in this Blessed Sacrament a Pledge of our redemption, the Victim of our ransom, the Body and Blood which were offered for us.

(*Use the Acts of Faith, Hope, Charity, and Contrition; see pages* 40–43.)

A Prayer of S. Chrysostom

I BELIEVE, O Lord, and confess that thou art truly the Christ, the Son of the living God, who camest into the world to save sinners, of whom I am the chief. I also believe that this is thy spotless Body and precious Blood. I therefore pray thee to have mercy upon me, and to forgive me all my sins committed in thought, word, and deed; willingly and unwillingly, knowingly and unknowingly; and make me fit to partake worthily of thy holy Mysteries, for the remission of sins, and for eternal life.

A Prayer for Grace

BUT, O my God, thou knowest my great poverty and misery, and that of myself I can do nothing; thou knowest how unworthy I am of this infinite favour, and thou alone canst make me worthy. Since thou art so good as to call me thus to thyself, add this one bounty more to all the rest, to prepare me for thyself. Cleanse my soul from its stains, clothe it with the wedding garment of charity, adorn it with all virtues and make it a fit abode for thee. Drive sin and the devil far from this dwelling which thou art pleased to choose for thyself, and make me one according to thine own heart; that this heavenly visit which thou designest for my salvation may not, by my unworthiness, be perverted to my damnation. Never let me be guilty of thy Body and Blood by an unworthy Communion; for the sake of this same precious Blood, which thou hast shed for me, deliver me from so great an evil.

Here may be said
Anima Christi (*p.* 22)

Joy with peace, amendment of life, time for true repentance, the grace and comfort of the Holy Spirit, and perseverance in good works, grant us, O almighty and merciful Lord. Amen.

Mass and Holy Communion

This service is the best and chief of all our services—(1) *because it was instituted by our Lord Jesus himself;* (2) *because he is present in it on the altar, under the forms of Bread and Wine.*

By "low Mass" we mean a celebration that is without singing and incense, and usually with only one server assisting the priest.

By "high Mass" is meant a sung celebration in which the priest is assisted by a deacon and subdeacon and several acolytes, and in which incense and grander ceremonies are used.

When we receive Holy Communion, we must do so fasting. But you may hear *Mass at any celebration which is most convenient to you.*

N.B.—*See page* 8 *for a list of the holy days of obligation on which you must not fail to hear Mass except for reasons of actual necessity.*

In Preparation for Communion, say the "Prayers before Holy Communion." (*p.* 66.)

BEFORE THE SERVICE

Be in church at least a few minutes before Mass begins. On entering, make the proper reverence before the altar, kneel down, make the sign of the cross, and say:

IN the Name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.

O HOLY TRINITY, one God, I, a most unworthy sinner, appear before thee to offer unto thee, by the hands of thy priest, the Sacrifice of the Body and Blood of our Lord Jesus Christ [and to receive the holy Sacrament of the same Body and Blood], in union with the Sacrifice offered by the same our Lord at the Last Supper and upon the altar of the cross. I desire to offer [and to receive] It with all the love and contrition whereof I am capable, in conformity with those sacred intentions wherewith our Saviour instituted, and our holy Mother the Church ever offers It. I wish then to offer [and to receive] It—

1. For the greater glory of God.

2. For the continual remembrance of the sacrifice of the death of Christ.

3. To give God thanks for all the blessings he has bestowed upon us.

4. To ask God's help in all matters that I have at heart [especially......]

5. To ask God to bless all my friends and relations [especially......]

6. For the dead [especially......]

THE ASPERGES

The following, called "The Asperges," is sometimes sung before high Mass on Sundays: it can at least be said privately.

THOU shalt purge me with hyssop, O Lord, and I shall be clean: thou shalt wash me, and I shall be whiter than snow.

Have mercy upon me, O God: after thy great goodness. Glory be. As it was

Repeat, Thou shalt purge, etc.

[*Instead of the foregoing, from Easter to Whitsunday, is sung:*

I beheld water flowing from the right side of the temple, alleluia: and all to whom that water came were saved, and they shall say, alleluia.

O give thanks unto the Lord, for he is gracious: and his mercy endureth for ever.

Glory be. As it was.

Repeat, I beheld water, etc.]

℣. O Lord, shew thy mercy upon us. (Alleluia.)
℟. And grant us thy salvation. (Alleluia.)
℣. Lord, hear our prayer.
℟. And let our cry come unto thee.
℣. The Lord be with you.
℟. And with thy spirit.

Let us pray

GRACIOUSLY hear us, O Lord, holy Father almighty, everlasting God; and may it please thee to send thy holy angel from heaven to keep, cheer, guard, visit, and defend all that are gathered together in this place; through Christ our Lord. Amen.

THE HOLY MASS

The First Part of the Service

The priest at the foot of the altar makes the sign of the cross, and says the Preparation with the server. (*At a sung Mass the choir sing the introit while the priest says the Preparation.*)

IN the Name of the Father, ✠ and of the Son, and of the Holy Ghost. Amen.

I will go unto the Altar of God:

The server (*or ministers*) *answer.* Even unto the God of my joy and gladness.

Psalm 43

(*omitted in Masses for the dead, and in Passiontide*)

Priest. Give sentence with me, O God, and defend my cause against the ungodly people: O deliver me from the deceitful and wicked man:

Answer. For thou art the God of my strength; why hast thou put me from thee: and why go I so heavily, while the enemy oppresseth me?

Priest. O send out thy light and thy truth, that they may lead me: and bring me unto thy holy hill, and to thy dwelling:

Answer. And that I may go unto the altar of God, even unto the God of my joy and gladness: and upon the harp will I give thanks unto thee, O God, my God.

Priest. Why art thou so heavy, O my soul: and why art thou so disquieted within me?

Answer. O put thy trust in God; for I will yet give him thanks, which is the help of my countenance, and my God.

Priest. Glory be to the Father, and to the Son: and to the Holy Ghost:

Answer. As it was in the beginning, is now, and ever shall be: world without end. Amen.

Priest. I will go unto the Altar of God:

Answer. Even unto the God of my joy and gladness.

Priest. ✠ Our help is in the Name of the Lord:

Answer. Who hath made heaven and earth.

Then humbly bowing the priest says

The Confession

I confess to almighty God, to blessed Mary ever-Virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles

Peter and Paul, to all the saints and to you, brethren, that I have sinned exceedingly in thought, word, and deed (*here he strikes his breast three times*) through my fault, through my own fault, through my own most grievous fault. Therefore I beg blessed Mary ever-Virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, and all the saints, and you, brethren, to pray to the Lord our God for me.

At the end of which the server answers: Almighty God have mercy upon thee, forgive thee thy sins, and bring thee to everlasting life.

The priest answers, Amen.

And bowing his head the server then repeats the Confession

I confess to almighty God, to blessed Mary ever-Virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, father, that I have sinned exceedingly in thought, word, and deed (*here he strikes his breast three times*) through my fault, my own fault, my own most grievous fault. Therefore I beg blessed Mary ever-Virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, father, to pray to the Lord our God for me.

Then the priest gives the Absolution, saying:

Almighty God, have mercy upon you, forgive you your sins, and bring you to everlasting life.

Answer. Amen.

Signing himself with the sign of the cross, the priest says:

✠ May the almighty and merciful Lord grant to us pardon, absolution, and remission of our sins.

Answer. Amen.

Then bowing down, he proceeds:

Wilt thou not turn again and quicken us, O God;

Answer. That thy people may rejoice in thee.

Priest. Shew us thy mercy, O Lord.
Answer. And grant us thy salvation.
Priest. Lord, hear our prayer.
Answer. And let our cry come unto thee.
Priest. The Lord be with you.
Answer. And with thy spirit.

Priest. Let us pray. *He continues aloud:*

OUR Father, which art in heaven, hallowed be thy name: thy kingdom come: thy will be done: in earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord.

The people answer. Amen.

Then ascending to the altar he says, in a low voice:

We beseech thee, O Lord, to take away from us our iniquities, that we may be worthy, with pure minds, to enter into the Holy of holies: through Christ our Lord. Amen.

Bowing down over the altar he adds:

We beseech thee, O Lord, by the merits [of thy saints whose relics are here, and] of all the saints, that thou wouldst vouchsafe to forgive me all my sins. Amen.

The priest then kisses the altar as a sign of his union with Christ, who, as the Corner-stone, is signified by the altar. (At high Mass the incense is here blessed, the priest saying: Be thou blessed ✠ by him in whose honour thou shalt be burned. Amen. *After which the altar and priest are incensed.)*

The priest then reads the introit (which varies with the day). Then, alternately with the server and people he says (or the choir sings) the kyries, *as follows:*

Kyrie eleison, *or* Lord have mercy (iii).
Christe eleison, *or* Christ have mercy (iii).
Kyrie eleison, *or* Lord have mercy (iii).

(*In some churches the* COMMANDMENTS [page 5] *are said instead of the ninefold* kyrie.)

(*According to ancient and present western use, here follows on certain days the* Gloria in Excelsis

GLORY be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father almighty.

O Lord, the only-begotten Son Jesu Christ: O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us; [thou that takest away the sins of the world, have mercy upon us.] Thou that takest away the sins of the world, receive our prayer.

Thou that sittest at the right hand of [God] the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O (Jesu) Christ, with the Holy Ghost, art most High ✠ in the glory of God the Father. Amen.)

Priest. The Lord be with you:
Answer. And with thy spirit.

Let us pray

Then he goes to the epistle corner and reads the Collect for the day

Then the priest (*or, at high Mass, the subdeacon*) *reads the epistle. Sit and listen to this lesson from holy Scripture.*

After the epistle, the priest reads (*or the choir sings*) *the gradual, with the* alleluia *or tract following it: in Eastertide the* great alleluia *is sung in its place.* (*All these vary with the day.*)

Having read the gradual, etc., the priest, bowing in the middle of the altar, says:

CLEANSE my heart and my lips, O almighty God, who with a live coal didst cleanse the lips of Isaiah the prophet; and vouchsafe of thy gracious mercy so to purify me, that I may worthily proclaim thy holy gospel; through Christ our Lord. Amen.

Give me, O Lord, thy blessing. The Lord be in my heart and on my lips, that I may worthily and fitly proclaim his holy gospel. In the Name of the Father, ✠ and of the Son, and of the Holy Ghost. Amen.

At high Mass, while the gradual is being sung, the priest blesses incense; the deacon, having said the prayer Cleanse my heart, *and having received the priest's blessing, sings the holy gospel; all meanwhile stand, turned towards the place of the gospel.*

He who reads begins:

The Lord be with you:
Answer. And with thy spirit.

Then the reader announces:

The ✠ holy ✠ gospel ✠ is written in the —th chapter of (*Matthew*), beginning at the —th verse.

And while this is being said, all make the sign of the cross upon forehead, lips, and breast, in token that we are not ashamed of Christ and his Word. At high Mass the deacon incenses the book. After the announcement, all answer (*at sung Mass the choir sing, and all join with them*)*:*

Glory be to thee, O Lord.

At the end of the gospel, the priest kisses the book, and answer is made:

Praise be to thee, O Christ.

At high Mass the priest kisses the gospel-book brought by the sub-deacon; he is then incensed by the deacon.

Then follows on Sundays and great festivals the Nicene Creed

I BELIEVE in one God, the Father almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the only begotten Son of God; begotten of his Father before all worlds; God of God, Light of Light, very God of very God, begotten, not made; being of one substance with the Father; by whom all things were made; who for us men and for our salvation came down from heaven [*here kneel*], AND WAS INCARNATE BY THE HOLY GHOST OF THE VIRGIN MARY, AND WAS MADE MAN [*here stand up*]: And was crucified also for us under Pontius Pilate: he suffered, and was buried; and the third day he rose again according to the scriptures; and ascended into heaven; and sitteth on the right hand of the Father. And he shall come again with glory, to judge both the quick and the dead; whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, and Giver of life; who proceedeth from the Father and the Son; who, with the Father and the Son, together is worshipped and glorified; who spake by the prophets. And I believe one [holy] catholick and apostolick church. I acknowledge one baptism for the remission of sins; and I look for the resurrection of the dead, and the life ✠ of the world to come. Amen.

NOTE.—*When the Mass is sung, whilst the* Gloria *and Creed are being sung by the choir, the priest, having first said them himself, usually sits in the sedilia. Having said the* Gloria *and the Creed at the same time as he does, you also may sit occupying yourself in the meantime either by letting your affections be elevated by the teaching of the music, or by using some devotions which may help you to realize the solemnity of the service in which you are taking part. But it is better that you should remain standing and join in singing the Creed if the music is suitable.*

The Offertory

Kissing the altar, the priest turns to the people and says:

The Lord be with you:

Answer. And with thy spirit.

Let us pray

The priest then reads the Offertory, *which is generally a sentence from holy scripture, and uncovers the chalice.*

Taking in his hand the paten, or little plate, he offers up the bread to God, saying:

RECEIVE, Holy Father, almighty, eternal God, this spotless Host, which I, thine unworthy servant, offer unto thee, my God, the living and the true, for my numberless sins, offences, and negligences, for all here present; and for all faithful Christians, both quick and dead; that it may avail to me and them for salvation unto eternal life. Amen.

Then, going to the corner of the altar, he takes the wine, and pours it into the chalice, and mixes with it a small quantity of water in remembrance of the blood and water that issued out of our Saviour's side; after which he returns to the middle of the altar, and offers up the chalice, calling on the Holy Spirit to make the offering holy.

At the mixing of the chalice

O GOD, who didst wonderfully create, and yet more wonderfully renew, the dignity of the substance of man; grant that, by the mystery of this water and wine, we may be made partakers of the divine nature of him who vouchsafed to become partaker of our manhood, Jesus Christ thy Son, our Lord: Who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end. Amen.

At the offering of the chalice

WE offer to Thee, O Lord, the chalice of Salvation, humbly beseeching thy mercy, that in the sight of thy divine Majesty it may, for our salvation and for that of the whole world, ascend as a sweet-smelling savour. Amen.

Over the host and chalice

In an humble spirit, and with a contrite heart, let us be accepted of thee, O Lord, and let our sacrifice be so offered in thy sight today that it may be well-pleasing unto thee, O Lord God.

Come, O almighty and eternal God, the Sanctifier, and bless ✠ this sacrifice prepared for thy holy Name.

(*At high Mass the subdeacon here receives the paten, which he envelops in the extremities of the* *veil with which his shoulders are mantled, and then goes and stands behind the celebrant holding the paten level with his face.*)

During the offering of the oblation you can say the following prayer:

RECEIVE, O eternal Father, this offering, which is here made to thee by thy priest in the name of us all here present and of thy whole Church. It is as yet only bread and wine, but, by a miracle of thy power and grace, will shortly become the Body and Blood of thy beloved Son. He is our high Priest, and he is our Victim. With him and through him we desire to draw nigh unto thee this day, and by his hands to offer thee this sacrifice, for thine own honour, in thanksgiving for all thy benefits, in satisfaction for all our sins, to obtain . . . and mercy for all thy faithful. With this offering of thine only-begotten Son we offer ourselves unto thee, beseeching that by virtue of this sacrifice we may be united unto thee, and that nothing in life or death may ever separate us from thee; through the same Christ our Lord. Amen.

Most holy Trinity, vouchsafe to receive this our sacrifice in memory of our Saviour's death and passion. Grant that we may die with him to our sins. Let those saints whose memory we celebrate upon earth, remember us before thy throne in heaven, and obtain mercy for us.

Come, Holy Ghost, sanctify this bread and wine, that they may become the Body and Blood of Christ; sanctify also our souls and bodies, that like the ever-Virgin Mary, we may become worthy dwelling-places for Christ our Lord.

Here at high Mass the blessing of incense takes place, the priest saying as follows:

Through the intercession of blessed Michael the archangel, standing at the right hand of the altar of incense, and of all his elect, may the Lord vouchsafe to bl ✠ ess this incense, and to receive it for a sweet-smelling savour. Through Christ our Lord. Amen.

Then he incenses the oblations, saying:

May this incense, which thou hast blessed, ascend unto thee, O Lord: and let thy mercy descend upon us.

He then incenses the altar, saying from psalm 141:

LET my prayer, O Lord, be set forth in thy sight as the incense; and let the lifting up of my hands be an evening sacrifice. Set a watch, O Lord, before my mouth, and keep the door of my lips: O let not mine heart be inclined to any evil thing, let me not be occupied in ungodly works.

When he returns the censer to the deacon he says:

The Lord kindle in us the fire of his love, and the flame of everlasting charity. Amen.

He is then incensed by the deacon; and afterwards washes his hands, saying the following psalm, and returns to the centre of the altar; meanwhile clergy in choir, the servers, the congregation and the assistant-ministers are incensed.

The Lavabo psalm

PSALM 26, 6–12

I WILL wash my hands in innocency, O Lord; and so will I go to thine altar;

That I may shew the voice of thanksgiving: and tell of all thy wondrous works.

Lord, I have loved the habitation of thy house: and the place where thine honour dwelleth.

O shut not up my soul with the sinners: nor my life with the bloodthirsty;

In whose hands is wickedness: and their right hand is full of gifts.

But as for me, I will walk innocently; O deliver me, and be merciful unto me.

My foot standeth right: I will praise the Lord in the congregations.

Glory be to the Father, and to the Son: and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

Bowing before the middle of the altar with joined hands, he says:

RECEIVE, O Holy Trinity, this oblation which we make to thee in memory of the passion, resurrection, and ascension of our Lord Jesus Christ, and in honour of blessed Mary, ever-Virgin, of blessed John Baptist, the holy apostles Peter and Paul, of these and of all the saints: that it may avail for their honour and for our salvation: and may they, whose memory we celebrate on earth, vouchsafe to intercede for us in heaven; through the same Christ our Lord. Amen.

Then turning to the people, extending and joining his hands, the priest says:

Pray, brethren, that my sacrifice and yours may be acceptable to God the Father almighty.

Answer. The Lord receive this sacrifice at thy hands, to the praise and glory of his holy Name, and to our benefit and that of all his holy Church.

The priest answers quietly Amen, *and then says the Secret Prayers*

THE PRAYER OF THE FAITHFUL

He continues:

ALMIGHTY and everliving God, who by thy holy apostle hast taught us to make prayers and supplications, and to give thanks, for all men; we humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity and concord: and grant that all they that do confess thy holy Name may agree in the truth of thy holy word, and live in unity and godly love.

We beseech thee also to save and defend all Christian Kings, Princes, and Governors; and especially thy servant Elizabeth, our Queen; that under her we may be godly and quietly governed: and grant unto her whole Council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all bishops and curates, that they may both by their life and doctrine set forth thy true and lively word, and rightly and duly administer thy holy sacraments: and to all thy people give thy heavenly grace; and especially to this congregation here present; that with meek heart and due reverence, they may hear and receive thy holy word; truly serving

thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly kingdom: Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

The congregation answer Amen.

THE COMMUNION DEVOTIONS

If there are not any to receive Holy Communion with the priest, the following devotions are usually omitted, and he continues at The Preface (p. 102)

Turning to those about to receive Communion, he says:

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to almighty God, meekly kneeling upon your knees.

The server (or deacon) then says the Confession; the intending communicants usually join in saying it

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; we acknowledge and bewail our manifold sins and wickedness, which we, from time to time, most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us; the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past: and grant that we may ever hereafter serve and please thee, in newness of life, to the honour and glory of thy Name; through Jesus Christ our Lord. Amen.

The priest turns to the people and says the
ABSOLUTION

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; have mercy upon you; pardon ✠ and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

The priest continues,

HEAR what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you.

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners.

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

THE PREFACE

The priest then continues as follows:

The Lord be with you;

Answer. And with thy spirit.

Priest. Lift up your hearts;

Answer. We lift them up unto the Lord.

Priest. Let us give thanks unto our Lord God;

Answer. It is meet and right so to do.

Priest. It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, almighty everlasting God:

(*On certain occasions a Proper Preface is added here*)

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

(*Here the bell is rung thrice*)

Holy, Holy, Holy, Lord God of hosts. Heaven and earth are full of thy glory: Glory be to thee, O Lord most high. ✠ Blessed is he that cometh in the Name of the Lord: Hosanna in the Highest.

WE do not presume to come to this thy table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy table. But thou art the same Lord, whose property is always to have mercy: Grant us, therefore, gracious Lord, so to eat the Flesh of thy dear Son Jesus Christ, and to drink his Blood, that our sinful bodies may be made clean by his Body, and our souls washed through his most precious Blood, and that we may evermore dwell in him, and he in us.

Answer. Amen.

Now comes the most sacred and solemn part of this divine service, the Consecration of the Bread and Wine, at which time our Blessed Lord becomes present upon the altar.

This part is read in a low voice, as well to express the silence of Christ at his passion, as *also to show the reverence and awe which priest and people ought to feel at such a time.*

Let all mortal flesh keep silence,
And with fear and trembling stand;
Ponder nothing earthly-minded,
For with blessing in his hand
Christ our God to earth descendeth,
Our full homage to demand.

You can use this short prayer, or adapt the Canon to your own needs

Most merciful God, look graciously upon the gifts now lying before thee, and send down thy Holy Spirit upon this sacrifice, that he may make this bread the Body of the Lord, and this wine the Blood of the Lord. Amen.

THE CANON OF THE MASS

Where it is the custom for the Prayer of Oblation to follow immediately after the Prayer of Consecration, the celebrant omits the following prayers, but, instead, kisses the altar and mentally commemorates the living and the saints. After which, spreading his hands over the oblations, he begins the Prayer of Consecration (p. 106).

THEREFORE, O most merciful Father, we humbly pray and beseech thee, through Jesus Christ, thy Son, our Lord, that thou

wouldest vouchsafe to accept and bless these ✠ gifts, these ✠ offerings, this ✠ holy and unspotted sacrifice, which we offer unto thee, in the first place for thy holy catholic Church; that thou wouldest be pleased to keep it in peace, to preserve, unite, and govern it throughout the world; and also for thy servant our Primate *N.*, our Bishop *N.*, and all who truly believe and profess the catholic and apostolic Faith.

He prays for the living

Be mindful, O Lord, of thy servants and handmaids *N.* and *N.*, and of all here present, whose faith and devotion are known unto thee; for whom we offer, or who offer unto thee this sacrifice of praise for themselves, and for all to whom they are bound, for the redemption of their souls, for the hope of their safety and salvation, and who pay their vows to thee, the eternal, living, and true God.

Joining in communion with, and reverencing, in the first place, the memory of the glorious and ever-Virgin Mary, Mother of our Lord and God, Jesus Christ; as also of thy blessed apostles and martyrs, Peter and Paul, Andrew and James, John, Thomas, James, Philip, Bartholomew, Matthew, Simon, and Thaddeus: Linus, Cletus, Clement, Xystus, Cornelius, Cyprian, Laurence, Chrysogonus, John and Paul, Cosmas and Damian, and of all thy saints; through whose merits and prayers do thou grant that in all things we may be defended by the help of thy protection; through Christ our Lord. Amen.

Spreading his hands over the oblation:
(*Here the bell is rung.*)

We therefore beseech thee, O Lord, graciously to accept this oblation of the bounden duty and service, both of ourselves and of thy whole family; and do thou order our days in thy peace, and bid us to be delivered from eternal damnation, and to be numbered in the flock of thine elect; through Christ our Lord. Amen.

Which oblation do thou, O God, we beseech Thee, vouchsafe in all respects to make ✠ blessed, ✠ approved, ✠ ratified, reasonable, and acceptable; that it may become unto us the ✠ Body and ✠ Blood of thy most dearly-beloved Son, Jesus Christ our Lord.

The Prayer of Consecration

ALMIGHTY GOD, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy gospel command us to continue, a perpetual memory of that his precious death, until his coming again;

Hear us, O merciful Father, we most humbly beseech thee; and grant, that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood:

WHO IN THE SAME NIGHT THAT HE WAS BETRAYED, TOOK BREAD; AND WHEN HE HAD GIVEN ✠ THANKS, HE BRAKE IT, AND GAVE IT TO HIS DISCIPLES, SAYING, TAKE, EAT,

THIS IS MY BODY
WHICH IS GIVEN FOR YOU:

DO THIS IN REMEMBRANCE OF ME.

After pronouncing the words of Consecration, the priest, kneeling, adores the sacred Host; rising, he elevates it; and, then placing it on the corporal, again adores it.

(*The bell is rung three times.*)

LIKEWISE AFTER SUPPER HE TOOK THE CUP; AND WHEN HE HAD GIVEN ✠ THANKS, HE GAVE IT TO THEM, SAYING, DRINK YE ALL OF THIS;

FOR THIS IS MY BLOOD
OF THE NEW TESTAMENT, WHICH IS
SHED FOR YOU AND FOR MANY FOR
THE REMISSION OF SINS:

DO THIS, AS OFT AS YE SHALL DRINK IT,
IN REMEMBRANCE OF ME.

Kneeling, he adores; rising, he elevates the chalice, then replacing it on the corporal, he covers it, and again adores.

(*The bell is rung as before.*)

At the Consecration bow your head; at each elevation look up and gaze devoutly at the sacred Host and the chalice, saying mentally, My Lord and my God; *and after the second elevation you may say*

Blessed, praised, and hallowed for evermore be this most holy and divine Sacrament.

In some churches it is customary to say the Prayer of Oblation (page 121) *at this point instead of the prayers here following. If this be done, the celebrant pauses after the words* "heavenly benediction" *in that prayer, and mentally commemorates the faithful departed;*

and at the conclusion of the prayer continues at the Our Father; *otherwise he continues in a low voice, as under:*

WHEREFORE, O Lord, we thy servants, together with all thy holy people, having in remembrance the blessed passion of the same thy Son Christ our Lord, also his resurrection from hell, as well as his glorious ascension into heaven, do offer unto thy most excellent majesty, of thine own gifts bestowed upon us, a pure ✠ victim, a holy ✠ victim, a spotless ✠ victim, the holy ✠ bread of eternal life, and the chalice ✠ of everlasting salvation.

Extending his hands, he proceeds:

Upon which vouchsafe to look with a favourable and gracious countenance: and to accept them, even as thou wast pleased to accept the gifts of thy righteous servant Abel, and the sacrifice of our patriarch Abraham, and that which thy high priest Melchisedech offered unto thee, the holy sacrifice, the spotless offering.

Bowing down profoundly, with his hands joined and placed upon the altar, he says:

We most humbly beseech thee, almighty God, command that these oblations be borne by the hands of thy holy Angel to thine altar on high, before the presence of thy divine Majesty; that whosoever, by partaking at this altar, shall receive the most sacred Body ✠ and Blood ✠ of thy Son, may be filled with all heavenly benediction and grace; through the same Christ our Lord. Amen.

Here he mentions such of the dead as he intends to pray for

Be mindful also, O Lord, of thy servants and handmaids, *N.N.*......who have gone before us, with the sign of faith, and who rest in the sleep of peace. To these, O Lord, and to all who rest in Christ, grant, we beseech thee, a place of refreshment, light, and peace; through the same Christ our Lord. Amen.

Here, striking his breast, he says:

To us also, thy sinful servants, who put our trust in the multitude of thy mercies, vouchsafe to grant some part and fellowship with thy holy apostles and martyrs; with John, Stephen, Matthias, Barnabas, Ignatius, Alexander, Marcellinus, Peter, Felicitas, Perpetua, Agatha, Lucy, Agnes, Cecilia, Anastasia, and with all thy saints; into whose company we beseech thee to admit us, not weighing our merits but pardoning our offences; through Christ our Lord.

By whom, O Lord, thou dost ever create, sanctify ✠ quicken ✠ bless ✠ and bestow upon us all these good things.

He uncovers the chalice, and genuflects; then taking the Host in his right hand and holding the chalice in his left, he signs with the Host three times over the chalice, saying:

Through Him ✠ and with Him ✠ and in Him ✠ be unto thee (*he signs twice between the chalice and his breast*), O God the Father ✠ almighty, in the unity of the Holy ✠ Ghost (*he slightly elevates the chalice with the Host*), all honour and glory.

Covering the chalice, he genuflects; and rising again he says:

World without end.

and everyone answers, Amen.

The priest continues:

Let us pray

As our Saviour Christ hath commanded and taught us, we are bold to say:

OUR Father, which art in heaven; hallowed be thy Name; thy kingdom come; thy will be done; in earth, as it is in heaven. Give us this day our daily bread: and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation.

Answer. But deliver us from evil.

The priest adds quietly. Amen.

He takes the paten between his first and second finger (at high Mass he receives it from the subdeacon, who has held it covered with the humeral veil since the Offertory) and says:

Deliver us, O Lord, we beseech thee, from all evils past, present and to come: and at the intercession of the blessed and glorious Mary ever-Virgin, Mother of God, with that of thy blessed apostles, Peter and Paul and Andrew, and of all thy saints, favourably grant peace in our time: that by the help of thy mercy we may be kept free from all sin, and safe from all distress.

He places the paten under the Host, uncovers the chalice, and genuflects: then rising, he takes the Host, breaks it over the chalice, saying:

Through the same Jesus Christ thy Son our Lord.

He places the part which is in his right hand on the paten, breaks a particle from the other part in his left hand, while saying:

Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God.

He places the half in his left hand on the paten, and holding the particle which he broke off in his right hand, and the chalice in his left, he says:

World without end.
Answer. Amen.

Making the sign of the cross over the chalice, with the particle, he says:

The peace ✠ of the Lord be ✠ always with ✠ you.
Answer. And with thy spirit.

Putting the particle into the chalice, he says:

Let this commingling and consecration of the Body and Blood of our Lord Jesus Christ be to us that receive it for eternal life. Amen.

He covers the chalice, genuflects, and rises. Bowing down, and striking his breast at each repetition, he says with the people (or the choir sings):

O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.

(*In Masses for the dead, instead of* have mercy upon us, *is said twice,* Grant them rest, *and the third time,* Grant them rest eternal.)

He continues in a low voice:

O LORD Jesus Christ, who saidst unto thine apostles: Peace I leave with you, my peace I give unto you; regard not my sins, but the faith of thy Church; and vouchsafe to grant her peace and unity according to thy will; who livest and reignest, God, world without end. Amen.

At high Mass the deacon genuflects and kisses the altar at the same time as the celebrating priest, by whom he is saluted with the Pax (*the* Kiss of peace), *with these words:*

℣. Peace be with thee

To which the deacon answers,

℟. And with thy spirit.

and then salutes in like manner the subdeacon, who conveys the Pax *to any clergy who may be assisting at Mass. But in Mass for the dead the* Pax *is not given; and the foregoing prayer is omitted.*

THE COMMUNION

The priest continues in a low tone:

O Lord Jesus Christ, Son of the living God, who, according to the will of the Father, and by the co-operation of the Holy Ghost, hast by thy death given life unto the world; deliver me, I beseech thee, by this thy most sacred Body and Blood, from all mine iniquities, and from every evil, and grant me ever to keep thy commandments, and suffer me never to be separated from thee; who with the same God the Father and the Holy Ghost, livest and reignest God, world without end. Amen.

Let not the partaking of thy Body, O Lord Jesus Christ, which I, though unworthy, do presume to receive, turn to my judgment and condemnation; but according to thy loving-kindness, let it be profitable unto me for the health and protection both of body and soul; who, with God the Father in the unity of the Holy Ghost, livest and reignest, God, world without end. Amen.

Here he genuflects, rises and says:

I will receive the Bread of Heaven, and call upon the Name of the Lord.

Then, bowing slightly, he takes both parts of the Host between the thumb and forefinger of his left hand, and the paten between the same fore and middle fingers, and striking his breast with his right hand, says thrice:

Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and my soul shall be healed.

(*Here the bell is rung.*)

Signing himself with the Host over the paten, and consuming both parts, he says:

The body ✠ of our Lord Jesus Christ preserve my soul unto eternal life. Amen.

After a brief pause, he uncovers the chalice, genuflects, rises, and, collecting any fragments, places them in it, saying meanwhile:

What reward shall I give unto the Lord for all the benefits that he hath done unto me? I will receive the Cup of Salvation, and call upon the Name of the Lord. I will call upon the Lord which is worthy to be praised, so shall I be safe from mine enemies.

Taking the chalice in his right hand, and signing himself with it, he says:

The blood ✠ of our Lord Jesus Christ preserve my soul unto eternal life. Amen.

Whilst the priest is reading the Canon, you can either adapt what he says to your own needs, or use the following devotions:

HAIL, true Body, born of Mary,
Spotless Virgin's virgin birth,
Thou who truly hangedst weary
On the cross for sons of earth;
Thou whose sacred side was riven,
Whence the water flowed, and Blood;
O may'st thou, dear Lord, be given
At death's hour to be my food.
O most kind! O gracious One!
O sweetest Jesu, holy Mary's Son.

Act of Offering

MOST gracious Father, accept this holy sacrifice at the hands of thy priest, in union with that all holy sacrifice which thy beloved Son, throughout his whole life, at the Last Supper, and upon the cross, offered unto thee for me and for all for whom he vouchsafed to die. Amen.

For the dead

We humbly pray thee, O Father, to have mercy upon the souls of the faithful. Grant unto them, O Lord, eternal rest, and let light perpetual shine upon them. Amen.

For the Church

O blessed Jesus, have mercy on thy holy Church; take care of her, and make all Christians to be one in thine own time. Amen.

Before Communion

Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and thy servant shall be healed.

I worship thee, Lord Jesus,
And kneeling unto thee,
As thou didst come to Mary,
I pray thee come to me.

Come to me, O Lord, and feed my soul with fresh grace, fresh love. Keep me pure from all evil, and help me to keep thy holy will and commandments all the days of my life.

If you are going to make your Communion, genuflect on leaving your seat to go up to the altar (if necessary remain standing until there is room for you at the rail); receive the Blessed Sacrament with the greatest devotion, reverence, and care.

For the special prayers before Communion, see page 66.

As soon as the person next after you has communicated, rise, and as you return to your place, thank God for his great goodness, saying:

Thanks be to thee, O Jesus, for this unspeakable gift. I have found him whom my soul loveth; I will hold him and will not let him go.

Act of SPIRITUAL COMMUNION, *if you are not going to make your Communion*

IN union, O Lord, with the faithful at every altar of thy Church (especially at......) where thy death and passion are pleaded before the Father, I desire to offer thee praise and thanksgiving: I present unto thee my soul and body with the earnest wish that I may be ever united to thee. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself to thee, and embrace thee with all the affections of my soul. O let nothing ever separate me from thee; let me live and die in thy love. Amen.

O come to me, dear Lord, today,
And let thy love my spirit stay.
Behold, it longeth sore for thee,
I would it might more worthy be.

To forest streams the hart doth hie,
When he from thirst is like to die;
And so my soul doth thirst for thee;
O Jesu, Jesu, come to me.

(*For special Prayers after Communion, see page* 130.)

The Communion of the People

If, as is the case in some churches, the Confession has not been said before the Preface, it is now said by the Server while the priest is making his own Communion, and when he has done so he turns and gives the Absolution.

Then, if there be any to communicate, the priest, turning to the people, elevates a particle of the Blessed Sacrament, and says:

Behold the Lamb of God; behold him that taketh away the sins of the world.

and then, three times, the following:

Lord, I am not worthy that thou shouldest come under my roof; but speak the word only, and my soul shall be healed.

As the priest gives the sacred Body of our Lord, he says:

The Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life.

When he gives the Precious Blood, he says:

The Blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life.

When all have been communicated the priest consumes whatever remains of the sacred gifts, and the server (or at high Mass the subdeacon) pours a little wine into the chalice, and the priest takes the first ablution, saying:

Grant, Lord, that what we have taken with our lips, we may keep with a pure heart: and so may this temporal gift become to us everlasting healing.

Here the server (or subdeacon) pours wine and water over his fingers, and he takes the second ablution, saying:

Let thy Body, O Lord, which I have taken, and thy Blood which I have drunk, cleave unto my reins, and grant that no stain of sin may remain in me, who have been refreshed by pure and holy sacraments; Who livest and reignest, world without end. Amen.

Having consumed the ablutions the priest goes to the book and reads the Communion which varies with the day (or, if it has not been read in the Canon, he says the Lord's Prayer).

THE THANKSGIVING

After which, standing in the centre turned towards the people, he continues:

The Lord be with you;
Answer. And with thy spirit.

Returning to the book, he says:

Let us pray

and goes on to read The Post-Communion Prayers

O Lord and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanks-

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with giving; most humbly beseeching thee to grant, that by the merits and death of thy Son, Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer the spiritual food of the most precious Body and Blood of thy Son, our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as

unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father almighty, world without end. thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

At the end of the prayer all answer : Amen.

Gloria in Excelsis

If this has not been already said after the Kyries, *and if it is a day on which it should be said, the priest returns to the middle of the altar and it is then said or sung as follows :*

GLORY be to God on high: And in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee, for thy great glory, O Lord God, heavenly King, God the Father almighty.

O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. [Thou that takest away the sins of the world, have mercy upon us.] Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of [God] the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O (Jesu) Christ, with the Holy Ghost, art most high ✠ in the glory of God the Father. Amen.

The Dismissal

The priest says:

The Lord be with you.
Answer. And with thy spirit.
Priest or Deacon. Depart in peace,
(*or* Let us bless the Lord).
Answer. Thanks be to God.

(*But in Masses for the dead instead of the last is said:*

℣. May they rest in peace;
℟. Amen.)

Bowing in the midst of the altar, he says:

Let the performance of my bounden duty be pleasing to thee, O Holy Trinity: and grant that this sacrifice, which I, though unworthy, have offered up in the sight of thy Majesty, be acceptable unto thee, and through thy mercy obtain thy gracious favour for myself and for all for whom I have offered it; through Christ our Lord. Amen.

He then kisses the altar, and turning to the people, he says:

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God almighty, ✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.
Answer. Amen.

(*Make the sign of the cross at the Blessing.*)

(*In Masses for the dead the Blessing is omitted.*)

The priest now goes to the gospel corner of the altar to read The Last Gospel, *first saying:*

The Lord be with you.
Answer. And with thy spirit.

Priest. The beginning ✠ of the Holy ✠ Gospel according ✠ to John:
Answer. Glory be to thee, O Lord.

In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him, and without him was not anything made that was made. In him was life, and the life was the light of men. And the light shineth in darkness, and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the Light, that all men through him might believe. He was not that Light, but was sent to bear witness of that Light. That was the true Light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God: even to them that believe on his Name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. AND THE WORD WAS MADE FLESH (*here genuflect*), and dwelt among us; and we beheld his glory, the glory as of the only-begotten of the Father, full of grace and truth.

Answer. Thanks be to God.

PRAYERS AFTER MASS

At the end of low Mass, in some churches, the priest, kneeling at foot of the altar, says with the people these PRAYERS FOR THE CHURCH; *which in any case are suitable as private devotions.*

Hail Mary, etc. (*three times*). *Then, all together, say:*

Hail Holy Queen, Mother of mercy; hail our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed Fruit of thy womb, Jesus: O tender, O loving, O sweet Virgin Mary.

℣. Pray for us, O holy Mother of God.

℟. That we may be made worthy of the promises of Christ.

Let us pray

O God, our refuge and our strength, look down in mercy upon thy people who cry to thee; and by the intercession of the glorious and immaculate Virgin Mary, Mother of God, of Saint Joseph her Spouse, of thy blessed apostles Peter and Paul, and of all thy saints, in mercy and goodness hear our prayers for the conversion of sinners and for the liberty and exaltation of our holy Mother the Church. Through Christ, our Lord. Amen.

Holy Michael, Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil; may God rebuke him, we humbly pray; and do thou, prince of the heavenly host, by the power of God thrust down to hell Satan and all wicked spirits who wander through the world for the ruin of souls. ℟. Amen.

Then is said three times:

Most sacred Heart of Jesus: Have mercy on us.

PRIVATE PRAYERS

WHICH MAY BE SAID AFTER MASS

ACCEPT, O Lord, we pray thee, this holy sacrifice, which we have offered for all faithful people both living and dead, and for our sins, and for our needs. Deliver us by thy power from all evil. Whatever faults and failings have taken hold upon us during this holy service do thou forgive; and grant us so to persevere in thy commandments unto the end that we may be made worthy to be joined to the company of the blessed ones in heaven. Amen.

Ere we leave thine altar, Lord,
Where thy Son we have adored,
Let our thanks again arise
For this holy sacrifice.

And if thoughts have entered in
Which have mixed our prayers with sin,
Let thy Son's pure blood and grace
All our sinfulness efface.

Sweet it is to worship here,
Soon may that bright day appear
When thy glory we shall see,
And, unhindered, worship thee.

Grant, O Lord, that as I have now been admitted to see thee under the form of bread and wine, so when thou shalt come again in judgment I may be found worthy to behold thee in thy glorious Majesty.

The mystery of thy dispensation, O Christ our God, hath been accomplished as far as in us lies,

We have seen the memorial of thy death;
We have seen the type of thy resurrection;
We have been filled with thine endless life;
We have enjoyed thy heavenly delights, of which we pray thee make us more worthy hereafter:

✠ Through the grace of God the Father, and of thy holy, good, and life-giving Spirit, let us depart in peace. Amen.

Prayers after Holy Communion

Antiphon. Let us sing * the song of the three Children, which they sang in the furnace of fire, blessing the Lord. (*In Eastertide,* Alleluia.)

Benedicite, omnia opera

O ALL ye works of the Lord, bless ye the Lord: praise him, and magnify him for ever.

O ye angels of the Lord, bless ye the Lord: O ye heavens, bless ye the Lord.

O ye waters that be above the firmament, bless ye the Lord: O all ye powers of the Lord, bless ye the Lord.

O ye sun and moon, bless ye the Lord: O ye stars of heaven, bless ye the Lord.

O ye showers and dew, bless ye the Lord: O ye winds of God, bless ye the Lord.

O ye fire and heat, bless ye the Lord: O ye winter and summer, bless ye the Lord.

O ye dews and frosts, bless ye the Lord: O ye frost and cold, bless ye the Lord.

O ye ice and snow, bless ye the Lord: O ye nights and days, bless ye the Lord.

O ye light and darkness, bless ye the Lord: O ye lightnings and clouds, bless ye the Lord.

O let the earth bless the Lord: yea, let it praise him and magnify him for ever.

O ye mountains and hills, bless ye the Lord: O all ye green things upon the earth, bless ye the Lord.

O ye wells, bless ye the Lord: O ye seas and floods, bless ye the Lord.

O ye whales, and all that move in the waters, bless ye the Lord: O all ye fowls of the air, bless ye the Lord.

O all ye beasts and cattle, bless ye the Lord: praise him and magnify him for ever.

O ye children of men, bless ye the Lord: O let Israel bless the Lord.

O ye priests of the Lord, bless ye the Lord: O ye servants of the Lord, bless ye the Lord.

O ye spirits and souls of the righteous, bless ye the Lord: O ye holy and humble men of heart, bless ye the Lord.

O Ananias, Azarias, and Misael, bless ye the Lord: praise him and magnify him for ever.

Let us bless the Father, and the Son, with the Holy Ghost: let us praise and magnify him for ever.

Blessed art thou, O Lord, in the firmament of heaven: and to be praised, and glorious, and exalted above all for ever.

(Glory be, etc. *is not said.*)

PSALM 150

O PRAISE God in his holiness: praise him in the firmament of his power.

Praise him in his noble acts: praise him according to his excellent greatness.

Praise him in the sound of the trumpet: praise him upon the lute and harp.

Praise him in the cymbals and dances: praise him upon the strings and pipe.

Praise him upon the well-tuned cymbals: praise him upon the loud cymbals.

Let everything that hath breath: praise the Lord.

Glory be, etc.

Antiphon. Let us sing the song of the three Children, which they sang in the furnace of fire, blessing the Lord. (*In Eastertide,* Alleluia.)

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Our Father, etc.
℣. And lead us not into temptation.
℟. But deliver us from evil.
℣. All thy works praise thee, O Lord.
℟. And thy saints give thanks unto thee.
℣. Thy saints shall be joyful in glory.

℟. They shall rejoice in their beds.
℣. Not unto us, O Lord, not unto us.
℟. But unto thy Name give the praise.
℣. O Lord, hear my prayer.
℟. And let my cry come unto thee.

Let us pray

O GOD, who didst to the three Children assuage the flames of fire: mercifully grant that the flames of sin may not kindle upon us thy servants.

Prevent us, O Lord, in all our doings with thy most gracious favour, and further us with thy continual help: that in all our works begun, continued, and ended in thee, we may glorify thy holy Name, and finally by thy mercy obtain everlasting life.

Grant us, Lord, we beseech thee, the grace to quench the flames of our sins: as thou didst endue the blessed Laurence with power to overcome the fires of his torments. Through Christ, our Lord. Amen.

The following also may be used according to opportunity:

BEHOLD, O Lord Jesu Christ, I now possess thee who dost possess all things. Therefore, my God and my all, I beseech thee to withdraw my heart from all things that are not of thee, in which there is naught but vanity and vexation of spirit. On thee alone let my heart be fixed, in thee let my repose be: where my treasure is, there may my heart be also.

O Lord, make my soul perceive the sweetness of thy presence, make it taste and see how gracious thou art, that filled with thy love it may seek nothing out of thee wherein to rejoice; for thou, O Lord, art the joy of my heart, and my portion for ever.

Thou, O Lord, art the Physician of my soul, thou who by thy passion hast healed our sicknesses. Truly am I that sick man whom thou camest down from heaven to heal. Therefore, I beseech thee, heal my soul, for I have sinned against thee.

Thou, Lord Jesu, art my Shepherd, who gavest thy life for thy sheep. Behold, I am that lost sheep, and yet thou hast vouchsafed to feed me with thy Body and Blood. Take me now, I pray thee, upon thy shoulders. What wilt thou refuse me, since thou hast given thyself for me? Do thou direct me, and nothing shall be wanting to me in the pasture wherein thou hast placed me, until at length I shall be brought unto the pastures of eternal life. Amen.

Prayer of S. Thomas Aquinas

I GIVE thee thanks, Holy Lord, almighty Father, everlasting God, who hast vouchsafed to feed me, a sinner, thine unworthy servant, for no merits of my own, but only out of the goodness of thy great mercy, with the precious Body and Blood of thy Son, our Lord Jesus Christ; and I pray thee, that this holy Communion may not bring guilt upon me to condemnation, but may be a saving intercession for my pardon. Let it be to me an armour of faith and a shield of goodwill. Let it be to me a casting out of vices, a driving away of all evil wishes and fleshly affections; an increase of love, humility, patience, obedience, and all holiness; a firm defence against the plots of my enemies, seen and unseen; a perfect quieting of all motions of sin, both in my flesh and in my spirit; a firm cleaving to thee, the only and true God, and a happy ending of my life. And I pray thee, deign to bring me, a sinner, to that heavenly feast, where thou, with thy Son, and the Holy Ghost, art to thy holy ones true light, full satisfaction, everlasting joy, and perfect happiness; through the same Christ our Lord. Amen.

RHYTHM OF S. THOMAS AQUINAS

Adoro Te devote

PROSTRATE I adore thee, Deity unseen,
Who thy glory hidest 'neath these shadows mean;
Lo, to thee surrendered, my whole heart is bowed,
Tranced as it beholds thee shrined within the cloud.
Taste, and touch, and vision to discern thee fail,
Faith that comes by hearing pierces through the veil;
I believe whate'er the Son of God hath told,
What the Truth hath spoken, that for truth I hold.

On the cross lay hidden but thy Deity,
Here is also hidden thy humanity;
But in both believing and confessing, Lord,
Ask I what the dying thief of thee implored.

Thy dread wounds, like Thomas, though I cannot see,
His be my confession, Lord and God, of thee.
Lord, my faith unfeigned evermore increase,
Give me hope unfading, love that cannot cease.

O Memorial wondrous of the Lord's own death!
Living Bread, that givest all thy creatures breath,
Grant my spirit ever by thy life may live,
To my taste thy sweetness never-failing give.

Pelican of mercy, Jesu, Lord and God!
Cleanse me, wretched sinner, in thy precious Blood;
Blood whereof one drop for humankind outpoured,
Might from all transgression have the world restored.

Jesu, whom now veiled I by faith descry,
What my soul doth thirst for, do not, Lord, deny;
That thy face unveiled I at last may see,
With the blissful vision blest, my God, of thee.

Spiritual Communion

When we talk of "spiritual Communion" we mean that, if at any time we cannot receive the Sacrament of the Lord's Body and Blood itself, then God gives us the grace of that Sacrament in answer to our real desire to receive it. It does not mean that we can get on just as well without receiving Holy Communion; it does mean that, if the opportunity of receiving it is denied to us, God will not withhold from us its blessings.

So an "Act of Spiritual Communion" is the form of prayer in which we tell God that we should have liked to receive him in the Blessed Sacrament if we could have done so. A short form is given on p. 118 *which we can use, for example, when we hear Mass without communicating.*

But if we are hindered even from going to church, we may well want a longer form, making in effect a private service, which we offer to God. We can, of course, use any suitable form that we like; that given below is just a suggestion, which some may find helpful.

First, read the collect, epistle, and gospel for the day.

Then, if you will, say the Nicene Creed.

Say the Prayer for the Church; but if this would make the form too long (as it might if you are ill), you could quite properly omit this.

Say the general confession, followed by a prayer for pardon.

Then use the form of spiritual Communion, which is given on p. 118.

Add the Lord's Prayer, and any final collect you like; and conclude with the Grace.

Anima Christi

SOUL of Christ, sanctify me,
Body of Christ, save me,
Blood of Christ, inebriate me,
Water from the side of Christ, wash me,
Passion of Christ, strengthen me,
O Good Jesu, hear me,
Within thy wounds hide me,
Suffer me not to be separated from thee,
From the malicious enemy defend me,
In the hour of my death call me,
And bid me come to thee,
That with thy saints I may praise thee
For ever and ever. Amen.

PARAPHRASE OF ANIMA CHRISTI

SOUL of Jesus, make me holy,
Make me contrite, meek and lowly;
Soul most stainless, Soul divine,
Cleanse this sordid soul of mine,
Hallow this polluted soul,
Purify it, make it whole;
Soul of Jesus, hallow me.
Miserere, Domine.

Save me, Body of my Lord,
Save a sinner, vile, abhorred;
Sacred Body, wan and worn,
Bruised and mangled, scourged and torn.
Pierced hands, and feet, and side,
Rent, insulted, crucified;
Save me,—to the cross I flee;
Miserere, Domine.

Blood of Jesus, stream of life,
Sacred stream with blessings rife,
From thy broken Body shed
On the cross, that altar dread;
Given to be our drink divine,
Fill my heart and make it thine;
Blood of Christ, my succour be;
Miserere, Domine.

Holy Water, stream that poured
From thy riven side, O Lord,
Wash thou me, without, within,
Cleanse me from the taint of sin,
Till my soul is clean and white,
Bathed, and purified, and bright,
As a ransomed soul should be;
Miserere, Domine.

Jesu by the wondrous power
Of thine awful passion hour,
By the unimagined woe
Mortal man may never know;
By the curse upon thee laid,
By the ransom thou hast paid,
By thy passion, comfort me;
Miserere, Domine.

Jesu by thy bitter death,
By thy last expiring breath,
Give me the eternal life
Purchased by that mortal strife;
Thou didst suffer death that I
Might not die eternally;
By thy dying quicken me;
Miserere, Domine.

Miserere; let me be
Never parted, Lord, from thee;
Guard me from my ruthless foe,
Save me from eternal woe;
When the hour of death is near,
And my spirit faints for fear,
Call me with thy voice of love,
Place me near to thee above,
With thine Angel host to raise
An undying song of praise;
Gloria tibi, Domine.

See also Litany of the Blessed Sacrament (*p.* 154).

Visits to the Blessed Sacrament

A PRAYER OF S. ALPHONSUS

MY Lord Jesus Christ, who for the love which thou bearest to men dost remain day and night in this Sacrament, full of mercy and of love, inviting, expecting, receiving all them who come to visit thee, I believe that thou art present in the Blessed Sacrament of the altar. I adore thee, confessing my own misery and nothingness; and I thank thee for all the mercies which thou hast bestowed upon me, especially for having given me thyself in this Sacrament, for having given me thy most holy Mother Mary for my advocate, and for having called me to visit thee at this time.

I salute thy most loving Heart, and I desire to do so for three ends: firstly in thanksgiving for this great gift; secondly to atone for all the injuries thou hast received from thine enemies in this Sacrament; and thirdly to adore thee in all places in which thou art least honoured and most neglected in the holy Sacrament.

O my Jesus, I love thee with all my heart; I am sorry for having hitherto displeased thine infinite goodness: I resolve, with the assistance of thy grace, nevermore to offend thee; and at this moment, miserable as I am, I desire to consecrate my whole being to thee. I give thee my will, my affections, my desires, and all that I have. From this day forward do with me, and whatever belongs to me, what thou pleasest; I ask and desire only thy love, the gift of final perseverance, and the perfect accomplishment of thy holy will.

I recommend to thee the souls in purgatory, particularly those who were most devout to the Blessed Sacrament and to holy Mary, and I commend all poor sinners to thee. Finally, my dear Saviour, I unite all my affections with those of thy most loving Heart; and thus united I offer them to thine eternal Father, and I beseech him, in thy Name, and for thy sake, to accept them. Amen.

Acts of Adoration

HAIL, Salvation of the world, Word of the Father, holy Host, true Life, living Flesh, perfect Deity, true Man, Body of our Lord Jesus Christ; thou who didst form me from the dust of the earth, have mercy upon me a sinner.

Hail, most merciful Jesus, Son of God and of the Virgin Mary, who didst so love me as to be pleased to die for me, and to give thyself to me as my support, my sacrifice and my reward: be thou, with the Father and the Holy Ghost, blessed by all and above all for ever.

I grieve for all my sins, solely because they have displeased thee; and I resign myself to thee, and annihilate myself before thee. Supply, O merciful Jesus, all the imperfections of us thy people, for whom thou didst deign to die, through the merits of the most blessed Virgin Mary and of all the saints, which I offer thee in union with thine own most sacred merits, to be represented before the eternal Father. O holy Father, look upon the face of thy Christ; and grant us the grace to know thee, to love thee, and to praise thee, together with thy beloved Son and the Holy Spirit, now and for ever. Amen.

All my holy patrons, and thou first, O most blessed Mother of God, praise the Lord with me, and let us exalt his Name for ever. Amen.

Act of Reparation

℣. The Cup of blessing which we bless, is it not the Communion of the Blood of Christ?

℟. The Bread which we break, is it not the Communion of the Body of Christ?

Let us pray

O LORD Jesus, who according to thy promise art ever present in the most Blessed Sacrament of the Altar, forgive all the many and grievous insults which, knowingly and unknowingly, are daily committed against thy presence in this great Mystery; give us grace to make amends so far as we are able, by a devout preparation, by a loving reception, and by frequent adoration; so that, thus glorifying thee upon earth, we may finally see thee face to face in heaven; who livest and reignest with the Father, and the Holy Spirit, one God, world without end. Amen.

The following devotions also are suitable:

Litany of the Blessed Sacrament (p. 154).

Acts of Faith, Hope, Charity, and Contrition (p. 40).

Prayers on the Five Sacred Wounds (p. 330).

Devotion to the Precious Blood (p. 217).

and the following Colloquy.

A EUCHARISTIC COLLOQUY

O GOD the Son, Redeemer of the world, who of thy infinite love didst undertake the work of our redemption; and taking flesh

in the most chaste womb of the Virgin Mary, wast made in the likeness of man, and wast found in fashion as a man; have mercy upon me,

That I may cherish in my inmost heart the memory both of this thy boundless love, and of thy most holy incarnation, whensoever by means of this Sacrament thou shalt be born, as it were, in my soul.

JESU, MOST SWEET SAVIOUR, who hast prepared a table before us against all those that trouble us; have mercy upon me,

That my enemies may never prevail against me, and that I may fear no evil, because thou art with me, and in this Sacrament most inwardly present with me.

JESU, MOST WORTHY OF ALL LOVE, who hast said "Come unto me, all ye that labour and are heavy laden, and I will give you rest"; have mercy upon me,

That I may be delivered from the weight of my sins, which are like a sore burden upon me, too heavy for me to bear; and with this heavenly food do thou refresh my weary and fainting spirit.

JESU, MOST PITIFUL, who hadst compassion upon the multitude who had long waited for thee, and when they had nothing to eat, didst by a wonderful exercise of thy power, feed them all to the full; have mercy upon me,

That I may not faint by the way, being deprived of that heavenly nourishment.

JESU, MOST KIND, who exhortest us to receive thee, saying "My Flesh is meat indeed, and my Blood is drink indeed"; and, "Except ye eat the Flesh of the Son of Man, and drink his Blood, ye have no life in you"; have mercy upon me,

That I may worthily eat this Bread and drink this Cup, so that I shall hunger no more nor thirst any more, nor die eternally.

JESU, MOST SWEET, whom Zacchæus received with joy into his house; and whom the centurion, out of reverence, did not dare to invite under his roof; have mercy upon me,

That I may ever combine their feelings of love and fear, whensoever I receive thee into my house.

JESU, MOST LOWLY, who didst vouchsafe to consort and to eat even with publicans and sinners, saying, "They that are whole need not a physician, but they that are sick"; have mercy upon me,

And vouchsafe to be the guest of me also, a sinner, and heal my soul, which is sick even unto death.

JESU, GREAT AND MARVELLOUS KING, who, that thou mightest display the power and riches of thy kingdom, hast prepared for us a great feast, and hast deigned so lovingly to invite to it all the subjects of thy kingdom; have mercy upon me,

That I may come to this divine feast with joyfulness, yet never without being clothed in a wedding garment.

JESU, MOST LOVING, who before thy passion desiredst with desire to eat this Passover with thy disciples; have mercy upon me,

That as the hart panteth after the water-brooks, so my soul may in this Sacrament pant after thee, the living God.

JESU, MOST PURE, who when thou wast about to institute this Sacrament, didst first, with thy knees upon the earth, wash the feet of thy disciples, in token of the purity and cleanliness which thou wouldest enjoin upon us when about to receive these holy mysteries; have mercy upon me,

And wash me throughly from my wickedness, and cleanse me from my sin; wash, not *my feet only, but also my hands and my head: so that my affections and deeds and intentions may be pure, whensoever I desire to be partaker of thy table.*

JESU, MOST GRACIOUS, who hast planted the tree of Life in the midst of the garden, that is, of thy Church, as a remedy for all the diseases of the soul, and even its very death; have mercy upon me,

That I may there gather the fruit of life and immortality, and that by it my youth may be renewed as the eagle's.

JESU, MOST BOUNTIFUL, who hast given thyself to us, born to be one with us; living with us, to be our food; dying to be our ransom; and, reigning, wilt at length give thyself to us as our reward; have mercy upon me,

That for these so great benefits my soul may bless thee at all times: and that all that is within me may bless thy holy Name.

JESU, MOST TRUTHFUL, who, giving thyself to be meat and drink, didst say, "This is my Body which is given for you," and "This is my Blood which is shed for you"; have mercy upon me,

That I stagger not in faith at the words of thy mouth; for thou art the Truth itself, in whose mouth there is no guile nor deceit; thou art also the mighty God, with whom nothing is impossible.

JESU, MOST TENDER, who when thou wast about to depart out of this world unto the Father, didst leave us a lasting monument of thy great love, and in this Sacrament didst appoint a memorial of thy wondrous works, commanding us to do this in remembrance of thee; have mercy upon me,

That I may be always most mindful of thee, and may constantly adore thine almighty power, wisdom, and goodness shining forth here; and may never forget all thy benefits.

JESU, MOST MEEK, who at thy Last Supper wouldest not shut out even Judas from the company of the disciples and from thy table; have mercy upon me,

That I, who am, alas! thy most unworthy and unfaithful servant, may yet never, with Judas, be guilty of thy Body and Blood.

JESU, MOST THANKFUL, who, when this mystery was accomplished in the sight of thy disciples, didst give thanks to the eternal Father, and having sung a hymn, wentest out into the garden, thy wonted place of prayer; have mercy upon me,

That I may never retire from this surpassing feast with a thankless heart; but that, seriously reflecting on so great a benefit, my soul may more and more burn with love towards thee.

JESU, PRIEST FOR EVER, who didst offer thyself as a victim upon the altar of the cross; good Shepherd, who didst lay down thy life for thy sheep, and dost now feed them with thy very Body and Blood; have mercy upon me,

And whereas I have gone astray as a sheep that is lost, seek out thy servant, and on thy shoulders bear me back to thy fold, and feed me in that green pasture wherein thou hast placed me.

JESU, MOST COMPASSIONATE, who under the form of a stranger, didst join thyself to the disciples who were going to Emmaus, and at length madest thyself known to them in the breaking of bread; have mercy upon me,

That as I believe thee to be truly present with me under these visible forms, although I see thee not with mine eyes, so I may at length be counted worthy to behold thee with unveiled face; and as meanwhile thou vouchsafest to uphold me on my way with thy sweet converse, and to feed me with the food of thy Body, my heart may burn within me with love and longing for thee.

BLESSED, praised and hallowed for ever be our Lord Jesus Christ on his throne of glory, and in the most holy Sacrament of the altar.

Litany of the Blessed Sacrament

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ, hear us,
O Christ, graciously hear us.

O GOD the Father, of heaven,
O God the Son, Redeemer of the world,
O God the Holy Ghost,
O Holy Trinity, one God,
Living Bread which camest down from Heaven,
Hidden God and Saviour,
Perpetual Sacrifice,
Lamb without spot,
Food of Angels,
Hidden Manna,
Daily Bread,
Word made flesh, and dwelling in us,
Sacred Victim,
Bread of Life,
Cup of Blessing,
Mystery of Faith,
Most Holy of all sacrifices,
True Propitiation for the quick and dead,
Have mercy upon us.

Heavenly Antidote against sin,
Fulness of Divine Love,
Medicine of Immortality,
Bread made flesh by the power of the Word,
Bond of Charity,
Priest and Victim,
Hope of penitents,
Refreshment of holy souls,
Food by the way for those who die in the Lord,
Pledge of glory in the life to come,
Have mercy upon us.

Be merciful unto us,
Spare us, good Lord.
Be merciful unto us,
Hear us, good Lord.

From an unworthy reception of thy Body and Blood,
From the lust of the flesh,
From the lust of the eyes,
From the pride of life,
From all occasions of sin,
By the desire which thou hadst to eat the Passover with thy disciples,
By the deep humility with which thou didst wash their feet,
By the great love with which thou didst institute this holy Sacrament,
Good Lord, deliver us.

By thy precious Blood which thou hast left us on our altars,

By the five wounds which thou didst receive for us in this thy holy body,

We sinners: *beseech thee to hear us,*

That it may please thee to preserve and increase our faith, reverence, and devotion towards this wonderful Sacrament.

We beseech thee to hear us.

That it may please thee to forgive us for having received it at any time without due preparation,

That it may please thee to bring us, by a true confession of our sins, to a frequent and worthy use of this holy Sacrament,

That it may please thee to take from us all heresy, unbelief and hardness of heart,

That it may please thee to give us true hunger and thirst after righteousness,

That it may please thee to raise our minds more and more to heavenly desires,

That it may please thee to give us grace to present our bodies a living sacrifice, holy, acceptable unto thee,

We beseech thee to hear us.

That it may please thee to grant to us the precious and heavenly fruits of this holy Sacrament,

That it may please thee to comfort and defend us in the hour of our death, with this heavenly food for our journey,

Son of God,

O Lamb of God, that takest away the sins of the world, *Spare us, O Lord.*

O Lamb of God, that takest away the sins of the world, *Graciously hear us, O Lord.*

O Lamb of God, that takest away the sins of the world, *Have mercy upon us.*

O Christ, hear us.

O Christ, graciously hear us.

℣. Thou gavest them Bread from heaven. (Alleluia.)

℟. Containing in itself all sweetness. (Alleluia.)

Let us pray

O GOD, who under a wonderful Sacrament hast left us a memorial of thy passion: grant us, we beseech thee, so to venerate the sacred mysteries of thy Body and Blood; that we may ever feel within ourselves the fruit of thy redemption: who livest and reignest for ever and ever. Amen.

Vespers of the Blessed Sacrament

✠ O God, make speed to save us.

℟. O Lord, make haste to help us.

Glory be to the Father, and to the Son: and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

All say: Alleluia.

(*But from Septuagesima to Easter, instead of* Alleluia.

Praise be to thee, O Lord,
King of Eternal Glory.)

(*The* Alleluias *in brackets are only recited during Eastertide, and on the feast of Corpus Christi.*)

Antiphon: Christ the Lord,* a priest for ever after the order of Melchisedech, offered bread and wine. (Alleluia.)

Psalm 110

THE Lord said unto my Lord: sit thou on my right hand, until I make thine enemies thy footstool.

The Lord shall send the rod of thy power out of Sion: be thou ruler, even in the midst among thine enemies.

In the day of thy power shall the people offer thee free-will offerings with an holy worship: the dew of thy birth is of the womb of the morning.

The Lord sware and will not repent: thou art a priest for ever after the order of Melchisedech.

The Lord upon thy right hand: shall wound even kings in the day of his wrath.

He shall judge among the heathen; he shall fill the places with the dead bodies: and smite in sunder the heads over divers countries.

He shall drink of the brook in the way: therefore shall he lift up his head.

Glory be. As it was.

Antiphon: Christ the Lord, a priest for ever after the order of Melchisedech, offered bread and wine. (Alleluia.)

Antiphon: The gracious Lord,* hath given meat unto them that fear him, in remembrance of his marvellous works. (Alleluia.)

Psalm 111

I WILL give thanks unto the Lord with my whole heart: secretly among the faithful, and in the congregation.

The works of the Lord are great: sought out of all them that have pleasure therein.

His work is worthy to be praised and had in honour: and his righteousness endureth for ever.

The merciful and gracious Lord hath so done his marvellous works: that they ought to be had in remembrance.

He hath given meat unto them that fear him: he shall ever be mindful of his covenant.

He hath shewed his people the power of his works: that he may give them the heritage of the heathen.

The works of his hands are verity and judgment: all his commandments are true.

They stand fast for ever and ever: and are done in truth and equity.

He sent redemption unto his people: he hath commanded his covenant for ever; holy and reverend is his Name.

The fear of the Lord is the beginning of wisdom: a good understanding have all they that do thereafter; the praise of it endureth for ever.

Glory be. As it was.

Antiphon: The gracious Lord hath given meat unto them that fear him, in remembrance of his marvellous works. (Alleluia.)

Antiphon: I will receive* the cup of salvation, and I will offer the sacrifice of praise. (Alleluia.)

Psalm 116 (10–*end*)

I BELIEVED, and therefore will I speak; but I was sore troubled: I said in my haste, All men are liars.

What reward shall I give unto the Lord: for all the benefits that he hath done unto me?

I will receive the cup of salvation: and call upon the Name of the Lord.

I will pay my vows now in the presence of all his people: right dear in the sight of the Lord is the death of his saints.

Behold, O Lord, how that I am thy servant: I am thy servant, and the son of thine handmaid; thou hast broken my bonds in sunder.

I will offer to thee the sacrifice of thanksgiving: and will call upon the Name of the Lord.

I will pay my vows unto the Lord, in the sight of all his people: in the courts of the Lord's house, even in the midst of thee, O Jerusalem. Praise the Lord.

Glory be. As it was.

Antiphon: I will receive the cup of salvation, and I will offer the sacrifice of praise. (Alleluia.)

Antiphon: Like the olive branches,* may the children of the Church be round about the table of the Lord. (Alleluia.)

Psalm 128

BLESSED are all they that fear the Lord: and walk in his ways.

For thou shalt eat the labours of thine hands: O well is thee, and happy shalt thou be.

Thy wife shall be as the fruitful vine: upon the walls of thine house.

Thy children like the olive branches: round about thy table.

Lo, thus shall the man be blessed: that feareth the Lord.

The Lord from out of Sion shall so bless thee: that thou shalt see Jerusalem in prosperity all thy life long.

Yea, that thou shalt see thy children's children: and peace upon Israel.

Glory be. As it was.

Antiphon: Like the olive branches, may the children of the Church be round about the table of the Lord. (Alleluia.)

Antiphon: The Lord that maketh peace* in the borders of the Church, filleth us with the flour of wheat. (Alleluia.)

Psalm 147 (12–*end*)

PRAISE the Lord, O Jerusalem: praise thy God, O Sion.

For he hath made fast the bars of thy gates: and hath blessed thy children within thee.

He maketh peace in thy borders: and filleth thee with the flour of wheat.

He sendeth forth his commandment upon earth: and his word runneth very swiftly.

He giveth snow like wool; and scattereth the hoar-frost like ashes.

He casteth forth his ice like morsels: who is able to abide his frost?

He sendeth out his word, and melteth them: he bloweth with his wind, and the waters flow.

He sheweth his word unto Jacob; his statutes and ordinances unto Israel.

He hath not dealt so with any nation: neither have the heathen knowledge of his laws.

Glory be. As it was.

Antiphon: The Lord that maketh peace in the borders of the Church, filleth us with the flour of wheat. (Alleluia.)

The Short Chapter

BRETHREN: I have received of the Lord that which also I delivered unto you: that the Lord Jesus, the same night in which he was betrayed, took bread; and when he had given thanks, he brake it, and said, Take, eat: This is my Body, which is broken for you: This do in remembrance of me.

℟. Thanks be to God.

Office Hymn

OF the glorious Body telling,
O my tongue, its mysteries sing,
And the Blood, all price excelling,
Which the world's eternal King,
In a noble womb once dwelling,
Shed for this world's ransoming.

Given for us, for us descending,
Of a Virgin to proceed,
Man with man in converse blending,
Scattered he the Gospel seed,
Till his sojourn drew to ending.
Which he closed in wondrous deed.

At the last great Supper lying
Circled by his brethren's band,
Meekly with the law complying,

First he finished its command,
Then, immortal food supplying,
Gave himself with his own hand.

Word made Flesh, by word he maketh
Very bread his flesh to be;
Man in wine Christ's Blood partaketh:
And if senses fail to see,
Faith alone the true heart waketh
To behold the mystery.

(*The next verse is sung kneeling in the presence of the Blessed Sacrament*)

Therefore we, before him bending
This great Sacrament revere:
Types and shadows have their ending,
For the newer rite is here;
Faith, our outward sense befriending,
Makes the inward vision clear.

Glory let us give, and blessing
To the Father and the Son;
Honour, might, and praise addressing,
While eternal ages run;
Ever too his love confessing,
Who, from both, with both is one.
Amen.

℣. Thou gavest them bread from heaven. (Alleluia.)

℟. Containing in itself all sweetness. (Alleluia.)

Antiphon: O Sacred Banquet* in which Christ is received, the memory of his passion renewed, the mind filled with grace, and a pledge of future glory given unto us. (Alleluia.)

Magnificat

MY SOUL doth magnify the Lord: and my spirit hath rejoiced in God my Saviour.

For he hath regarded: the lowliness of his handmaiden.

For behold, from henceforth: all generations shall call me blessed.

For he that is mighty hath magnified me: and holy is his Name.

And his mercy is on them that fear him: throughout all generations.

He hath shewed strength with his arm: he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat: and hath exalted the humble and meek.

He hath filled the hungry with good things: and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel: as he promised to our forefathers, Abraham and his seed, for ever.

Glory be to the Father, and to the Son: and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

Antiphon: O Sacred Banquet, in which Christ is received, the memory of his passion renewed, the mind filled with grace, and a pledge of future glory given unto us. (Alleluia.)

℣. The Lord be with you.
℟. And with thy spirit.

Let us pray

O GOD, who under a wonderful Sacrament hast left us a memorial of thy passion: grant us, we beseech thee, so to venerate the sacred mysteries of thy Body and Blood; that we may ever feel within ourselves the fruit of thy redemption: who livest and reignest [with God the Father, in the unity of the Holy Ghost, one God], world without end.

℟. Amen.
℣. The Lord be with you.
℟. And with thy spirit.

℣. Let us bless the Lord.
℟. Thanks be to God.

✠ May the souls of the faithful, through the mercy of God, rest in peace.
℟. Amen.

* * *

Benediction of the Most Blessed Sacrament

When the priest opens the tabernacle, and incenses the Blessed Sacrament, is sung the hymn,

O SALUTARIS Hostia, Quæ cæli pandis ostium:	O SAVING Victim, opening wide
Bella premunt hostilia,	The gate of heav'n to man below!
Da robur, fer auxilium.	Our foes press hard on every side;
	Thine aid supply, thy strength bestow.
Uni trinoque Domino	All praise and thanks to thee ascend,
Sit sempiterna gloria,	For evermore, blest One in Three;
Qui vitam sine termino	O grant us life that shall not end
Nobis donet in patria.	In our true native land with thee.
Amen.	Amen.

After which may follow the Litany of the B.V.M. (*p.* 243 *or* 246), *or some psalm, antiphon, hymn, or other devotion appropriate to* *the feast (if any), or in honour of the most holy Sacrament.*

If the Te Deum *be said or sung all stand except during the words* We therefore pray . . . thy Precious Blood, *which are always said or sung kneeling.*

During the hymn Tantum ergo *all make a moderate inclination of the head at the words* Venerernur cernui (This great Sacrament revere).

TANTUM ergo Sacramentum,
Veneremur cernui;
Et antiquum documentum
Novo cedat ritui;
Præstet fides supplementum
Sensuum defectui.

THEREFORE we, before him bending,
This great Sacrament revere:
Types and shadows have their ending,
For the newer rite is here;
Faith, our outward sense befriending,
Makes the inward vision clear.

Genitori, Genitoque,
Laus et jubilatio,
Salus, honor, virtus, quoque
Sit et benedictio;
Procedenti ab utroque
Compar sit laudatio.
Amen.

Glory let us give and blessing
To the Father and the Son;
Honour, might, and praise addressing,
While eternal ages run;
Ever, too, his love confessing,
Who from both, with both is one.
Amen.

℣. Panem de cælo præstitisti eis. [Alleluia.]

℟. Omne delectamentum in se habentem. [Alleluia.]

℣. Thou gavest them bread from heaven. [Alleluia.]

℟. Containing in itself all sweetness. [Alleluia.]

(Alleluia *is added to the* ℣ *and* ℟ *only in Eastertide; and on the feast of Corpus Christi.*)

Oremus

DEUS, qui nobis sub sacramento mirabili, passionis tuæ memoriam reli-

Let us pray

O GOD, who under a wonderful sacrament hast left us a memorial of thy quisti; tribue quæsumus, ita nos corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuæ fructum in nobis jugiter sentiamus. Qui vivis, etc.

Amen.

passion: grant us, we beseech thee, so to venerate the sacred mysteries of thy Body and Blood; that we may ever feel within ourselves the fruit of thy redemption: who livest and reignest for ever and ever.

℟. Amen.

Then Benediction is given with the Blessed Sacrament. Bow down in profound adoration before your Saviour there present, and beseech his blessing on yourself, and on the whole Church. You can say in your heart when the bell rings,

Blessed, praised, and hallowed for ever,
Be the most holy Sacrament.

After Benediction the "Divine Praises" are repeated line by line after the priest.

BLESSED be GOD.
Blessed be his holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the Name of Jesus.
Blessed be his most sacred Heart.

Blessed be Jesus in the most holy Sacrament of the altar.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her spouse most chaste.
Blessed be God in his angels and in his saints.

And last of all the following is sung:

Adoremus in æternum sanctissimum Sacramentum.

Let us adore for ever: the most holy Sacrament.

Psalm 117

LAUDATE Dominum, omnes gentes: laudate eum, omnes populi.

Quoniam confirmata est super nos misericordia ejus: et veritas Domini manet in æternum.

O PRAISE the Lord, all ye heathen: praise him all ye nations.

For his merciful kindness is ever more and more towards us: and the truth of the Lord endureth for ever. Praise the Lord.

Gloria Patri, etc.	Glory be, etc.
Adoremus in æternum sanctissimum Sacramentum.	Let us adore for ever: the most holy Sacrament.

To Jesus in the Blessed Sacrament

JESUS! my Lord, my God, my all!
How can I love thee as I ought?
And how revere this wondrous gift,
So far surpassing hope and thought?
Sweet Sacrament, we thee adore!
O make us love thee more and more!

Had I but Mary's sinless heart
To love thee with, my dearest King,
O with what bursts of fervent praise
Thy goodness, Jesus, would I sing?
Sweet Sacrament, we thee adore!
O make us love thee more and more!

O see! within a creature's hand
The vast Creator deigns to be,
Reposing infant-like, as though
On Joseph's arm or Mary's knee.
Sweet Sacrament, we thee adore!
O make us love thee more and more!

Thy Body, Soul, and Godhead all!
O mystery of love divine!
I cannot compass all I have,
For all thou hast and art are mine!
Sweet Sacrament, we thee adore!
O make us love thee more and more.

Prayers for Special Occasions

FOR THE HOLY CATHOLIC CHURCH

O LORD JESUS, look down from heaven, behold and visit this vine which thy right hand hath planted. Direct her in all things, that being tended by thy care and nourished by thy grace, she may fill the whole earth and bring gladness to every heart; who livest and reignest, with the Father and the Holy Ghost, one God, world without end. Amen.

Also the following collects from the Book of Common Prayer will be found useful:

Second and third collects for Good Friday, and collects for the 5th, 15th, and 16th Sundays after Trinity.

A PRAYER FOR UNITY

O GOD, the Father of our Lord Jesus Christ, our only Saviour, the Prince of peace; give us grace seriously to lay to heart the great dangers we are in by our unhappy divisions. Take away all hatred and prejudice and whatsoever else may hinder us from godly union and concord: that, as there is but one Body, and one Spirit, and one hope

of our calling, one Lord, one faith, one baptism, one God and Father of us all, so we may henceforth be all of one heart and of one soul, united in one holy bond of truth and peace, of faith and charity, and may with one mind and one mouth glorify thee; through Jesus Christ our Lord. Amen.

or

O LORD Jesu Christ, who saidst unto thine apostles, Peace I leave with you, my peace I give unto you: regard not our sins but the faith of thy Church; and vouchsafe to grant her peace and unity according to thy will: who livest and reignest, God, world without end. Amen.

FOR THE BISHOP OF THE DIOCESE

O GOD, who rulest over thy people with fatherly love; give the spirit of wisdom to thy servant *N.* our bishop, who has received from thee the authority of government; that the welfare of the flock committed to him may turn to his everlasting joy; through Jesus Christ our Lord. Amen.

FOR THE CLERGY OF THE PARISH

O LORD, who by thy almighty power canst make weakness strong; sanctify and bless the clergy of this parish, that they being made able ministers of the New Testament, may be ensamples to the flock; and, meetly serving at thine altars, truly preaching thy Word, and rightly administering thy holy sacraments, may receive their heavenly reward; through Jesus Christ our Lord. Amen.

For Ordination Candidates

O GOD, who didst command thy disciples, as with fasting they ministered before thee, to separate Barnabas and Saul for the work whereunto thou hadst called them: be now with thy Church as she fasts and prays; and do thou, who knowest the hearts of all men, show unto her those whom thou hast chosen for the work of thy ministry; who livest and reignest, God, for ever and ever. Amen. (*Einsideln Manual for Seminarians.*)

For the Queen

WE beseech thee, almighty God, that thy servant Elizabeth our Queen, whom thou hast given to be our ruler, may receive from thee an increase of all virtues; that, being so endowed she may eschew all sin and iniquity, and by thy grace may, with Philip Duke of Edinburgh, Charles Prince of Wales, and all the royal family, attain to thee, who art the Way, the Truth, and the Life. Through Christ our Lord. Amen.

(*See also the various forms in the Book of Common Prayer.*)

For our Country

ALMIGHTY and everlasting God, who orderest all things in heaven and earth; look down upon our dear country England, once the land of the saints; take from her all hatred and distrust of the Catholic faith; heal all the bitter wounds of controversy; protect the ignorant from false teachers and the learned from self-confidence; that being once more restored to the unity of faith and the bond of peace, we may be as one fold under one shepherd, even Jesus Christ, our Lord. Amen.

For the Heathen

O GOD of all the nations of the earth, remember the multitudes of the heathen, who though created in thine image are perishing in their ignorance; and, according to the propitiation of thy Son Jesus Christ, grant that by the prayers and labours of thy holy Church they may be delivered from all superstition and unbelief, and brought to worship thee; through him whom thou hast sent to be our salvation, the Resurrection and the Life of all the faithful, the same thy Son Jesus Christ our Lord. Amen. (*S. Francis Xavier.*)

or

BEHOLD, O God, our defender, and look upon the face of thine Anointed, who gave himself a ransom for all: and grant, that from the rising of the sun even unto the going down of the same, thy Name may be great among the gentiles, and that in every place a pure oblation may be sacrificed and offered unto thy Name; through the same Christ our Lord. Amen.

For our Parents

O LORD, have mercy upon my father and mother, and bless them, giving them all things needful, whether for soul or body; through Jesus Christ our Lord. Amen.

By a Husband or Wife

ALMIGHTY God, who didst institute in the garden of Eden the sacrament of marriage, bless with happiness our union, and grant that amid all the changes and chances of this mortal life, we may so live together in thy love and fear, that in the end we may meet in thy eternal home; through Jesus Christ our Lord. Amen.

By a Parent

ALMIGHTY God and heavenly Father, I thank thee for the children which thou hast given me; give me also grace to train them in thy faith, fear, and love, that as they advance in years they may grow in grace, and may hereafter be found in the number of thine elect children; through Christ our Lord. Amen.

For the Sick

LOOK with pity, O Lord, upon all who are sick and in pain [especially......]. Teach them to feel that all sickness comes from thy hand; restore them to health when it shall please thee and be best for their souls; for the sake of Jesus Christ, who suffered for us. Amen.

For those whom I have led into Sin

O MERCIFUL God, I pray thee most humbly for all who have sinned against thee through my fault, or to whom I have taught evil by word or action [especially

. . . . . .]. Forgive their sins; and the evil I have caused by my wickedness do thou put away in thy mercy; for thy Son Jesus Christ's sake. Amen.

BEFORE OR DURING A JOURNEY

O GOD, who didst cause the children of Israel to pass dry-shod through the midst of the sea, and who by the leading of a star didst open to the three wise men the way unto thyself; grant to us, we beseech thee, a prosperous journey and fair weather, that attended by thy holy angel we may happily arrive at that place whither we are going, and at last enter the haven of eternal salvation; through Christ our Lord. Amen.

THANKSGIVING FOR A SAFE RETURN AFTER A JOURNEY

ALMIGHTY, everlasting God, who orderest all our days and all our life, grant unto us thy servants the gift of continual peace; and as thou hast brought us back again in safety to our home, do thou ever preserve us in quietness under thy protection, through Christ our Lord. Amen.

A PRAYER TO MY GUARDIAN ANGEL

O MOST Holy Angel of God, appointed by him to be my guardian, I thank thee for all thy care and love bestowed upon me. Keep ever by my side: be at all times about my path and about my bed, and guide me in the narrow way; strengthen me by thy help in my life, and at my death lead me to everlasting life. Amen.

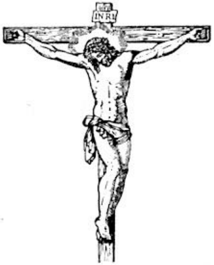
A PRAYER TO MY PATRON SAINT

O BLESSED Saint *N.*, whom I have chosen as my patron: pray to God for me that I may lead a life more in accordance with my Christian calling; that so, enlightened by the grace of God in you, I may obtain the promises of my heavenly reward, through Christ our Lord. Amen.

AT ANY TIME

JESUS! JESUS! Grant that nothing may please me which displeaseth thee; and that nothing may displease me which pleaseth thee. (*Fr. Stanton.*)

PRAYER BEFORE A CRUCIFIX



BEHOLD, O kind and most sweet Jesu, I bow my knee before thee; and, with the most fervent desire of my soul, I pray and beseech thee that thou wouldest impress upon my heart a lively faith, a firm hope, and a true charity, together with a real repentance for my sins and an earnest desire of amendment; whilst with deep affection and grief I contemplate thy five most sacred wounds; having before my eyes that which David in prophecy spake concerning thee: they pierced my hands and my feet; I may tell all my bones.

O SAVIOUR of the world, who by thy cross and precious Blood hast redeemed us: save us and help us, we humbly beseech thee, O Lord.

ACT OF SELF-DEDICATION

TAKE, O Lord, and receive my entire liberty, my memory, my understanding, and my whole will. All that I am, all that I have, thou hast given me, and I give it back to thee, to be henceforth disposed of according to thy good pleasure. Give me only thy love and thy grace, and I am rich enough, nor do I ask anything more.

A PRAYER OF ABANDONMENT

WHAT will befall me this day? My God, I know not. All that I do know is that nothing can befall me which thou hast not foreseen, permitted, or ordained from all eternity. I adore thine eternal and inscrutable designs. I submit to them with all my heart for love of thee; I desire all; I will do all; and I unite this sacrifice with that of Jesus my divine Saviour; asking thee in his Name and by his infinite merits for patience in adversity; and for that perfect submission which is due to all that thou willest or permittest. Amen. (*Mdme. Elizabeth de France.*)

FOR A GOOD DEATH

MY Lord and my God, from this moment I accept with all my heart, from thy hands and with lowly submission, the kind of death, whatever it may be, which it shall please thee to send me, with all the agony, all the pain and all the suffering, to thy glory and praise.

A GENERAL THANKSGIVING TO GOD FOR HIS MERCIES

ALMIGHTY God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us, and to all men; [particularly to those who desire now to offer up their praises and thanksgivings for thy late mercies vouchsafed unto them]. We bless thee for our creation, preservation, and all the blessings of this life; but above all, for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we shew forth thy praise, not only with our lips, but in our lives; by giving up ourselves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

Also the "Divine Praises," (*p.* 21).

The Stations of the Cross

THE origin of the devotion of the Stations of the Cross can be traced back to the earliest days of Christianity. Who can doubt that after the Ascension of her divine Son, the blessed Virgin would often visit the places consecrated by his presence, and especially the *Via Crucis* from Jerusalemto Calvary; or that the early Christians venerated the places which were the scenes of their beloved Master's sufferings and death?

S. Jerome relates that early in the fourth century pilgrims came from far to visit the sacred ground; and history has told us how S. Helena discovered the true Cross A.D. 325. Since then the stream of pilgrims has been continuous.

In consequence of the difficulties of visiting the Way of the Cross after the conquest of Palestine by the Mohammedans, the Pope authorised the devotion of the Stations, in order that Christians throughout the world might be encouraged to commemorate, in their churches or homes, the last sad scenes of our blessed Lord's life, who suffered "for us men and for our salvation."

It is customary for catholics to make the Way of the Cross in church privately, using the customary prayers, on Wednesdays and Fridays, especially during Lent. In many churches the devotion is publicly conducted by a priest, in the following or similar form.

N.B. Neither the meditations at the various stations as given in this form, nor the phrasing of the Act of Contrition, are of prescribed form. The former may be, and indeed generally are, varied on each occasion; and a shorter Act of Contrition is very frequently used. All that is authoritatively required is that the priest should read aloud a meditation on the station, followed by a *Pater* or *Ave*, and an Act of Contrition. Neither for the meditation nor for the Act of Contrition is any special formula required.

The priest, with crucifer and two taperers, kneeling before the altar, may say:

O JESUS, our adorable Saviour, behold us prostrate at thy feet, imploring thy mercy for ourselves and for the souls of all the faithful departed. Vouchsafe to apply to us the infinite merits of thy passion, on which we are now about to meditate. Grant that, while we trace this path of sighs and tears, our hearts may be so touched with contrition and repentance that we may be ready to embrace with joy all the crosses and sufferings and humiliations of this our life and pilgrimage. ℟. Amen.

Then the priest continues:

℣. O Lord, open thou our lips;

℟. And our mouth shall show forth thy praise.

℣. O God, make speed to save us;

℟. O Lord, make haste to help us.

℣. Glory be to the Father, and to the Son: and to the Holy Ghost;

℟. As it was in the beginning, is now, and ever shall be: world without end. Amen.

Then the procession moves on (*the people following after the priest*).

This verse may be said or sung (*as also between the Stations*):

From pain to pain, from woe to woe,
With loving hearts and footsteps slow
To Calvary with Christ we go.
See how his precious Blood
At every Station flows;
Was ever grief like his?
Was ever sin like ours?

At each Station the priest announces the title, and the following ℣. *and* ℟. *are said, all making a genuflexion.*

℣. We adore thee, O Christ, and we bless thee:

℟. Because by thy holy cross thou hast redeemed the world.

(*The Act of Contrition, etc., may be said standing or kneeling, but the genuflexion should never be omitted.*)

FIRST STATION

JESUS IS CONDEMNED TO DEATH

℣. We adore thee, etc. ℟. Because, etc.

Priest

LEAVING the house of Caiaphas where he has been blasphemed, and the house of Herod where he has been mocked, Jesus is dragged before Pilate, his back torn with scourges, his head crowned with thorns; and he, who on the last day will judge the living and the dead, is himself condemned to a shameful death.

It was for us that thou didst suffer, O blessed Jesus; it was for our sins thou wast condemned to die. O grant that we may detest them from the bottom of our hearts, and by this repentance obtain thy mercy and pardon.

Act of Contrition

O GOD, we love thee with our whole hearts and above all things, and are heartily sorry that we have offended thee. May we never offend thee any more. O may we love thee without ceasing, and make it our delight to do in all things thy most holy will.

Our Father. Hail Mary. Glory be.

℣. Have mercy upon us, O Lord.

℟. Have mercy upon us.

℣. May the souls of the faithful, through the mercy of God, rest in peace. ℟. Amen.

[*This Act of Contrition is repeated after each Station.*]

Between each Station a verse of the hymn Stabat Mater (*as here given*) *is often sung. Or some other hymn or verse may be chosen.*

At the cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus at the last.

SECOND STATION

JESUS RECEIVES THE CROSS

℣. We adore thee, etc. ℟. Because, etc.

Priest

A HEAVY cross is laid upon the bruised shoulders of Jesus. He receives it with meekness, nay, with a secret joy, for it is the instrument with which he is to redeem the world.

O Jesus! grant us by virtue of thy cross, to embrace with meekness and cheerful submission the difficulties of our state, and to be ever ready to take up our cross and follow thee.

Act of Contrition, *etc.*, *as before.*

Through her soul of joy bereaved,
Bowed with anguish, deeply grieved,
Now at length the sword hath passed.

THIRD STATION

JESUS FALLS THE FIRST TIME UNDER THE WEIGHT OF THE CROSS

℣. We adore thee, etc. ℟. Because, etc.

Priest

BOWED down under the weight of the cross Jesus slowly sets forth on the way to Calvary, amidst the mockeries and insults of the crowd. His agony in the garden has exhausted his body; he is sore with blows and wounds; his strength fails him; he falls to the ground under the cross.

O Jesus! who for our sins didst bear the heavy burden of the cross, and fall under its weight, may the thoughts of thy sufferings make us watchful over ourselves, and save us from any grievous fall into sin.

Act of Contrition, *etc.*, *as before.*

O that blessed one, grief-laden,
Blessed Mother, blessed Maiden,
Mother of the all-holy One.

FOURTH STATION

JESUS IS MET BY HIS BLESSED MOTHER

℣. We adore thee, etc. ℟. Because, etc.

Priest

STILL burdened with his cross, and wounded yet more by his fall, Jesus proceeds on his way. He is met by his holy Mother. What a meeting that must be! What a sword of anguish must pierce that Mother's bosom! What must be the compassion of that Son for his holy Mother!

O Jesus! by the compassion which thou didst feel for thy Mother, have compassion on us, and give us a share in her intercession. O Mary, most afflicted Mother! intercede for us, that through the sufferings of thy Son we may be delivered from the wrath to come.

Act of Contrition, *etc.*, *as before.*

O that silent, ceaseless mourning,
O those dim eyes, never turning
From that wondrous, suffering Son.

FIFTH STATION

THE CROSS IS LAID UPON SIMON OF CYRENE

℣. We adore thee, etc. ℟. Because, etc.

Priest

AS the strength of Jesus fails, and he is unable to proceed, the executioners seize and compel Simon of Cyrene to carry his cross. The virtue of that cross changes Simon's heart, and from a compulsory task it becomes a privilege and a joy.

O Lord Jesus! may it also be our privilege to bear thy cross; may we glory in nothing else; by it may the world be crucified unto us, and we unto the world; may we never shrink from suffering, but rejoice rather if we may be counted worthy to suffer for thy Name's sake.

Act of Contrition, etc., *as before.*

Who on Christ's dear Mother gazing,
In her trouble so amazing,
Born of woman, would not weep?

SIXTH STATION

THE FACE OF JESUS IS WIPED BY VERONICA

℣. We adore thee, etc. ℟. Because, etc.

Priest

AS Jesus proceeds on the way, covered with the sweat of death, a woman, moved with compassion, makes her way through the crowd, and wipes his face with her veil. As a reward of her piety, the impression of his sacred countenance is miraculously imprinted upon the veil.

O Jesus! may the contemplation of thy sufferings move us with the deepest compassion; make us to hate our sins, and kindle in our hearts more fervent love to thee. May thy image be graven on our minds, until we are transformed into thy likeness.

Act of Contrition, etc., *as before.*

Who on Christ's dear Mother thinking.
Such a cup of sorrow drinking,
Would not share her sorrow deep?

SEVENTH STATION

JESUS FALLS A SECOND TIME

℣. We adore thee, etc. ℟. Because, etc.

Priest

THE pain of his wounds and the loss of blood increasing at every step of his way, his strength again fails him, and Jesus falls to the ground a second time.

O Jesus! falling again under the burden of our sins and of thy sufferings for our sins, how often have we grieved thee by our repeated falls into sin! Oh, may we rather die than ever offend thee again!

Act of Contrition, etc., *as before.*

For his people's sins, in anguish,
There she saw the Victim languish,
Bleed in torments, bleed and die.

EIGHTH STATION

THE WOMEN OF JERUSALEM MOURN FOR OUR LORD

℣. We adore thee, etc. ℟. Because, etc.

Priest

AT the sight of the sufferings of Jesus, some holy women in the crowd were so touched with sympathy that they openly bewailed and lamented him. Jesus, knowing the things that were to come to pass upon Jerusalem because of their rejection of him, turned to them, and said, "Daughters of Jerusalem, weep not for me, but weep for yourselves and for your children."

O Lord Jesus, we mourn, and will mourn, both for thee and for ourselves; for thy

sufferings, and for our sins which caused them. Oh, teach us so to mourn, that we may be comforted, and escape those dreadful judgments prepared for all who neglect or reject thee in this life.

Act of Contrition, etc., *as before.*

Saw the Lord's Anointed taken;
Saw her Child in death forsaken;
Heard his last expiring cry.

NINTH STATION

JESUS FALLS A THIRD TIME UNDER THE CROSS

℣. We adore thee, etc. ℟. Because, etc.

Priest

JESUS has now arrived almost at the summit of Calvary; but before he reaches the spot where he is to be crucified, his strength again fails him, and he falls the third time, to be again dragged up, and goaded onward by the brutal soldiery.

O Lord Jesus, we entreat thee, by the merits of this thy third most painful fall, to pardon our frequent relapses and our long continuance in sin; and may the thought of these thy sufferings make us hate our sins more and more.

Act of Contrition, etc., *as before.*

In the Passion of my Maker,
Be my sinful soul partaker,
May I bear with her my part.

TENTH STATION

JESUS IS STRIPPED OF HIS GARMENTS

℣. We adore thee, etc. ℟. Because, etc.

Priest

ARRIVED at last at the place of sacrifice, they prepare to crucify him. His garments are torn from his bleeding body, and he, the Holy of holies, stands exposed to the vulgar gaze of the rude and scoffing multitude.

O Lord Jesus, thou didst endure this shame for our most shameful deeds. Strip us, we beseech thee, of all false shame, conceit, and pride; and make us so to humble ourselves voluntarily in this life, that we may escape everlasting shame in the world to come.

Act of Contrition, etc., *as before.*

Of his Passion bear the token,
In a spirit bowed and broken
Bear his death within my heart.

ELEVENTH STATION

JESUS IS NAILED TO THE CROSS

℣. We adore thee, etc. ℟. Because, etc.

Priest

THE cross is laid upon the ground, and Jesus is stretched upon his bed of death. At one and the same time he offers his bruised limbs to his heavenly Father on behalf of sinful man, and to his fierce executioners to be nailed by them to the shameful wood. The blows are struck! The blood gushes forth!

O Jesus, nailed to the cross! fasten our hearts there also, that they may be united to thee, until death shall strike us with its fatal blow and, with our last breath, we shall have yielded up our souls to thee.

Act of Contrition, etc., *as before.*

May his wounds both wound and heal me,
He enkindle, cleanse, anneal me:
Be his cross my hope and stay.

TWELFTH STATION

JESUS DIES UPON THE CROSS

℣. We adore thee, etc. ℟. Because, etc.

Priest

FOR three long hours has Jesus hung upon his pierced hands; his blood has run in streams down his body, and bedewed the ground; and, in the midst of excruciating sufferings, he has pardoned his murderers, promised the bliss of Paradise to the good thief, and committed his blessed Mother and beloved disciple to each other's care. All is now finished; and meekly bowing down his head, he gives up the ghost.

O Jesus! we devoutly embrace that honoured cross whereon thou didst love us even unto death. In that death we place all our confidence. Henceforth let us live only for thee, and in dying for thee let us die loving thee, and in thy sacred arms.

Act of Contrition, etc., *as before.*

May he, when the mountains quiver,
From that flame which burns for ever
Shield me on the judgment day.

THIRTEENTH STATION

JESUS IS LAID IN THE ARMS OF HIS SACRED MOTHER

℣. We adore thee, etc. ℟. Because, etc.

Priest

THE multitudes have left the heights of Calvary, and none remain save the beloved disciple and the holy women, who at the foot of the cross are striving to stem the grief of Christ's inconsolable Mother. Joseph of Arimathea and Nicodemus take down the body of her divine Son from the cross, and place it in her arms.

O Mary, blessed Mother of my God, thou bearest in thine arms thine only Son, now dead, who often rested his head in sleep upon thy breast. Pray for us, that, as thou holdest him lifeless in death, he may bear us up in the hour of our death in his everlasting arms.

Act of Contrition, etc., *as before.*

Jesu, may thy cross defend me,
And thy saving death befriend me,
Cherished by thy deathless grace.

FOURTEENTH STATION

JESUS IS LAID IN THE SEPULCHRE

℣. We adore thee, etc. ℟. Because, etc.

Priest

THE Body of her dearly-beloved Son is taken from his Mother, and laid by the disciples in the tomb. The tomb is closed, and there the lifeless body remains until the hour of its glorious resurrection.

We too, O God, shall descend into the grave, whenever it shall please thee, as it shall please thee, and wheresoever it shall please thee. Suffer our sinful bodies to return to their parent dust, but do thou, in thy great mercy, receive our immortal souls; and, when our bodies have risen again, place them likewise in thy kingdom, that we may love and bless thee for ever and ever.

Act of Contrition, etc., *as before.*

When to dust my dust returneth,
Grant a soul that to thee yearneth
In thy paradise a place.

Then, before the altar, the following antiphon and prayer are said:

Ant. Christ for us became obedient unto death, even the death of the cross.

Let us pray

ALMIGHTY God, we beseech thee graciously to behold this thy family, for which our Lord Jesus Christ was contented to be betrayed, and given up into the hands of wicked men, and to suffer death upon the cross; who now liveth and reigneth with thee,

in the unity of the Holy Ghost, one God, world without end. *Amen.*

The Blessing

MAY our Lord and Saviour Jesus Christ, who for us was scourged, loaded with his cross, and crucified, ✠ bless us and keep us for evermore. *Amen.*

Devotions to our Blessed Lord

LITANY OF THE HOLY NAME OF JESUS

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Jesus, hear us:
Jesus, graciously hear us.

O GOD the Father, of Heaven,
O God the Son, Redeemer of the world,
O God the Holy Ghost,
O Holy Trinity, One God,

Jesus, Son of the living God,
Jesus, Splendour of the Father,
Jesus, Brightness of eternal Light,
Jesus, King of Glory,
Jesus, Sun of Justice,
Jesus, Son of the Virgin Mary,
Jesus, most amiable,
Jesus, most admirable,
Jesus, mighty God,
Jesus, Father of the world to come,
Jesus, Angel of great counsel,
Jesus, most powerful,
Jesus, most patient,
Jesus, most obedient,

Have mercy upon us.

Jesus, meek and humble of heart,
Jesus, lover of chastity,
Jesus, lover of us,
Jesus, God of peace,
Jesus, author of life,
Jesus, Example of virtues,
Jesus, zealous Lover of souls,
Jesus, our God,
Jesus, our Refuge,
Jesus, Father of the poor,
Jesus, Treasure of the faithful,
Jesus, good Shepherd,
Jesus, true Light,
Jesus, eternal Wisdom,
Jesus, infinite Goodness,
Jesus, our Way, and our Life,
Jesus, Joy of angels,
Jesus, King of patriarchs,
Jesus, Master of apostles,
Jesus, Teacher of evangelists,
Jesus, Strength of martyrs,
Jesus, Light of confessors,
Jesus, Purity of virgins,
Jesus, Crown of all saints,

Have mercy upon us.

Be merciful,
Spare us, O Jesus.

Be merciful,
Graciously hear us, O Jesus.

From all evil,
From all sin,
From thy wrath,
From the snares of the devil,
From the spirit of uncleanness,
From everlasting death,
From neglect of thy inspirations,
By the mystery of thy holy incarnation,
By thy nativity,
By thine infancy,
By thy most divine life,
By thy labours,
By thine agony and passion,
By thy cross and abandonment,
By thy faintness and weariness,
By thy death and burial,
By thy resurrection,
By thine ascension,
By thine institution of the most holy Eucharist,
By thy joys,
By thy glory,
Jesus, deliver us.

O Lamb of God, that takest away the sins of the world, *Spare us, O Jesus.*

O Lamb of God, that takest away the sins of the world, *Graciously hear us, O Jesus.*

O Lamb of God, that takest away the sins of the world, *Have mercy upon us, O Jesus.*

Jesus, hear us. *Graciously hear us, O Jesus.*

Let us pray

O LORD, Jesus Christ, who hast said: Ask and ye shall receive; seek and ye shall find; knock and it shall be opened unto you; grant, we beseech thee, to us who ask, the gift of thy most divine love, that we may ever love thee with all our hearts, words and works, and never cease to praise thee.

O Lord, who never failest to help and govern them whom thou dost bring up in thy steadfast fear and love: keep us, we beseech thee, under the protection of thy good providence, and make us to have a perpetual fear and love of thy holy Name; who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

The Holy Name of Jesus

JESU! the very thought of thee
With sweetness fills my breast;
But sweeter far thy face to see,
And in thy presence rest.

Nor voice can sing, nor heart can frame,
Nor can the memory find
A sweeter sound than thy blest Name,
O Saviour of mankind!

O hope of every contrite heart,
O joy of all the meek,
To those who fall, how kind thou art!
How good to those who seek!

But what to those who find? Ah! this
Nor tongue nor pen can show;
The love of Jesus, what it is,
None but his loved ones know.

Jesu, our only joy be thou,
As thou our prize wilt be:
Jesu, be all our glory now,
And through eternity.

LITANY TO THE SACRED HEART OF JESUS

Lord, have mercy upon us,
Christ, have mercy upon us,
Lord, have mercy upon us,

O Christ, hear us,
O Christ, graciously hear us.

O GOD the Father, of heaven,
O God the Son, Redeemer of the world,
O God the Holy Ghost,
O Holy Trinity, one God,

Heart of Jesus, Son of the eternal Father,
Heart of Jesus, formed by the Holy Ghost in the womb of the Virgin Mary,
Heart of Jesus, united in substance with the Word of God,
Heart of Jesus, of infinite majesty,
Heart of Jesus, holy temple of God,
Heart of Jesus, tabernacle of the Most High,
Heart of Jesus, House of God and Gate of heaven,
Heart of Jesus, glowing furnace of charity,
Heart of Jesus, abode of justice and love,
Heart of Jesus, full of kindness and love,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, in whom are all the treasures of wisdom and knowledge,
Heart of Jesus, King and centre of all hearts,

Have mercy upon us.

Heart of Jesus, in whom dwelleth all the fulness of the Godhead,
Heart of Jesus, in whom the Father was well pleased,
Heart of Jesus, of whose fulness we all have received,
Heart of Jesus, Desire of the everlasting hills,
Heart of Jesus, patient and of great mercy,
Heart of Jesus, rich unto all that call upon thee,
Heart of Jesus, fount of life and holiness,
Heart of Jesus, propitiation for our sins,
Heart of Jesus, overwhelmed with reproaches,
Heart of Jesus, wounded for our transgressions,
Heart of Jesus, made obedient unto death,
Heart of Jesus, pierced by the spear,
Heart of Jesus, fount of all consolation,
Heart of Jesus, our life and our resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, Victim of sinners,
Heart of Jesus, salvation of those who hope in thee,

Have mercy upon us.

Heart of Jesus, hope of those who die in thee,
Heart of Jesus, joy of all the Saints,

O Lamb of God, that takest away the sins of the world, *Spare us, O Lord.*
O Lamb of God, that takest away the sins of the world, *Graciously hear us, O Lord.*
O Lamb of God, that takest away the sins of the world, *Have mercy upon us.*

℣. Jesus, meek and lowly of Heart;
℟. Make our hearts like unto thy Heart.

Let us pray

ALMIGHTY and everlasting God, look upon the Heart of thy well-beloved Son, and upon the praise and satisfaction which he rendered to thee on behalf of sinners; and being thus appeased, grant them the pardon which they seek from thy mercy, in the Name of the same thy Son, Jesus Christ: who liveth and reigneth with thee, in the unity of the Holy Ghost, one God, world without end. Amen.

To the Sacred Heart of Jesus

(*S. Gertrude*)

O SACRED Heart of Jesus! living and life-giving fountain of eternal life, infinite treasure of the divinity, glowing furnace of love! Thou art my refuge and my sanctuary. O my adorable and loving Saviour! consume my heart with that fire wherewith thine is ever inflamed; pour down on my soul those graces which flow from thy love; and let my heart be so united with thine that my will may be conformed to thine in all things. Amen.

AN ACT OF CONSECRATION TO THE SACRED HEART OF JESUS

O MOST Loving Lord Jesus, who dost invite me to give thee my heart, and hast commanded me to love thee with my whole soul; I most earnestly desire to do thy will. For whom have I in heaven but thee? and there is none upon earth that I desire in comparison of thee. For thee my heart and flesh faileth; thou art the God of my strength and my portion for ever. Thou art the fount of all love; and thy banner over me is love. Thou hast thought of me from all eternity; thou hast created me, and redeemed me, and dost guard and keep me day by day. O most loving Lord, can it be that such wonderful love should not move me to such poor return as I can make thee? Yes, Lord, I will love thee, because thou didst first love me. I will

try to love thee as thou has commanded, with all my heart, with all my mind, with all my soul, and with all my strength. I would that henceforth neither tribulation, nor distress, nor persecution, nor life, nor death, nor any created thing should separate me from thee. Quench then in me, by thy Holy Spirit, all love of the world and of myself; enable me to bear thy sweet yoke, that I may learn of thee to be meek and lowly of heart. Make me realise my own nothingness, that I may learn to esteem others better than myself. O meek and humble Heart of my Jesus! O Heart of love, teach me to love thee now and through all eternity. Amen.

ANOTHER ACT OF CONSECRATION TO THE SACRED HEART OF JESUS

Used on the Feast of Christ the King

O JESUS, most gracious Redeemer of mankind, look upon us bowed in humble supplication at thine altar. Thine we are, and thine we would ever be. Today we desire to make that union still closer, dedicated, each of us, by a free choice to the service of thy most sacred Heart.

Many souls there are that never knew thee; many have despised thy teaching and neglected thee: have mercy, O Jesus, who art so rich in mercy, both on these and those; and let thy sacred Heart gather them all in. Be king, O Lord, not only over the faithful who have never wandered from home, but over the prodigal sons who have parted from thee; make them return with all speed to their Father's house, lest they perish through want and bitterness of soul. Be king over those who have been led astray by false teaching, or are divided from us by schism, bringing them back within the sheltering walls of thy truth, and the unity of faith, that soon there may be one fold and one shepherd. Be king over those, also, who are sunk in the superstition of the gentiles, or who follow the doctrine of the False Prophet, forbearing not to bring them too into the light and kingdom of God. Look down in mercy upon that race which once was called thy chosen people; and whereas of old they did accept the guilt of our Saviour's precious blood, may that blood now wash away their sins and bring them to eternal life.

Grant safety, O Lord, and abiding liberty to thy Church; grant to all nations peace in the observance of due order. Praise to the divine Heart by which our salvation was achieved; glory and honour be given to it, now and world without end. Amen.

A MORNING OFFERING TO THE SACRED HEART

O MY God, through the most pure heart of Mary, I offer thee this day my thoughts, words and deeds, for all the intentions of the Sacred Heart of Jesus, especially......

O SACRED Heart of Jesus, I love thee, and wish to love thee more and more.

O Jesus, meek and humble of heart, make our hearts like unto thy Heart.

O Sacred Heart of Jesus, mayest thou be known, loved, and worshipped throughout the whole world.

A HYMN TO THE SACRED HEART OF JESUS

O SACRED Heart!
Our home lies deep in thee;
On earth thou art an exile's rest,
In heaven the glory of the blest,
O Sacred Heart!

O Sacred Heart!
Thou fount of contrite tears,
Where'er those living waters flow,
New life to sinners they bestow,
O Sacred Heart!

O Sacred Heart!
Bless our dear native land.
May England's sons to truth e'er stand
With faith's bright banner still in hand,
O Sacred Heart!

O Sacred Heart!
Our trust is all in thee;
For though earth's night be dark and drear,
Thou breathest rest where thou art near,
O Sacred Heart!

O Sacred Heart!
When shades of death shall fall,
Receive us 'neath thy gentle care,
And save us from the tempter's snare!
O Sacred Heart!

O Sacred Heart!
Lead exiled children home
Where we may ever rest near thee,
In peace and joy eternally,
O Sacred Heart!

DEVOTIONS TO THE PRECIOUS BLOOD OF JESUS

PRAYERS ON THE SEVEN SHEDDINGS OF THE PRECIOUS BLOOD, WITH REFERENCE TO THE SEVEN CAPITAL SINS

I. *Sloth*

HAIL, most Precious Blood, pouring in great drops from the body of my Saviour when praying in Gethsemane.

O most gracious Jesus, by thine agony and bloody sweat, forgive me the many and grievous sins which I have committed by sloth and idleness. Plant in my heart the virtue of diligence in all my work, spiritual and temporal, that I may work whilst it is called today; also fervour of devotion that I may pray without ceasing; and let me have such zeal towards thee as thou hadst for thy Father's house. Amen.

II. *Anger*

HAIL, most Precious Blood, which flowed from the sacred body of my Redeemer when, bound to the pillar, he was bruised for our iniquities in the scourging.

O most patient Jesus, by the virtue of thy most holy Blood, by thy meekness and patience, forgive all my many sins committed through anger, malice, or desire of revenge. Grant unto me the virtues of charity, meekness, forbearance, and long-suffering, that being more like thee, I may for love of thee endure all things which my God in his fatherly correction may see fit to inflict. Amen.

III. *Pride*

HAIL, most Precious Blood, flowing from the sacred head of my Saviour when, having clothed him with purple, the rude soldiers crowned him in mockery with thorns.

O most patient Son of God, King of heaven and earth, I adore and thank thee for thy great humility; and humbly beseech thee to pardon all the sins I have committed through pride and vain-glory. Grant to me the virtue of true humility, that I may never murmur if I am despised and counted as nothing, but be willing to share with thee the royalty of suffering. Amen.

IV. *Gluttony*

HAIL, most Precious Blood of my Redeemer, shed on his way to Mount Calvary, bearing the heavy cross on his bruised and wounded shoulders.

O my dear Lord, forgive me all my many sins of gluttony. Grant that I may keep under my body and bring it into subjection; give me the virtues of temperance, soberness, and Christian abstinence, that so taking up my cross and following thee, I may be more fit to receive the reward of a faithful Christian. Amen.

V. *Covetousness*

HAIL, most Precious Blood of my Saviour, flowing so fast from his precious wounds when stripped on Mount Calvary.

O suffering Jesus, forgive all my sins of avarice and excessive love of earthly things. Grant me grace to be poor in spirit, to renounce the pomps and vanities of this sinful world, and to count all things as loss that I may win thee, so that although poor in temporal things I may possess the fine riches that are stored in the heavenly treasury. Amen.

VI. *Envy*

HAIL, Precious Blood of my Redeemer, which flowed from his sacred wounds, when the soldiers pierced his hands and his feet by nailing him to the cross.

O most loving and dearly beloved Jesus, forgive me all the sins I have committed by indulging in envy, hatred, and malice, and all uncharitableness. Grant that I may love my neighbour as myself, and forgive all others their offences against me, as thou thyself hast forgiven me. Amen.

VII. *Lust*

HAIL, most Precious Blood, which flowed from the sacred Heart of my Saviour when, hanging upon the cross, a soldier with a spear pierced his side.

Pardon, my God, all my grievous sins of the flesh, committed in thought, word, or deed. Grant to me that purity of heart without which no one can see thee; mortify and kill all vices in me; and so keep and defend me from all unlawful conversation, all evil and impure thoughts, all wicked deeds, that I may worthily serve thee in body and soul. Amen.

HYMN TO THE PRECIOUS BLOOD

HAIL, Jesus! hail! Who for my sake
Sweet Blood from Mary's veins didst take,
And shed it all for me!
O blessed be my Saviour's blood!
My life, my light, my only good,
To all eternity.

To endless ages let us praise
The Precious Blood, whose price could raise
The world from wrath and sin;
Whose streams our inward thirst appease,
And heal the sinner's worst disease,
If he but bathe therein.

O sweetest Blood, that can implore
Pardon of God, and heaven restore,
The heaven which sin had lost;
While Abel's blood for vengeance pleads,
What Jesus shed still intercedes
For those who wrong him most.

O to be sprinkled from the wells
Of Christ's own sacred Blood, excels
Earth's best and highest bliss;
The ministers of wrath divine
Hurt not the happy hearts that shine
With those red drops of his.

Ah! there is joy amid the saints,
And hell's despairing courage faints,
When this sweet song we raise:
O louder then, and louder still,
Earth with one mighty chorus fill,
The Precious Blood to praise!

Devotions to the Holy Ghost

LITANIES

(I) OF THE HOLY GHOST

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.
O Christ, hear us.
O Christ, graciously hear us.

O GOD the Father, of heaven,
O God the Son, Redeemer of the world,
O God the Holy Ghost,
O Holy Trinity, one God,
Holy Ghost, who proceedest from, and art co-equal with, the Father and the Son,
Promise of the Father, and Gift of the Most High,
Consuming Fire,
Spiritual Unction,
Spirit of Wisdom and Understanding,
Spirit of Counsel and Strength,
Spirit of Knowledge and Godliness,
Spirit of the Fear of the Lord,
Spirit of love, joy, and peace,
Spirit of long-suffering, gentleness, and goodness,

Have mercy upon us.

Spirit of truth, meekness, and patience,
Spirit of modesty, temperance, and chastity,
Spirit of compunction and of penance,
Spirit of grace and of supplication,
Spirit of discipline,
Spirit of adoption of the sons of God,
Holy Ghost, the Comforter,
Holy Ghost, the Sanctifier,

Have mercy upon us.

Be merciful, *Spare us, Holy Ghost.*
Be merciful, *Graciously hear us, Holy Ghost.*

From all sin, and from all evil,
From the crafts and assaults of the devil,
From uncleanness of mind and body,
From every evil spirit,
By thine eternal procession from the Father and the Son,
By thy working at the creation,
By thine inspiration of the prophets,
By thy descent upon the Mother of God at the Lord's incarnation,
By thy descent upon the Lord at his baptism,
By thy descent upon the blessed Virgin and the apostles at Pentecost,
By thy continual abiding in the Church,
By thy grace and pity,
In the Day of Judgment,

Holy Ghost, deliver us.

We sinners: *beseech thee to hear us,*
That it may please thee to shed abroad
  thy light and love in our hearts,
That it may please thee to open upon us
  the treasures of thy grace,
That it may please thee to teach us to
  ask for them according to thy will,
That it may please thee to teach us to
  pray, and thyself to pray within us,
That we may not grieve thee nor do thee
  despite,
That remembering our bodies are thy
  temples, we may take heed not to
  defile them,
That it may please thee to lead us into
  all truth,
That it may please thee to pour thy
  peace upon the whole Church,
Holy Ghost.
We beseech thee to hear us.

O Lamb of God, that takest away the sins of the world, *Pour out upon us the Holy Ghost.*

O Lamb of God, that takest away the sins of the world, *Send forth upon us the promised Spirit of the Father.*

O Lamb of God, that takest away the sins of the world, *Grant to us the Spirit of Peace.*

O Christ, hear us,
O Christ, graciously hear us.

℣. Send forth thy Spirit, and they shall be made:

℟. And thou shalt renew the face of the earth.

Let us pray

GRANT, O merciful Father, that thy divine Spirit may enlighten, inflame, and cleanse our hearts, that he may shed on us his heavenly dew, and make us fruitful in good works.

Kindle, O Lord, our reins and our hearts with the fire of the Holy Ghost, that we may serve thee with clean bodies, and please thee with pure hearts.

O Lord, we beseech thee, let the power of the Holy Ghost be nigh unto us, whereby our hearts may be mercifully cleansed and kept free from all adversities; through Christ our Lord. Amen.

(2) OF THE SPIRIT OF LIFE

Lord, have mercy upon us,
Christ, have mercy upon us,
Lord, have mercy upon us.

O God, make speed to save us;
O Lord, make haste to help us.

SPIRIT of the Lord, we beseech thee to rest upon us;
Spirit of Wisdom and Understanding;
Spirit of Counsel and Might;
Spirit of Knowledge and of the Fear of the Lord;

Make us spiritual in the fear of the Lord.

Let us pray

O GOD, we beseech thee to grant unto us, that the law of the Spirit of Life in Christ Jesus so reign in us, that we may be free from the law of sin and death. Amen.

O GOD, who knowing that the law was weak through the flesh, hast sent thine own Son in the likeness of sinful flesh, and as an Offering for sin, condemning sin in the flesh; grant unto us that we so walk after the Spirit, that the requirements of the law be fulfilled in us. Amen.

WALKING after the Spirit, may we find the things of the Spirit; for to be spiritually-minded is life and peace, and being subject unto thy law, O God, we shall please thee. Amen.

SPIRIT of God, dwell thou in us, that so we may be in the Spirit. Amen.

SPIRIT of God, do thou so possess us, that we may indeed be his. Amen.

O CHRIST, be thou in us, that the body being dead because of sin, the spirit may be alive because of righteousness. Amen.

SPIRIT of him that raised up Christ Jesus from the dead, we beseech thee to dwell in us. Amen.

O GOD, who hast raised up Christ Jesus from the dead, grant unto us that our mortal bodies also may be quickened through thy spirit dwelling in us. Amen.

SPIRIT of God, may we truly be led by thee, that we may indeed be the sons of God. Amen.

ABBA, Father, we who have received the spirit of adoption, cry unto thee; give us thy Holy Spirit more and more. Amen.

HOLY SPIRIT, come down upon thy children, and teach us what we shall say unto thee; for we cannot order our speech by reason of darkness. Amen.

BLESSED SPIRIT, who thyself bearest witness with our spirit that we are children of God, heirs of God, and joint heirs with

Christ, teach us so to suffer with him, that with him we also may be glorified. Amen.

Our Father, etc.

℣. O God, make clean our hearts within us;
℟. And take not thy Holy Spirit from us.

(3) OF THE SPIRIT OF TRUTH

Lord, have mercy upon us.
Christ, have mercy upon us,
Lord, have mercy upon us,

O God, make speed to save us;
O Lord, make haste to help us.

O LORD Jesus Christ, as thou hast testified unto thy Church that even now it is the last time; from the many antichrists arisen,
Deliver her children, O Jesus.

From the doctrine of those who, going out from her, have made it manifest that they are not of her,
Deliver her children, O Jesus.

By the Anointing which we have from thee, whereby we know all things,
Deliver her children, O Jesus.

By the knowledge of the Truth, and that no lie is of the truth,
Deliver her children, O Jesus.

From fellowship with antichrist, even whosoever denieth that Jesus is the Christ,
Graciously preserve us.

From fellowship with antichrist, even whosoever confesseth not Jesus Christ coming in the flesh.
Graciously preserve us.

From fellowship with antichrist, even whosoever denieth the Father and the Son,
Graciously preserve us.

From fellowship with whosoever leadeth onward and abideth not in the teaching of Christ,
Graciously preserve us.

By confession of thee, and of the Father,
Deliver us, O Jesus.

May that therefore abide in us which we have heard from the beginning, so that we may abide in thee, and in the Father,
Through the grace of the Anointing, O Holy One of God.

That we thus hold fast the promise which thou hast promised us, even the life eternal,
Through the grace of the Anointing, O Holy One of God.

That we heed the warning that is written concerning those who would lead us astray,
Through the grace of the Anointing, O Holy One of God.

Yea, as the Anointing teacheth us all things, and is true, and is no lie; even as it taught us, that we so abide in thee,
Hear us, and keep us, O Holy One of God.

And now we beseech thee, that as faithful little children of thy holy Church we may so abide in thee, that when thou art made manifest, those who have been to us as fathers in thee may have boldness, and not be ashamed before thee at thy coming.
Hear us, and keep us, O Holy One of God.

For thou art righteous, and every one that doeth righteousness is begotten of thee.
Amen. Alleluia. O Holy One of God.

Our Father, etc.

℣. The truth abideth in us, and shall be with us for ever.

℟. Grace, mercy and peace shall be with us, from God the Father, and from Jesus Christ the Son of the Father, in truth and love.

(4) Of the Spirit of Holiness

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Establish us with thy free Spirit,
And take not thy Holy Spirit from us.

O THOU who hast said that they who walk by the Spirit shall not fulfil the lusts of the flesh; from all works of the flesh, by the power of thy blessed Spirit, we beseech thee to deliver us,
Preserve and deliver us, O God.

From fornication, uncleanness, and lasciviousness,
Preserve and deliver us, O God.

From enmities, strife, and jealousies,
Preserve and deliver us, O God.

From wrath, factions, and divisions and heresies,

Preserve and deliver us, O God.

From envyings, drunkenness, revellings, and such like,

Preserve and deliver us, O God.

And by the warning of thy Spirit in thy holy Word, that they who practise such things shall not inherit thy kingdom,

We beseech thee to preserve and to deliver us, O our God.

Let thy loving Spirit lead us forth into the land of righteousness.

And by the coming of the Holy Ghost, Good Lord, deliver us.

Blessed Spirit of Love,
Blessed Spirit of Joy,
Blessed Spirit of Peace,
Blessed Spirit of Long-suffering
Blessed Spirit of Gentleness,
Blessed Spirit of Goodness,
Blessed Spirit of Faithfulness,
Blessed Spirit of Meekness,
Blessed Spirit of Temperance,

Mature thy fruit in us.

And may it please thee, O Lord, to give to all thy people increase of grace to bring forth the fruits of the Spirit,

We beseech thee to hear us.

O Holy Spirit, grant unto us who are of Christ Jesus crucified, and have the flesh with the passions and the lusts thereof, and live by thee, grant unto us thy dear love, that we may also walk by thee,

Blessed Spirit, hear us.

That we be not vain-glorious, provoking one another, envying one another,

Blessed Spirit, hear us.

That we take heed unto thy warning, lest, biting and devouring one another, we be consumed one of another,

Blessed Spirit, hear us.

That if any among us be overtaken in a trespass, those which are spiritual may restore such an one in the spirit of meekness, looking to themselves lest they also be tempted,

Blessed Spirit, hear us.

That we bear one another's burdens, and so fulfil the law of Christ,

Blessed Spirit, hear us.

That no man think he is something when he is nothing, deceiving himself,

Blessed Spirit, hear us.

But that each man prove his own work, knowing that each shall bear his own load,

Blessed Spirit, hear us.

That we who are taught in the Word, communicate unto those that teach in all good things,

Blessed Spirit, hear us.

That we deceive not ourselves, knowing that God is not mocked, and that whatsoever a man soweth, that shall he also reap,

Blessed Spirit, hear us.

That we sow not unto our flesh, lest of the flesh we reap corruption; but that we sow unto thee, that of thee, O Holy Spirit, we may reap eternal life,

Blessed Spirit, hear us.

That we be not weary in well-doing, knowing that in due season we shall reap if we faint not,

Blessed Spirit, hear us.

That thus, even as we have opportunity, we may work that which is good toward all men, and especially toward them that are of the household of faith,

Blessed Spirit, hear us.

Our Father, etc.

℣. May peace be upon us, and mercy, and upon the Israel of God.

℟. And may the grace of our Lord Jesus Christ be with our spirit.

Let us pray

GOD, who [as at this time] didst teach the hearts of thy faithful people by the sending to them the light of thy Holy Spirit: grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in his holy comfort; through Jesus Christ thy Son our Lord; who liveth and reigneth with thee, in the unity of the same Holy Spirit, one God, world without end. *Amen.*

FOR THE SEVENFOLD GIFTS OF THE HOLY SPIRIT

COME, O Holy Spirit of *Wisdom*, and grant me rightly to savour the good things of heaven, and do thou show me the way that I may walk therein. Glory be, etc.

2. COME, O Holy Spirit of *Understanding*, and give me understanding concerning the mysteries of salvation, that I may be able both to perceive and comprehend the same. Glory be, etc.

3. COME, O Holy Spirit of *Counsel*, and incline mine heart unto good works, whereby I may be able to be profitable both to myself and to my neighbour. Glory be, etc.

4. COME, O Holy Spirit of *Ghostly Strength*, and strengthen me against the enemy of my soul that, having overcome, the crown of victory may be given unto me. Glory be, etc.

5. COME, O Holy Spirit of *Knowledge*, and teach me truly to know those things that avail unto salvation, that I may so pass through things temporal, and finally lose not the things eternal. Glory be, etc.

6. COME, O Holy Spirit of *True Godliness* and possess me wholly, that I may live soberly, righteously, and godly in this present world. Glory be, etc.

7. COME, O Holy Spirit of the *Fear of the Lord*, and transpierce my flesh with thy holy fear, that in fear and trembling I may work out my own salvation. Glory be, etc.

℣. They were all filled with the Holy Ghost. (Alleluia.)

℟. And began to speak. (Alleluia.)

Let us pray

ASSIST us mercifully, O Lord, with the might of thy Holy Spirit: that, by the gracious operation of the same, we may be purified inwardly from all our iniquities, and continually defended against all adversities. Through Christ our Lord. Amen.

FOR THE TWELVE FRUITS OF THE HOLY GHOST

I. *Love*

O BLESSED Spirit, who hast revealed to us that he who loveth not, knoweth not God; grant us to pluck from thy tree of life thy godliest fruit of holy Love, that we may love all that is beautiful in nature and grace, our neighbour as ourselves, and our God more than all. Amen.

II. *Joy*

O BLESSED Spirit, who movest on the face of the waters, give to us in this vale of tears the fruit of holy Joy; that ever and anon catching a glimpse of that glory which is to be revealed in us, to which the tribulations of the world are not to be compared, we may go on our way rejoicing. Amen.

III. *Peace*

O BLESSED Spirit, thou heavenly Dove, bear to us across the waters of strife the beautiful branch of Peace; that hidden in the rock, we may taste of that peace which passeth all understanding, which the world cannot give nor take away. Amen.

IV. *Patience*

O BLESSED Spirit, who art the life of the Saints, bring to maturity within our hearts thy fruit of Patience; that following in their steps, enduring all things, we may come to the fruition of their glory. Amen.

V. *Gentleness*

O BLESSED Spirit of Grace, ever speaking to the soul in a still small voice, and pleading with groanings that cannot be uttered; give to us thy children thy fruit of Gentleness, that we may ever listen to catch thy softest word, and be ready to follow thy faintest inspiration. Amen.

VI. *Goodness*

O BLESSED Spirit, who out of pure goodness didst move in the creation of the world, let thy ripe fruit of Goodness fall into our hearts; that we may labour for no reward, but spend and be spent, that all men may know the goodness of the Lord in the land of the living. Amen.

VII. *Long-Suffering*

O BLESSED Spirit, who bearest with our infirmities, and who, so often grieved, still remainest the seal of our redemption, give us thine own Long-Suffering; that, bearing one another's burdens, we may so fulfil the law of Christ. Amen.

VIII. *Meekness*

O BLESSED Spirit, who hast revealed that the High and Holy One, who inhabiteth eternity, dwelleth with those who are of a meek and lowly spirit; give us thy holy Meekness, that, following peace with all men, we may inherit the earth. Amen.

IX. *Faith*

O BLESSED Spirit, who blowest where thou listest, so that we cannot tell whence thou comest, or whither thou goest, feed us with thy most precious fruit of Faith; that, seeing what is invisible, and knowing what is inexplicable, rooted and grounded in our holy religion, we may win the victory that overcometh the world. Amen.

X. *Modesty*

O BLESSED Spirit, who didst endue the heart and soul of the blessed Mother of God with thy pre-eminent gift of Modesty;

℣. The Lord be with you.
℟. And with thy spirit.

Let us pray

VOUCHSAFE, O Lord God, we beseech thee, to us thy servants, that we may enjoy continual health of mind and body: and by the glorious intercession of blessed Mary, ever-Virgin, may be delivered from present sadness, and come to the fruition of eternal joy; through Christ our Lord. Amen.

℣. The Lord be with you.
℟. And with thy spirit.
℣. Let us bless the Lord.
℟. Thanks be to God.

✠ May the souls of the faithful, through the mercy of God, rest in peace. ℟. Amen.

HYMNS TO OUR LADY

(I)

Our Lady, Star of the Sea

HAIL, Queen of heaven, the ocean Star,
Guide of the wanderer here below;
Thrown on life's surge, we claim thy care;
Save us from peril and from woe.
Mother of Christ, Star of the sea,
Pray for the wanderer, pray for me.

O gentle, chaste, and spotless Maid,
We sinners make our prayers through thee;
Remind thy Son that he has paid
The price of our iniquity.
Virgin most pure, Star of the sea,
Pray for the sinner, pray for me.

Sojourners in this vale of tears,
To thee, blest Advocate, we cry;
Pity our sorrows, calm our fears,
And soothe with hope our misery.
Refuge in grief, Star of the sea,
Pray for the mourner, pray for me.

And while to him who reigns above,
In Godhead one, in Persons three,
The source of life, of grace, of love,
Homage we pay on bended knee;
Do thou, bright Queen, Star of the sea,
Pray for thy children, pray for me.

(II)

MOTHER of Mercy! day by day
My love of thee grows more and more;
Thy gifts are strewn upon my way
Like sands upon the great sea-shore.

Though poverty, and work, and woe
The masters of my life may be;
When times are worst, who does not know
Darkness is light, with love of thee?

But scornful men have coldly said,
Thy love was leading me from God;
And yet in this I did but tread
The very path my Saviour trod.

They know but little of thy worth
Who speak these heartless words to me;
For what did Jesus love on earth
One half so tenderly as thee?

Get me the grace to love thee more,
Jesus will give if thou wilt plead;
And, Mother, when life's cares are o'er,
O I shall love thee then indeed.

Jesus, when his three hours were run,
Bequeathed thee from the Cross to me;
How can I rightly love thy Son,
Sweet Mother, if I love not thee?

(III)

Companionship with Mary

WOULDST thou twine a wreath for Mary,
Of flowers that never die;
Of fragrant blossoms, wafting
Pure incense to the sky?

Say thou with deep devotion,
In joy, in grief, in care,
The angels' heaven-born "Ave,"
The saint and sinner's prayer.

Haste, with the maiden-Mother,
From Nazareth's retreat
O'er bleak Judea's mountains,
Elizabeth to greet,

Then to the lowly manger,
With Bethlehem's shepherds, bring
Gifts to the new-born Saviour,
Our Infant God and King.

Hear Simeon's song of rapture,
Behold the ransomed Child;
Earth now to heaven has offered
A victim undefiled.

With Mary seek for Jesus,
And live those hidden years,
Share all their joys and sorrows,
Pay tribute of thy tears.

Stand by when Calvary's shadows
Close round her broken heart;
Thy sins, too, were his burden;
Take thou a mourner's part.

Weep by his tomb, and comfort
The sorrow-stricken Queen,
Until her eyes the Risen
And Glorified have seen.

And when the closing heavens
Have hid him from her gaze,
Stay with the childless Mother
Through life's remaining days.

Lift up thine eyes when Jesus
Lays on his Mother's brow
The crown of fadeless splendour
She wears beside him now.

Then lay thy lowly tribute
Before her throne—nor fear
The beauteous Queen of angels
Thy whispered words will hear,

And sweeter far than music
Of earth her voice shall be,
Imploring love and mercy
From Jesu's Heart for thee.

✠

Devotions to the Saints

LITANY OF S. JOSEPH

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ, hear us.
O Christ, graciously hear us.

O GOD the Father, of heaven,
O God the Son, Redeemer of the world,
O God the Holy Ghost,
O Holy Trinity, one God,
Have mercy upon us.

Holy Mary,
Saint Joseph,
Illustrious son of David,
Light of Patriarchs,
Spouse of the Mother of God,
Chaste guardian of the Virgin,
Foster father of the Son of God,
Zealous protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most valiant,
Pray for us.

Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,
Example of workmen,
Glory of home life,
Guardian of virgins,
Pillar of families,
Solace of the wretched,
Health of the sick,
Patron of the dying,
Terror of demons,
Protector of holy Church,
Pray for us.

O Lamb of God, that takest away the sins of the world; *Spare us, O Lord.*

O Lamb of God, that takest away the sins of the world; *Graciously hear us, O Lord.*

O Lamb of God, that takest away the sins of the world; *Have mercy upon us.*

℣. He appointed him lord of his household;

℟. And ruler of all his substance.

Let us pray

O GOD, who, in thine ineffable providence, didst vouchsafe to appoint blessed Joseph to be the spouse of thy most holy Mother: grant, we beseech thee, that we may be made worthy to have him for our intercessor in heaven, whom on earth we venerate as our holy protector; who livest and reignest, world without end. Amen.

HYMN OF S. JOSEPH

Te Joseph celebrent

LET Angels chant thy praise, pure spouse of purest Maid,
While Christendom's sweet choirs the gladsome strains repeat
To tell thy wondrous fame, to raise the pealing hymn,
Wherewith we all thy glory greet.

When doubts and bitter fears thy heavy heart oppressed,
And filled thy righteous soul with sorrow and dismay,
An angel swiftly sped, the wondrous secret told,
And drove thy anxious griefs away.

Thine arms thy new born Lord with tender joy embrace;
Him then to Egypt's land thy watchful care doth bring;
Him in the temple's courts once lost thou dost regain,
And 'mid thy tears dost greet thy King.

Not till death's pangs are o'er do others gain their crown,
But, Joseph, unto thee the blessed lot was given,
While life did yet endure, thy God to see and know,
As do the saints above in heaven.

Grant us great Trinity, who sing thy praise below,
In highest bliss and love, above the stars to reign;
That we in joy with him may praise our loving God,
And raise our glad eternal strain.

SAINT GEORGE, PATRON OF ENGLAND

O YE saints and righteous, rejoice in the Lord, alleluia: God hath chosen you to himself to be his inheritance, alleluia.

℣. Right dear in the sight of the Lord, alleluia.

℟. Is the death of his saints, alleluia.

Let us pray

O GOD, who makest us to rejoice in the good deeds and intercession of blessed George thy martyr; mercifully grant through his prayers that the benefits which we ask of thee we may obtain by the gift of thy grace. Through Christ our Lord. Amen.

A Prayer for England

O MERCIFUL God, let the glorious intercession of thy saints assist us; above all, the most blessed Virgin Mary, Mother of thine only-begotten Son, and thy holy apostles Peter and Paul, to whose patronage we humbly recommend this our land. Be mindful of our fathers, Eleutherius, Celestine, and Gregory, bishops of the holy city; of Augustine, Aidan, Columba, who delivered to us inviolate the faith of the holy Church. Remember our holy martyrs, who shed their blood for Christ; especially our first martyr Saint Alban, and thy most glorious bishop Saint Thomas of Canterbury. Remember also all those holy confessors, bishops, and kings, all those holy monks and hermits, all those holy virgins and widows, who made this once an island of saints, illustrious by their glorious merits and virtues. Let not their memory perish from before thee, O Lord, but let their supplication enter daily into thy sight: and do thou, who didst so often spare thy sinful people for the sake of Abraham, Isaac, and Jacob, now also, moved by the prayers of our fathers reigning with thee, have mercy upon us; save thy people, and bless thine inheritance; and suffer not those souls to perish, which thy blessed Son hath redeemed with his own most precious blood. Who liveth and reigneth with thee, world without end. Amen.

Hymn for S. George's Day

ARM! and onward, Christian soldiers,
  For the struggle and the strife!
All our days are weary warfare,
  We but hirelings all through life.
Let "Saint George" be now our watchword;
  Let Saint George our leader be!
Arming for the fight remember
  Death for God is victory!

Take we the all-saving breastplate,
  To protect our beating hearts!
And truth's buckler, ever quenching
  Satan's fierce and fiery darts!

Put we on the whole bright armour
  Of our great and mighty Lord,
Girding up our loins with justice,
  Grasping firm faith's two-edged sword!

Great Saint George, of many nations
  The Protector brave and true,
We would render thee that honour
  Which we feel to thee is due;
Pray for us, O mighty martyr,
  By our Saviour's victory,
After our short life of warfare,
  Peace through all eternity.

SAINT DAVID, PATRON OF WALES

THE Lord chose him out of all men living, to offer sacrifices to the Lord, and a sweet savour for his people.

℣. The Lord loved him and adorned him.
℟. He clothed him with a robe of glory.

Let us pray

GRANT to us, almighty God, that the devout intercession of blessed David thy Confessor and bishop may protect us: and that, while we celebrate his festival, we may imitate his firmness in defence of the Catholic faith. Through Christ our Lord. Amen.

A PRAYER FOR WALES

O ALMIGHTY God who in thine infinite goodness hast sent thine only-begotten Son into this world to open once more the gates of heaven, and to teach us how to know, love, and serve thee; have mercy upon thy people who dwell in Wales. Grant to them the precious gift of faith; and unite them in the one true Church founded by thy divine Son; that, acknowledging her authority and obeying her voice, they may serve thee, love thee, and worship thee as thou desirest in this world; and obtain for themselves everlasting happiness in the world to come. Through the same Jesus Christ our Lord. Amen.

Our Lady, help of Christians, pray for Wales.
Saint David, pray for Wales.
Saint Winefride, pray for Wales.

SAINT ANDREW, PATRON OF SCOTLAND

WHEN blessed Andrew had come to the place where the cross was prepared, he cried out and said, O good cross, long desired, and now made ready for my longing soul! safe and rejoicing I come to thee, so that thou mayest joyfully receive me, the disciple of him who hung on thee.

℣. They declared the work of God.
℟. And wisely considered of his doing.

Let us pray

WE humbly entreat thy majesty, O Lord: that as the blessed apostle Andrew was made a preacher and ruler of thy Church, so he may continually pray for us before thee. Through Christ our Lord. Amen.

SAINT PATRICK, PATRON OF IRELAND

THE Lord loved him and adorned him; he clothed him with a robe of glory, and crowned him at the gates of paradise.

℣. The Lord guided the righteous in right paths.

℟. And showed him the kingdom of God.

Let us pray

O GOD, who hast translated to heavenly glory blessed Patrick, the apostle of Ireland, who wast adorned with such manifold miracles: grant, we beseech thee, that we, being holpen by thee for his sake, may at his prayers attain to the rewards of everlasting blessedness. Through Christ our Lord. Amen.

SAINT ALBAN, PROTOMARTYR OF ENGLAND

IF any man will come after me, let him deny himself, and take up his cross, and follow me.

℣. The righteous shall flourish like a palm-tree.

℟. And shall spread abroad like a cedar in Libanus.

Let us pray

O GOD, who hast hallowed this day by the martyrdom of blessed Alban: grant, we beseech thee, that as we yearly rejoice in the celebration of his festival, so we may continually be aided by his prayers. Through Christ our Lord. Amen.

Hymn of Saint Alban

LAUD the grace of God victorious;
Sing triumphant o'er the foe,
Tell of him, a martyr glorious,
For the changeless truth laid low;
Faithful servant, valiant soldier,
Whom all lands and ages know.

Valiant soldier, Protomartyr,
  First of Britain's sons to die,
Pagan ire and cries withstanding
  By the grace of God most high,
By the strength of him, Protector,
  Who in strength and power was nigh.

Craggy way, and steep and narrow,
  Dark and drear the path of blood;
Cruel foes were pressing round him
  As he touched the Jordan's flood;
Yet he fought, a soldier valiant,
  And the enemy withstood.

Patient, humble, like his Master,
  He resigned a spirit calm;
Crowned with coronal unfading,
  Now he bears a martyr's palm;
Sheathing sword no longer needed,
  He took up the endless psalm.

Laud and honour to the Father,
  Equal honour to the Son,
Adoration to the Spirit,
  Ever Three and ever One,
Consubstantial, co-eternal,
  While unending ages run. Amen.

ALL SAINTS' DAY

O HOW glorious is the kingdom wherein all saints rejoice with Christ; clothed in white robes they follow the Lamb whithersoever he goeth.

℣. Let the saints be joyful in glory.
℟. Let them rejoice in their beds.

Let us pray

ALMIGHTY and everlasting God, who hast granted us under one feast to reverence the good deeds of all thy saints: we beseech thee, that, through the intercession of so many, thou wouldest of thy bounty give us the abundance of thy loving kindness which we so earnestly desire. Through Christ our Lord. Amen.

ALL SAINTS' DAY HYMN

SPOUSE of Christ, in arms contending,
  O'er each clime beneath the sun,
Blend with prayers for help ascending,
  Notes of praise for triumphs won.

Mary leads the sacred story,
  Mary with her heavenly Child,
Sharer with him now in glory,
  Maid and Mother undefiled.

Angels next, in due gradation
Of their nine-fold ministry,
Hymn the Father of creation,
Maker of the stars on high.

John, the herald-voice sonorous,
More than prophet owned to be,
Patriarchs and seers in chorus,
Swell the angelic harmony.

Near to Christ the apostles seated,
Trampling on the powers of hell,
By the promise now completed,
Judge the tribes of Israel.

They who nobly died believing,
Martyrs purpled in their gore,
Crowns of life by death receiving,
Rest in joy for evermore.

Priests and levites, gospel preachers,
And confessors numberless,
Prelates meek and holy teachers,
Bear the palm of righteousness.

Lo! in bridal pomp, fair virgins,
To the Lamb all consecrate,
Haste with lilies and with roses,
On the Bridegroom's steps to wait.

All are blest, together praising
God's eternal Majesty,
Thrice-repeated anthems raising
To the all-holy Trinity.

Saints of heaven, ye happy spirits,
Whom your God himself doth bless,
One with you in blest communion,
Share we in your blessedness.

Drink we of the living Fountain,
O'er the land poured largely forth!
Live we in a home of quiet
All our days upon the earth.

Thus in holiness of service
Serve we God, his children true,
Here his servants, and hereafter
Dwellers in his light with you.

THE EXAMPLE OF THE SAINTS

THOSE eternal bowers
Man hath never trod,
Those unfading flowers
Round the throne of God.
Who may hope to gain them
After weary fight?
Who at length attain them
Clad in robes of white?

He who gladly barters
All on earthly ground;
He who, like the martyrs,
Says, "I *will* be crowned";
He whose one oblation
Is a life of love;
Clinging to the nation
Of the blest above.

Shame upon you, legions
Of the heavenly King,
Denizens of regions
Past imagining!
What! with pipe and tabor
Fool away the light,
When he bids you labour,—
When he tells you,—"fight."

While I do my duty,
Struggling through the tide,
Whisper thou of beauty
On the other side!
Tell who will the story
Of our *now* distress:
O the future glory!
O the loveliness!

LITANY OF THE SAINTS

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

O Christ, hear us.
O Christ, graciously hear us.

O God the Father, of heaven,
Have mercy upon us.
O God the Son, Redeemer of the world,
Have mercy upon us.
O God the Holy Ghost,
Have mercy upon us.
O Holy Trinity, one God,
Have mercy upon us.

Holy Mary,
Holy Mother of God,
Holy Virgin of virgins,
Saint Michael, captain of the Lord's Host,
Saint Gabriel, angel of the Annunciation,
Saint Raphael, angel of Healing,
All ye holy angels and archangels,
All ye holy orders of blessed spirits,
Saint John Baptist, forerunner of the Lord,

Pray for us.

Saint Joseph, guardian of Jesus and Mary,
All ye holy patriarchs and prophets,
Saint Peter, prince of the apostles,
Saint Paul, apostle of the gentiles,
Saint Andrew, patron of Scotland, first called to Christ,
Saint James, first martyr of the apostles,
Saint John, the disciple whom Jesus loved,
Saint Thomas, who doubted his Lord's Resurrection,
Saint James, first bishop of Jerusalem,
Saint Philip, who said, "show us the Father,"
Saint Bartholomew, an Israelite without guile,
Saint Matthew, holy evangelist,
Saint Simon, the "zealot,"
Saint Jude, servant of Jesus Christ,
Saint Matthias, numbered with the eleven apostles,
Saint Barnabas, Son of Consolation,
Saint Luke, beloved physician,
Saint Mark, holy Evangelist,
All ye holy apostles and evangelists,
All ye holy disciples of our Lord,
All ye holy Innocents,
Saint Stephen, first of the martyrs,

Pray for us.

Saint Laurence,
Saint Vincent,
Saints Fabian and Sebastian,
Saint Alban, first martyr in England,
Saint George, patron of England,
All ye holy martyrs,
Saint Silvester,
Saint Gregory,
Saint Ambrose,
Saint Augustine,
Saint Jerome,
Saint Martin,
Saint Nicholas,
Saint Hugh,
Saint David, patron of Wales,
Saint Patrick, patron of Ireland,
Saint Edmund,
Saint Edward, whose relics are with us unto this day,
All ye holy bishops and confessors,
All ye holy doctors,
Saint Anthony,
Saint Benedict,
Saint Bernard,
Saint Dominic,
Saint Francis,
All ye holy priests and levites,
All ye holy monks and hermits,
Saint Mary Magdalene,

Pray for us.

Saint Etheldreda,
Saint Agatha,
Saint Lucy,
Saint Agnes,
Saint Cecilia,
Saint Katharine,
All ye holy virgins and widows,
Pray for us.

All ye holy men and women, saints of God,
Make intercession for us.

Be merciful, *Spare us, O Lord.*
Be merciful, *Graciously hear us, O Lord.*

From all sin and evil,
From thy wrath,
From sudden and unprepared death,
From the snares of the devil,
From anger, hatred and all uncharitableness,
From the spirit of fornication,
From the scourge of earthquake,
From plague, famine and war,
From lightning and tempest,
From everlasting death,
By the mystery of thy holy Incarnation,
By thine advent, and thy Nativity,
By thy baptism and holy fasting,
By thy cross and passion,
By thy death and burial,
Deliver us, O Lord.

By thy holy resurrection,
By thy wonderful ascension,
By the coming of the Holy Ghost, the Comforter,
In the Day of Judgment,
Deliver us, O Lord.

We sinners: *Beseech thee to hear us:*

That thou wouldst spare us,
That thou wouldst pardon us,
That thou wouldst bring us to true repentance,
That thou wouldst vouchsafe to govern and preserve thy holy Church,
That thou wouldst vouchsafe to keep under thy protection the bishops, and all orders of the Church in holy religion,
That thou wouldst vouchsafe to convert the enemies of the Church,
That thou wouldst vouchsafe to give true peace and concord to Christian princes and governors,
That thou wouldst vouchsafe to give peace and unity to all Christian people,
That thou wouldst recall such as do err into the unity of the Church; and bring all the heathen into the light of the gospel,
We beseech thee to hear us.

That thou wouldst vouchsafe to strengthen and keep us in thy service,
That thou wouldst lift up our minds to heavenly desires,
That thou wouldst render eternal blessings to all our benefactors,
That thou wouldst deliver our souls, and the souls of our brethren, relations, and benefactors, from eternal damnation,
That thou wouldst vouchsafe to give and preserve to our use the fruits of the earth,
That thou wouldst vouchsafe to grant eternal rest to all the faithful departed,
That thou wouldst vouchsafe graciously to hear us,
Son of God,
We beseech thee to hear us.

O Lamb of God, that takest away the sins of the world, *Spare us, O Lord.*

O Lamb of God, that takest away the sins of the world, *Graciously hear us, O Lord.*

O Lamb of God, that takest away the sins of the world, *Have mercy upon us.*

O Christ, hear us.
O Christ, graciously hear us.

Lord, have mercy upon us,
Christ, have mercy upon us,
Lord, have mercy upon us.

Our Father (*secretly*).

℣. And lead us not into temptation,
℟. But deliver us from evil.

℣. O Lord, hear our prayer.
℟. And let our cry come unto thee.

Let us pray

ALMIGHTY God, who hast vouchsafed to help us by the example and prayers of thy blessed saints, grant that we may both follow in their steps and enter into their fellowship.

O God, from whom all holy desires, all good counsels, and all just works do proceed: give unto thy servants that peace which the world cannot give; that both, our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness.

Prevent us, O Lord, in all our doings with thy most gracious favour and further us with thy continual help; that in all our works, begun, continued, and ended in thee, we may glorify thy holy Name, and finally by thy mercy obtain everlasting life; through Christ our Lord. Amen.

✠ May the souls of the faithful, through the mercy of God, rest in peace. ℟. Amen.

✠

Devotions for the Sacred Seasons

ADVENT

Our Father. Hail Mary. I believe.

℣. The Spirit and the Bride say, Come: and let him that heareth say, Come.

℟. Even so come, Lord Jesus.

Let us pray

BLESSED Lord, whose long-suffering is salvation: grant unto us that, as beloved children of thy holy Church, we may look for and hasten unto the Advent of the Day of God, in all manner of holy living and devout worship; and, rejoicing in thy promise of that new heaven and new earth wherein dwelleth righteousnesses, may give all diligence and be found in peace, without spot, and blameless in thy sight. Keep us, we pray thee, that we fall not from our steadfastness, but grow in grace and in the knowledge of thee, our God and Saviour Jesus Christ, to whom be the glory, both now and through all eternity. Amen.

The following also are suitable for this season: Psalms 9, 10, 11, 45, 46, 49, 97; *the* Dies irae, p. 370, the Joyful Mysteries of the Rosary, p. 250; Bona Mors, p. 323.

THE GREATER ANTIPHONS
at Magnificat during the eight days before Christmas

December 16th. *O Sapientia*

O WISDOM, which camest forth out of the mouth of the Most High and reachest from one end to the other, mightily and sweetly ordering all things: Come, and teach us the way of prudence.

December 17th. *O Adonai*

O LORD and Ruler of the House of Israel, who appearedst unto Moses in a flame of fire in the bush, and gavest unto him the Law in Sinai: Come, and redeem us with an outstretched arm.

December 18th. *O Radix Jesse*

O ROOT OF JESSE, who standest for an ensign of the people, at whom kings shall shut their mouths, unto whom the Gentiles shall pray: Come, and deliver us, and tarry not.

December 19th. *O Clavis David*

O KEY OF DAVID, and sceptre of the House of Israel, thou that openest, and no man shutteth, and shuttest, and no man openeth: Come, and loose the prisoner from the prison-house, and him that sitteth in darkness, and in the shadow of death.

December 20th. *O Oriens*

O DAYSPRING, Brightness of the Eternal Light, and Sun of Righteousness: Come, and enlighten them that sit in darkness, and in the shadow of death.

December 21st. *O Rex Gentium*

O KING of the Gentiles, and their Desire and the Corner-stone, that maketh both one: Come, and save man, whom thou hast made out of the dust of the earth.

December 22nd. *O Emmanuel*

O EMMANUEL, our King and Lawgiver, the Desire of all nations, and their Saviour: Come, and save us, O Lord our God.

December 23rd. *O Virgo Virginum*

O VIRGIN of virgins, how shall this be? For neither before thee was any like thee, nor shall there be after. Daughters of Jerusalem, why marvel ye at me? The thing which ye behold is a divine mystery.

CHRISTMAS

Our Father. Hail Mary. I believe.

By thine unspeakable love and mercy in coming into the world to save us sinners,

By that meekness and love which drew thee from the bosom of the Father into the Virgin's womb,

By thy spotless conception, and thine abode within the blessed Virgin's womb,

By thy holy Nativity in the poor stable at Bethlehem,

Jesus, have mercy upon us.

That which was from the beginning,
We worship and adore.

That which was born of Mary the Virgin, and is called Holy, the Son of God,
We worship and adore.

The Life, the Eternal, which was with the Father, and was manifested unto us.
We worship and adore.

℣. The Word was made flesh;
℟. And dwelt among us.

Let us pray

GRANT, we beseech thee, Almighty God, that as he who was on this day born the Saviour of the world, is to us the author of

our heavenly birth, so he may also himself be the giver of our immortality; who livest and reignest, God, world without end. Amen.

Also the following: Psalms 19, 45, 85, 89, 110, 132; the Joyful Mysteries of the Rosary, p. 250.

Make a rule that whenever you go into church during this holy Season, you will try to say:

A PRAYER BEFORE THE CRIB

O MOST sweet Lord Jesus Christ, who, that thou mightest deliver us from the darkness of sin, didst deign to be born and to be laid in a manger; draw us into thyself and kindle within us the fire of thy love. We worship thee as our Creator and our Redeemer; we choose thee this day as our King and only Lord; and, in tribute to thy royalty, we offer thee all the affections of our hearts.

O Good Jesu, our Lord and our God, vouchsafe to accept this offering at our hands; and, that it may be acceptable in thy sight, cleanse us from our sins; enlighten our minds by thy grace; and thus kindle in our hearts that fire which thou camest to cast upon earth, and make of us an offering meet for thine honour; that here upon earth we may in all things and above all things seek thy greater glory, and may be made worthy to enjoy hereafter in heaven the infinite beauty of thy face for ever. Amen.

Hail Mary. Saint Joseph, pray for us.

EPIPHANY

Our Father. Hail Mary. I believe.

BY the mystical offerings of gold, frankincense, and myrrh, presented unto thee by the three wise men, whom by the leading of a star thou didst guide out of the east to adore thee in thy infancy,

By thy humble reception of Baptism at the hands of John the Baptist in the river Jordan,

By thy first miracle of turning water into wine at the marriage feast of Cana,

Jesus, have mercy upon us.

℣. Arise, shine, for thy light is come,

℟. And the glory of the Lord is risen upon thee.

Let us pray

O GOD our Saviour, who hast caused thy glorious Light to shine upon us sinners who lay in the shadow of death: grant unto

us that in love and with pure hearts we may worship thee, holding the mystery of the faith in a pure conscience; grant that with the wise men of old we may offer to thee the gold of burning charity, the incense of true devotion, and the myrrh of perfect self-denial. Give us grace to labour and strive to make others partakers of the benefit, having our hope set upon thee, who art the Saviour of all men, that thou mayest be glorified for ever and ever. Amen.

Also the following: Prayer before the Crib, (p. 295); Psalms 47, 67, 72; the Joyful Mysteries of the Rosary, p. 250; the Litany of the Holy Name, p. 204.

LENT

Our Father. Hail Mary. I believe.

BY thy forty days' fast in the desert, and the three temptations of the devil which thou didst endure and overcome,

Jesus, have mercy upon us.

By the thirst, hunger, weariness, and labours which thou didst endure for our sakes.

Jesus, have mercy upon us.

℣. Let them that suffer according to the will of God, commit the keeping of their souls to him in well doing, as unto a faithful Creator.

℟. Christ also suffered for us, leaving us an example that we should follow his steps.

Let us pray

O GOD, who dost resist the proud, but givest grace to the humble: grant unto us that we may humble ourselves under thy mighty hand, that thou mayest exalt us in due time. Grant unto us to be sober and vigilant, knowing that our adversary as a roaring lion walketh about seeking whom he may devour, whom give us grace to resist, steadfast in the faith. And thou, O God of all grace, who hast called us unto thine eternal glory in Christ, after we have suffered awhile, perfect, stablish, strengthen, settle us; to thee be all honour and glory, for ever and ever. Amen.

Also the following: The Penitential psalms, for which see p. 17; the Litany of Penitence, p. 44; the Sorrowful Mysteries of the Rosary, p. 250; the Stations of the Cross, p. 187.

PASSIONTIDE

Our Father. Hail Mary. I believe.

BY thy meek and humble entrance into Jerusalem on Palm Sunday, riding upon an ass,
By thy great lowliness and humility in washing the feet of thy disciples,
By thine unspeakable love shown in the institution of the Blessed Sacrament of the altar,
By thine agony and bloody sweat in Gethsemane, when thou didst offer thyself willingly to death, obeying thy Father's will,
By thy betrayal, and unjust trials,
By thy most cruel and shameful scourging, and all the insults thou didst patiently endure,
By thy going forth to die, bearing the heavy cross on thy sacred shoulders,
By thy nailing to the cross,
By the seven words of love which thou didst utter from the cross,
By the thirst thou didst suffer, when gall and vinegar was given thee to drink,
By thy death upon the cross,
By the piercing of thy sacred side, from whence flowed blood and water,

Jesus, have mercy upon us.

By the descent of thy soul into paradise,
to preach to the spirits in prison,
By the taking down of thy sacred body
from the cross, and the laying of it in
the sepulchre,

℣. We adore thee O Christ, and we bless thee.

℟. Because by thy holy cross thou hast redeemed the world.

Let us pray

O JESUS, my divine Master, I now purpose to dwell in thought on that sorrowful path that leads up to heaven: may thy Holy Spirit enlighten and strengthen me, so that I may tread upwards in thy footsteps, and follow thee closely in life and in sorrow; and that at last I may die the death of the righteous, and go to thee, rejoicing evermore with thine elect in heaven.

O Son of Mary, who wast glorified in that hour when thou wast lifted up from the earth, we adore thee in thy self-humiliation; thou who by the glory of that uplifting drawest all men unto thyself, we come to thee.

O may we imitate thee in this the passion of thy earthly life, accomplishing the work which thou hast given us to do; that, pardoned and cleansed in thy redeeming blood, we may become more like thee, and more fit to approach thy presence in heaven; who livest and reignest, world without end. Amen.

Also the following: Psalms 22, 23, 38, 40, 51; the Sorrowful Mysteries of the Rosary, p. 250; the Stations of the Cross, p. 187; Devotions to the Precious Blood, p. 217.

PASSIONTIDE HYMN

Vexilla Regis

THE royal banners forward go;
The cross shines forth in mystic glow;
Where he in flesh, our flesh who made,
Our sentence bore, our ransom paid.

Where deep for us the spear was dyed,
Life's torrent rushing from his side,
To wash us in that precious flood
Where mingled water flow'd and blood.

Fulfilled is all that David told
In true prophetic song of old;
Amidst the nations God, saith he,
Hath reign'd and triumph'd from the Tree.

O Tree of beauty, Tree of light!
O Tree with royal purple dight!
Elect on whose triumphal breast
Those holy limbs should find their rest:

On whose dear arms, so widely flung,
The weight of this world's ransom hung.
The price of humankind to pay,
And spoil the spoiler of his prey.

O Cross, our one reliance, hail!
So may thy power with us avail
To give fresh merit to the saint,
And pardon to the penitent.

To thee, eternal Three in One,
Let homage meet by all be done:
Whom by the cross thou dost restore,
Preserve and govern evermore. Amen.

THE PASSION OF JESUS

SOUL of Jesus, once for me
Offered on the shameful tree,
Heal, and make me by that cure
Pure as thou thyself art pure;
Thou of life the fountain fair,
Draw me in and keep me there.

Blood of Jesus—crimson sea!
Glorious as eternity,
Fathomless—alone—sublime,
Boundless bath of human crime;
Me, the leper, vile and mean,
Plunge me in, and make me clean.

Water—from the sacred side
Of my Saviour crucified—
Blending with the purple gore,
When his agony was o'er;
Flow in mercy full and free,
Flow for sinners, flow for me.

Holy Jesus! Lord of heaven,
Hide me where the wound was given,
Piercing through thy heart divine;
Hide me there and make me thine;
Thou my only rest shalt be,
Never let me fall from thee.

THE APPEAL OF THE CROSS

JESUS! Refuge of the weary!
Object of the spirit's love,
Fountain in life's desert dreary,
Saviour from the world above.

Oh, how oft thine eyes offended,
Gaze upon the sinner's fall;
Yet thou, on the cross extended,
Bore the penalty for all.

Yet no vow repentant breathing,
Still we pass thy sacred cross,
Though 'neath thorns thy forehead wreathing
Dropped the bloody sweat for us.

Yet thy sinless death hath bought us
Life eternal, peace, and rest;
What thy grace alone hath taught us
Calms the sinner's stormy breast.

Jesu! would our hearts were burning
With more fervent love for thee,
Would our eyes were ever turning
To thy cross of agony.

EASTER

Our Father. Hail Mary. I believe.

BY thy glorious resurrection from death to life on the third day,

Jesus, have mercy upon us.

By thine appearing to Mary Magdalene and the other women, to Peter and the other

apostles, and frequently comforting and teaching them during the great Forty Days,

Jesus, have mercy upon us.

℣. The Lord is risen. Alleluia.
℟. He is risen indeed. Alleluia.

Let us pray

O RISEN Lord and Saviour, who art the resurrection and the life of all the faithful: grant that on this the glorious feast of thy joyful resurrection we may rise to newness of life: give us grace to carry into practice any good resolutions we may have formed in the past holy season of Lent; that, having received forgiveness of our sins, and grace to persevere in the future, we may enter into the true spirit of thy paschal joy. Who livest and reignest, for ever and ever. Amen.

EASTER SEQUENCE

CHRISTIANS, to the Paschal Victim offer your thankful praises.

A Lamb the sheep redeemeth; Christ, who only is sinless, reconcileth sinners to the Father.

Death and life have contended in that combat stupendous: the Prince of Life, who died, reigns immortal.

Speak, Mary, declaring what thou sawest wayfaring:

"The tomb of Christ, who is living; the glory of Jesus' resurrection:

Bright angels attesting; the shroud and napkin resting.

Yea, Christ my hope is arisen: to Galilee he goes before you."

Happy they who hear the witness. Mary's word believing, above the tales of Jewry deceiving.

Christ indeed from death is risen, our new life obtaining: have mercy, victor King, ever reigning. Amen. Alleluia.

MARY, REJOICE

THE clouds of night have passed away;
Mary, rejoice, rejoice today.
Alleluia, alleluia.

He that abhorred not thy womb,
Hath sprung to life from out the tomb.
Alleluia, alleluia.

Death's arrows keen are snapped in twain;
At Jesus' feet death lieth slain.
Alleluia, alleluia.

Though heaviness endure a night,
Joy cometh with the morning-light.
Alleluia, alleluia.

From spitting hid he not his face;
It beams with glory now and grace.
Alleluia, alleluia.

His wounds in side, in hands, in feet,
Are springing-wells of mercy sweet.
Alleluia, alleluia.

Thy transverse arms, O cross, are now
The sceptre whereto all things bow.
Alleluia, alleluia.

TO JESUS RISEN

O THOU the heavens' eternal King,
Lord of the starry spheres;
Who with the Father equal art
From everlasting years;

All praise to thy most holy Name,
Who when the world began,
Yoking the soul with clay, didst form
In thine own image, man.

And praise to thee who, when the foe
Had marred thy work sublime,
Clothing thyself in flesh, didst mould
Our race a second time.

When from the tomb new-born, as from
  A Virgin born before,
Thou didst reverse our fallen state,
  And life to man restore.

Eternal Shepherd, who thy flock
  In thy pure font dost lave,
Where souls are cleansed, and all their guilt
  Buried as in a grave.

Jesu! who to the cross wast nailed
  Our countless debts to pay;
Jesu! who lavishly didst pour
  Thy blood for us away;

O from the wretched death of sin
  Keep us, so shalt thou be
The everlasting paschal joy
  Of all new-born in thee.

Also the following: Psalms 1, 2, 3, 57, 111, 113, 114, 118; the Glorious Mysteries of the Rosary, p. 250.

ASCENSIONTIDE

Our Father. Hail Mary. I believe.

BY thy wonderful and triumphant ascension into heaven, in the sight of thy blessed Mother and thy disciples,

Jesus, have mercy upon us.

℣. Lift up your heads, O ye gates, and be ye lift up, ye everlasting doors. Alleluia.

℟. And the King of Glory shall come in. Alleluia.

Let us pray

O BLESSED Jesus, who didst lead thy disciples unto Bethany, that they might behold thy glorious ascension: evermore guide our hearts and minds towards heavenly things; that, when thou comest again, in like manner as thou didst go into heaven, we may receive the reward of good and faithful servants who watch for their Lord's return, and behold thy face with joy for ever. Who livest and reignest, world without end. Amen.

Also the following: Psalms 8, 15, 21, 24, 47, 108, 110; the Glorious Mysteries of the Rosary, p. 250.

HYMN FOR THE ASCENSION

THE golden gates are lifted up,
  The doors are opened wide;
The King of Glory is gone in
  Unto his Father's side.

Thou art gone up before us, Lord,
To make for us a place;
That we may be where now thou art,
And look upon God's face.

And ever on our earthly path
A gleam of glory lies;
A light still breaks behind the cloud
That veiled thee from our eyes.

Lift up our hearts, lift up our minds.
Let thy dear grace be given.
That, while we wander here below.
Our treasure be in heaven;

That, where thou art at God's right hand,
Our hope, our love, may be.
Dwell thou in us, that we may dwell
For evermore in thee.

NOVENA OF PENTECOST

The nine days from the morrow of the Ascension until the vigil of Pentecost (both inclusive) are known as the Novena of Pentecost, *and are universally observed as a period of prayer and intercession for the reunion of Christendom. The following prayers are suitable for use during this Novena.*

The hymn Veni Creator, *page* 22.

Let us pray

O GOD, who dost bring into the way of truth them that are gone astray, and dost gather together them that are scattered abroad, and preservest them when gathered: we beseech thee, of thy mercy, to pour out upon all Christian people thy grace of unity and concord; that, all divisions being done away, they may be joined to the true Shepherd in thy Church and do thee worthy service; Through Christ our Lord. Amen.

O Lord Jesus Christ, who saidst unto thine apostles: peace I leave with you, my peace I give unto you; regard not our sins, but the faith of thy Church; and grant unto her that peace and unity which is agreeable to thy will. Who livest and reignest, world without end. Amen.

WHITSUNTIDE

Our Father. Hail Mary. I believe.

BY the miraculous descent of the Holy Ghost on thine Apostles, in the form of tongues of fire, *Jesus, have mercy upon us.*

℣. The Spirit of the Lord filleth the world. Alleluia.

℟. And that which containeth all things hath knowledge of the voice. Alleluia.

Let us pray

O GOD the Holy Spirit, Lord, and Giver of life, who proceedest from the Father and the Son, and who didst descend as at this time upon the apostles in tongues of fire: we praise thee, we magnify thee, we glorify thee; we pray thee drive from us the darkness of all sin and unfaithfulness, and kindle in us the light of life and the fire of thy most sweet love; who, with the Father and the Son, livest and reignest, God, for ever and ever. Amen.

SEQUENCE FOR WHITSUNTIDE

COME, thou holy Paraclete,
And from thy celestial seat
Send thy light and brilliancy;

Father of the poor, draw near,
Giver of all gifts, be here;
Come, the soul's true radiancy.

Come, of comforters the best,
Of the soul the sweetest guest—
Come in toil refreshingly;

Thou in labour rest most sweet,
Thou art shadow from the heat,
Comfort in adversity.

O thou Light most pure and blest,
Shine within the inmost breast
Of thy faithful company;

Where thou art not, man hath naught,
Every holy deed and thought
Comes from thy divinity.

What is soiled, make thou pure;
What is wounded, work its cure;
What is parched, fructify;

What is rigid, gently bend;
What is frozen, warmly tend;
Strengthen what goes erringly.

Fill thy faithful, who confide
In thy power to guard and guide,
With thy sevenfold mystery:

Here thy grace and virtue send;
Grant salvation in the end.
And in heaven felicity.
Amen. Alleluia.

Veni Creator Spiritus

COME, O Creator Spirit, come,
And make within our hearts thy home;
To us thy grace celestial give,
Who of thy breathing move and live.

O Comforter, that name is thine,
Of God most high the gift divine;
The well of life, the fire of love,
Our souls' anointing from above.

Thou dost appear in sevenfold dower,
The sign of God's almighty power;
The Father's promise, making rich
With saving truth our earthly speech.

Our senses with thy light inflame,
Our hearts to heavenly love reclaim;
Our bodies' poor infirmity
With strength perpetual fortify.

Our mortal foe afar repel,
Grant us henceforth in peace to dwell;
And so to us, with thee for guide,
No ill shall come, no harm betide.

May we by thee the Father learn,
And know the Son, and thee discern.
Who art of both; and thus adore
In perfect faith for evermore. Amen.

Also the following: Psalms 48, 68, 104, 145; Devotions to the Holy Ghost, p. 222; the Glorious Mysteries of the Rosary, p. 250.

THE HOLY TRINITY

Our Father. Hail Mary. I believe.

BLESSED be the holy and undivided and glorious Trinity, three Persons and one God, now and ever, and to all ages.

Glory be to the Father, and to the Son, and to the Holy Ghost: As it was in the beginning, is now, and ever shall be: world without end. Amen.

℣. Thou coverest thyself with light:
℟. As it were with a garment.

Let us pray

O ALMIGHTY and merciful God, who hast revealed thyself to us thy servants by the mystery of the adorable Trinity: grant that we may believe what cannot be explained, and know what passeth man's understanding; who livest and reignest, one God, world without end. Amen.

CORPUS CHRISTI

Our Father. Hail Mary I believe.

JESU, our God, who vouchsafest to be present upon the Altar when the priest pronounces the words of Consecration,
Jesu, whose delights are with the sons of men,
Jesu, Bread of life, who camest down from heaven,
Have mercy upon us.

℣. Thou gavest them bread from heaven, Alleluia.
℟. Containing in itself all sweetness, Alleluia.

Let us pray

WE beseech thee, O Lord, to have compassion upon us, and to inflame all our hearts with ardent love and zeal for thine honour and glory; make us through thy grace always so to believe and understand, to feel and firmly hold, to speak and think of the exceeding mystery of this Blessed Sacrament, as shall be well pleasing to thee and profitable to our souls. May thy priests continually offer up this holy sacrifice in the beauty of holiness, and thy people more and more with devotion and delight throng thine altars: and grant unto us all that, worthily adoring and receiving thee upon earth, we may finally by thy mercy be admitted to the heavenly banquet, where thou, the Lamb which is in the midst of the throne, in unveiled majesty art perfectly worshipped and glorified by countless angels and saints for ever and ever. Amen.

Also the following: Psalms 110, 111, 116, 128; Litany of the Blessed Sacrament, p. 154.

SEQUENCE FOR CORPUS CHRISTI

Lauda Sion Salvatorem

PRAISE, O Sion, praise thy Pastor,
Praise thy Saviour and thy Master,
High the choral anthems raise;
All thy utmost might it needeth,
For he all thy praise exceedeth,
Thou canst ne'er express his praise.

Great the theme of our thanksgiving,
Bread of life, bread ever-living,
Is to day before thee set;
E'en the same we touch and take it,
As when o'er the board he brake it
Where the brethren twelve were met.

Loud and solemn be our chanting,
Nor let joy nor grace be wanting
In the gladness of the breast;
Let a solemn chant be raised,
While the mystery is praised
Of the holy Eucharist.

Here our new King's table gracing,
The new Passover's new blessing
Hath the ancient forms effaced;
Youth decrepit age excelleth,
Truth uncertain shades dispelleth,
Darkness is by light replaced.

His own act at supper seated,
Christ ordained to be repeated
In his memory divine;
Wherefore now with adoration,
We the Victim of salvation
Consecrate from bread and wine.

This the truth each Christian learneth,
Bread into his flesh he turneth,
Wine to his most holy blood;
Doth it pass thy comprehending?
Faith, the law of sight transcending,
Leaps to things not understood.

Here beneath these signs are hidden
Priceless things to sense forbidden,
Signs, not things, are all we see;
Blood is poured, and flesh is broken,
Yet in either wondrous token
Christ entire we know to be.

Severed not by him that taketh,
None divideth him or breaketh,
Whole his blessed self they taste;
One or thousand him are taking,
Yet the same are all partaking,
Him indeed they cannot waste.

Good and bad the feast are sharing,
Yet a doom unlike preparing—
Life or everlasting woe;
Sinners death, the righteous making
Life their own; from that same taking,
Ah! what different ends shall flow.

When they break the holy token,
Waver not, the word is spoken;
What is veiled, all unbroken,
Doth in every part abide:
Of the substance is no rending,
In the sign our act hath ending
When we break: nor change nor spending
E'er befalls the Signified.

PART II

Lo, the bread which angels feedeth,
Made the food the pilgrim needeth,
Children's bread which he concedeth,
  And to dogs must ne'er be given;
Which each ancient type conveyeth,
Isaac's sacrifice displayeth,
And the paschal Lamb portrayeth,
  Manna rained of old from heaven.

PART III

Shepherd good, true Bread and living,
Jesu, be to us forgiving;
Thou protecting, thou relieving,
In the land of all the living
  Cause thou us all good to see;

Thou all ruling, all espying,
Feed'st us here till hour of dying;
There upon thy bosom lying,
We with all the saints are sighing,
  Fellow heirs and friends to be.
  Amen. Alleluia.

THE HOLY EUCHARIST

Hoste victo dum triumphans

WHEN the Patriarch was returning,
  Crowned with triumph from the fray.
Him the peaceful King of Salem
  Came to meet upon his way;
Meekly bearing bread and wine,
Holy priesthood's awful sign!

On the truth thus dimly shadowed
  Later days a lustre shed;
When the great high Priest eternal,
  Under forms of wine and bread,
For the world's immortal Food,
Gave his flesh and gave his blood.

Wondrous Gift! the Word who moulded
  All things by his might divine,
Bread to be his Body maketh,
  And his very Blood the wine;
What though sense no change perceives,
Faith admires, adores, believes!

He who once to die a Victim
  On the cross did not refuse;
Day by day upon our altars
  That same sacrifice renews;
Through his holy priesthood's hands,
Faithful to his last commands!

While the people all uniting
  In that sacrifice sublime,
Offer Christ to his high Father,
  Offer up themselves with him;
Then together with the priest,
On the living Victim feast.

Bona Mors

Prayers for a happy death through the Passion of Jesus Christ

Lord, have mercy upon us.
  Christ, have mercy upon us.
Lord, have mercy upon us.

By the prayers and intercessions of Blessed Mary, thy Mother,
By the prayers and intercessions of holy Abel, Abraham, and all the patriarchs,
By the prayers and intercessions of thy forerunner, Saint John the Baptist,
By the prayers and intercessions of Saint Joseph, thy foster-father,
By the prayers and intercessions of the holy apostles and evangelists,
By the prayers and intercessions of all the Holy Innocents,
By the prayers and intercessions of Saint Stephen, Saint Laurence, and all holy deacons and martyrs,
By the prayers and intercessions of Saint Gregory, Saint Augustine, and all holy bishops and confessors,
By the prayers and intercessions of Saint Antony, and all holy monks and hermits,

Good Lord, deliver us.

By the prayers and intercessions of Saint Mary Magdalene, and all holy penitents,
By the prayers and intercessions of all holy widows and virgins,
By the prayers and intercessions of all the saints,

Be merciful: *Spare us, O Lord.*
Be merciful: *Hear us, O Lord.*

From thine anger,
From the peril of death,
From sudden and unprepared death,
From the pains of hell,
From all evil,
From the power of the devil,
By thy nativity,
By thy cross and passion,
By thy death and burial,
By thy glorious resurrection,
By the grace of the Holy Ghost, the Comforter,
In the Day of Judgment,
Good Lord, deliver us.

We sinners: *beseech thee to hear us:*

That thou wouldst spare us,
We beseech thee to hear us.

That thou wouldst vouchsafe to bring us to true repentance,
We beseech thee to hear us.

That thou wouldst grant eternal rest to all the faithful departed,
We beseech thee to hear us.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Our Father, etc.

Let us pray

O GOD of mercy, strengthen us thy servants, we beseech thee, with thy heavenly grace, that at the hour of our death the enemy prevail not over us; and vouchsafe to conduct us by the ministry of thy holy angels into everlasting life.

Almighty and most merciful Creator, who to refresh thy thirsting people in the wilderness didst bring streams of water out of the hard rock; touch, we beseech thee, our stony hearts, and give us tears of true repentance. Make us to hate all sin, and ever to thirst after the blessed and glorious sight of thee, our God; who livest and reignest, God, world without end. Amen.

O LORD Jesu Christ, Redeemer of the world, we thy creatures full of ingratitude and sin beseech thee to own us as thy children, though unworthy even to gather up the crumbs under thy table; we have misused all thy mercies, offended thee in thought, word, and deed, and by our grievous and hateful sins nailed thee to the cross. We adore thee, O Christ, because for our salvation, and to rescue us from despair, thou didst endure the three hours agony on Mount Calvary, and didst fulfil in thy body the penalties of sin. We adore thee, O Lord, who hast borne with us in our sin and wilfulness; and with all our hearts we hate and repent of our sins. We love thee, O Lord, and desire to love thee more and more, and out of love to thee we steadfastly purpose to forsake our sins, and by thy grace to offend no more, but to die rather than commit wilful sin. Who livest and reignest, God, for ever and ever. Amen.

O JESUS, who, in thy prayer to the Father in the garden of Gethsemane, full of anguish and sorrow, didst shed from thy trembling body great drops of blood; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, betrayed by the kiss of Judas the traitor into the hands of thine enemies, seized, bound like a thief, forsaken by thy disciples; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, unjustly delivered up to death by the Jews, brought like a malefactor before the tribunal of Pilate, mocked and derided by Herod and his men of war; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, stripped of thy garments, and most cruelly scourged at the pillar; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, crowned with thorns, buffeted, struck with a reed, blindfolded, clothed with a purple robe of scorn, mocked and reviled; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, before whom Barabbas, a murderer, was preferred; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, condemned by Pontius Pilate to the shameful death of the cross; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, laden with thy heavy cross, and led like a lamb to the place of Calvary; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, crucified between two thieves, derided, blasphemed, tormented with woes unspeakable from the sixth to the ninth hour; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, who on the cross didst give up the ghost in the sight of thy blessed Mother, rending her heart with sorrow; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, pierced with a spear, and shedding from thy sacred side water and blood; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, taken down from the cross, bathed in the tears of thy most sorrowing Virgin Mother; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, covered from head to foot with wounds and bruises; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

O Jesus, wrapped in fair linen, with ointment and spices for thy burial; have mercy on us.

Have mercy on us, O Lord; have mercy on us.

Let us pray

O GOD, who for the Redemption of mankind didst vouchsafe to be born, to be circumcised, to be rejected by the Jews, to be betrayed by a kiss, to be bound as a malefactor, and led as a lamb to the slaughter, to be brought before Annas, Caiaphas, Pilate, and Herod, to be accused by false witnesses, to be scourged, buffeted and reviled, spit upon, crowned with thorns, struck with a reed, blindfolded, stripped of thy garments, fastened to a cross and raised thereon, placed between two thieves, given vinegar and gall to taste, and to be pierced with a spear; by these most grievous pains, which we thine unworthy servants do commemorate, and, by thy most holy cross and death, deliver us from the pains of hell, and conduct us whither thy mercy did conduct the penitent thief, crucified with thee and confessing thee upon the cross: Who livest and reignest, for ever and ever. Amen.

PRAYERS ON THE FIVE SACRED WOUNDS

I

O MOST sweet Jesus, by the health-giving wound of thy right foot, forgive us all the evil thoughts wherewith we have offended thee, and by its infinite merits supply all that our neglect of holy thoughts has left deficient; so may we henceforth desire thee alone, our chief and only good, and seek and find him whom our souls love.

Jesus, hear us. *Jesus, graciously hear us.*

II

O MOST sweet Jesus, by the blessed wound of thy left foot, forgive us, we pray thee, all that we have done amiss against thy divine good pleasure by evil imaginations or abuse of our outward senses; keep our thoughts in check henceforth by thy holy fear, that so, becoming

dead to the world and all created things, we may feel nothing and desire nothing save thee only, our God crucified for us.

Jesus, hear us. *Jesus, graciously hear us.*

III

O MOST sweet Jesus, by the sacred wound of thy right hand, we most meekly pray thee forgive all our evil and sinful acts; yea, and by its merits supply all that we have by guilty negligence in whatever duty left undone; and henceforth may we by thy grace make more abundant use of the talents thou hast given us.

Jesus, hear us. *Jesus, graciously hear us.*

IV

O MOST sweet Jesus, by the wound of thy left hand, forgive our sins of passion, our sudden fits of anger and acts of impatience, into which we run so heedlessly and headlong on the slightest provocation; and from the rich stores of that heavenly wound deal out to us the balm of patience in all adversities, that we may be found worthy to inherit the land of the living which thou hast promised to the meek.

Jesus, hear us. *Jesus, graciously hear us.*

V

O MOST sweet Jesus, by the sacred wound of thy pierced Heart, graciously forgive all that our hearts have ever sinned by perverse will or ill intention; and so implant our frail hearts in thine, that they may feel nothing, compass nothing, desire nothing, other than thine own: thus may they repose for ever guided by thine, and steadfastly persevere in all good even to the end of life.

Jesus, hear us. *Jesus, graciously hear us.*

Let us pray

O LORD Jesu Christ, by those five wounds which in thy love for us were inflicted on thee, help thy servants whom thou hast redeemed with thy precious blood.

Most merciful Redeemer, we humbly beseech thee, by thine unspeakable sufferings, and by the grief thou didst endure when thy soul was separated from thy body, to lead us into eternal salvation, and to console us at the hour of death as thou didst console the penitent thief, with the sure and certain hope that we shall be with thee in Paradise. Amen.

Our Father. Hail Mary.
(*three times*)

O MOST merciful Jesus, Lover of souls: we pray thee, by the agony of thy most Sacred Heart, and by the sorrows of thine immaculate Mother, cleanse in thine own blood the sinners of the whole world who are now in their agony and will die today. Amen.

Heart of Jesus, once in agony,
Pity the dying.

SOUL of Christ, sanctify me;
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O Good Jesu, hear me;
Within thy wounds hide me;
Suffer me not to be separated from thee;
From the malicious enemy defend me;
In the hour of my death call me
And bid me come to thee;
That with thy saints I may praise thee
For ever and ever. Amen.

Devotions for the Sick

When you are attacked by serious illness, let your first care be to send for a priest, in order that you may settle the state of your soul, make—or renew—your repentance, and prepare to receive the Sacraments.

Make a Will (if necessary) and settle all your earthly affairs, so that you may be free to attend to the needs of your soul.

Receive your sickness from the hand of God, with a perfect trust in his holy will.

Have a crucifix, or a picture of the Saviour crucified, before you; think often upon his passion, hide yourself in spirit in his wounds, and embrace his feet with all the affection of your soul.

A PRAYER FOR FREQUENT USE DURING SICKNESS

O LORD, behold I receive this sickness as coming from thy fatherly hand: make me able to say from my heart, Not my will, but thine be done. But, O Lord, rebuke me not in thine indignation, neither chasten me in thy heavy displeasure; have

mercy upon me, O Lord, for I am weak: O Lord, if it be thy pleasure, heal me, for my bones are vexed. Give my soul and body strength to bear with true Christian patience all uneasiness, pains, and difficulties of my sickness, that I may cheerfully accept them as the just punishment of my many sins. Grant that in this sickness I may not offend thee, and that if I am to die I may not neglect or be deprived of those helps which thou hast ordained in thy mercy for my soul's good; that being cleansed from all my sins, I may believe in thee, put my whole trust in thee, love thee above all things, and through the merits of thy death and passion be admitted into the company of the blessed, where I may praise and serve thee for ever. Amen.

EJACULATORY PRAYERS

LORD, I accept this sickness from thy hands, and entirely resign myself to thy blessed will, whether it be for life or death.

Not my will, but thine be done; thy will be done; on earth as it is in heaven.

Lord, I submit to all the pains and uneasiness of this my illness; my sins have deserved infinitely more.

Thou art just, O Lord, and thy judgment is right.

Lord, I offer up to thee all that I now suffer or may yet have to suffer; to be united to the sufferings of my Saviour, and sanctified by his passion.

Lord, be merciful unto me a sinner.

Jesus, Son of the living God, have mercy upon me.

I commend my soul to God my Creator, who made me out of nothing; to Jesus Christ my Saviour, who redeemed me with his precious blood; to the Holy Ghost, who sanctified me in Baptism.

Into thy hands, O Lord, I commend my spirit.

Let thy holy angels defend me from all powers of darkness.

Let Mary, Mother of God, and all the blessed saints, pray for me a poor sinner.

THANKSGIVING

FOR RECOVERY FROM SICKNESS

✠ IN the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

GLORY be to thee, O heavenly Father, for the sickness thou hast in mercy sent me. Lord, the stripes thou didst lay on me

were the stripes of love; glory be to thee. Before I was troubled I went wrong; but now will I keep thy word. It is good for me that I have been in trouble, that I might learn thy statutes.

Glory be to thee, O Lord; glory be to thee, for delivering me from the terrors of death, and restoring me to my health again; glory be to thee. I called upon the Lord in my trouble, and the Lord heard me at large. I shall not die, but live, and declare the works of the Lord. Praise the Lord, therefore, O my soul: as long as I have my life, which at first God gave me, and which he has now restored to me, I will sing praises unto my God.

O Lord, give me grace to spend this life, which thou hast now lengthened, in thy service. Give me grace to perform all my resolutions of new obedience, and so to live in the filial fear of thee all the remainder of my time, that I may at last die at peace with myself, at peace with the whole world, and at peace with thee; for the sake of thy well-beloved Son, Jesus Christ, my Lord and Saviour. Amen.

PREPARATION FOR THE HOLY VIATICUM

The Viaticum is the Holy Communion given with the intention of preparing the sick person for death. The Blessed Sacrament is frequently received by all good Christians during their life, but more than ever is it right to do so when the soul is about to depart from the body. It is the safeguard that must prepare the soul on the journey to heaven: it is the pledge of eternal glory. Jesus said, "I am the living Bread that came down from heaven: if any man eat of this bread, he shall live for ever."

So important is it that dying persons should, if possible, receive Holy Communion, that the rule of fasting is not considered necessary in their case.

As this is probably the last time you will receive this Sacrament, prepare to receive it with great love of God, and great sorrow for past sins. Say:

O MY divine Jesus, I wish to receive thee in the Blessed Sacrament. Come now into my soul! Grant that I may worthily receive thee before my death. Amen.

For suitable prayers when the Holy Communion is given, see pages 116*ff.*

Psalms 15, 23, 43, 46, *are also suitable.*

For Thanksgiving after Holy Communion, see pages 130*ff.*

It may be desirable also in time of sickness to read to the sick person leisurely, and as he is able to bear it, the Passion of Christ, or some meditations on his Passion; the Penitential Psalms, which are as follows: 6, 32, 38, 51, 102, 130, 143; *but not too much, or for too long a time, for that might fatigue the sick person, and do him harm.*

Holy Anointing

Of this Sacrament S. James the apostle thus speaks:

"Is any sick among you? Let him call for the Elders of the Church, and let them pray over him, anointing him with oil in the Name of the Lord. And the prayer of faith shall save the sick, and the Lord shall raise him up, and if he have committed sins they shall be forgiven him."—S. James 5, 14-15.

By these words God tells us that he is able to restore us to health by this Sacrament even if the doctors have given us up. So that when we die it is because God wills us to die.

The Priest in administering this Sacrament properly anoints the five principal senses of the body: the eyes, the ears, the nostrils, the lips, the hands and feet, because these have been employed so often during life in offending God. But often only one anointing, on the forehead, is given; and this is sufficient for the validity of the Sacrament.

A PRAYER BEFORE HOLY ANOINTING

O LORD Jesu Christ, according to the word of thine apostle, I have sent for the priest of the Church, that he may anoint

me with oil in thy Name: let the prayer of faith save me, O Lord, and if it be thy holy will, raise me up sound and whole from this bed of sickness, when thou wilt and as thou wilt; but if not, thy will be done. I have committed sins, many and deadly; let them all be forgiven me; and pour into the wounds of my soul the inward unction of thy Holy Spirit; for the sake of thy most meritorious cross and passion. Amen.

JESUS! ever loving Saviour,
Thou didst live and die for me:
Living, I will live to love thee,
Dying, I will die for thee.
Jesus! Jesus!
By thy life and death of sorrow,
Help me in my agony.

When the last dread hour approaching
Fills my guilty soul with fear,
All my sins rise up before me,
All my virtues disappear.
Jesus! Jesus!
Turn not thou in anger from me;
With thine angels then be near.

Jesus! by the shame and sorrow
Of the cross of Calvary,
By the spotless Mother's anguish,
By thy last dread agony,
Jesus! Jesus!
By those three long hours of sorrow
Thou didst purchase hope for me.

When the priest with holy unction
Prays for mercy and for grace,
May the tears of deep compunction
All my guilty stains efface.
Jesus! Jesus!
Let me find in thee a refuge,
In thy heart a resting-place.

Oh, by all that thou didst suffer,
Grant me mercy in that day!
Let thy blood and let thy body
Be in that last hour my stay.
Jesus! Jesus!
For my soul let saints and angels
And thy glorious Mother pray.
Amen.

Commendation of the Dying

When a soul is about to depart out of this life, if no Priest be present, let someone say these prayers

Lord, have mercy upon *him*,
Christ, have mercy upon him,
Lord, have mercy upon *him*.

HOLY MARY,
All ye holy angels and archangels,
Holy Abel,
All ye company of the righteous,
Holy Abraham,
Saint John Baptist,
Saint Joseph,
All ye holy Patriarchs and Prophets,
Saint Peter,
Saint Paul,
Saint Andrew,
Saint John,
All ye holy apostles and evangelists,
All ye holy disciples of our Lord,
All ye holy Innocents,
Saint Stephen,
Saint Laurence,
All ye holy martyrs,

Pray for him (or her).

Saint Sylvester,
Saint Gregory,
Saint Augustine,
All ye holy bishops and confessors,
Saint Benedict,
Saint Francis,
Saint Camillus,
Saint John of God,
All ye holy monks and hermits,
Saint Mary Magdalene,
Saint Lucy,
All ye holy virgins and widows,
Pray for him (or her).

All ye holy men and women, saints of God,
Intercede for him.

Be merciful unto *him*,
Spare him, *O Lord.*

Be merciful unto *him*,
Deliver him, *O Lord.*

From thy wrath,
From the peril of eternal death,
From an evil death,
From the pains of hell,
From all evil,
From the power of the devil,
By thy nativity,
By thy cross and passion,
O Lord, deliver him (or her).

By thy death and burial,
By thy glorious resurrection,
By thy wonderful ascension,
By the grace of the Holy Ghost, the Comforter,
In the Day of Judgment,

We sinners, *beseech thee to hear us:*

That thou wouldest spare *him*,
We beseech thee to hear us.

Lord, have mercy upon *him*
Christ, have mercy upon him.
Lord, have mercy upon *him*.

GO forth, O Christian soul, from this world, in the Name of God the Father almighty, who created thee;

In the Name of Jesus Christ, Son of the living God, who suffered for thee;

In the Name of the Holy Ghost, who was poured out upon thee;

In the name of the holy and glorious Mary, virgin Mother of God;

In the name of blessed Joseph, spouse of the same holy Virgin;

In the name of the angels and archangels and of all the host of heaven;

In the name of the patriarchs, prophets, apostles, evangelists, martyrs, confessors, monks and hermits, virgins, and of all the saints of God;

Let thine habitation today be in peace, and thine abode in holy Sion; through the same Christ our Lord. Amen.

Let us pray

O MOST merciful God, who, according to the multitude of thy mercies, dost so put away the sins of those who truly repent, that thou rememberest them no more: open thine eyes of mercy upon this thy servant, who most earnestly desireth pardon and forgiveness. And forasmuch as *he* putteth *his* full trust only in thy mercy, impute not unto *him his* former sins, but strengthen *him* with thy blessed Spirit; and, when thou art pleased to take *him* hence, take *him* unto thy favour, through the merits of thy most dearly beloved Son, Jesus Christ our Lord. Amen.

I commend thee to Almighty God, dearly beloved *brother*, and commit thee to him whose creature thou art, that when thou shalt have paid the debt of human nature by passing through death, thou mayest return unto thy Maker who formed thee from the dust of the earth.

Therefore, when thy soul goeth forth from thy body, let the glorious bands of angels hasten towards thee; the council of the apostles meet thee; the triumphant army of martyrs greet thee; the splendid white-robed company of confessors surround thee; the joyous choir of virgins receive thee: and so mayest thou gain a peaceful rest upon the bosom of the patriarchs.

Let the face of Jesus Christ appear gentle and joyful unto thee: may he place thee for evermore among those who stand in his presence.

Let Mary, the holy Mother of God, lovingly cast her eyes of mercy upon thee.

Let Saint Joseph, the most sweet patron of the dying, kindle hope in thee.

Mayest thou never know aught of the terror of darkness, the gnashing of teeth in the fire, the agonies among the torments. Let foulest Satan and his evil ones give place before thee, and tremble at thy coming in company of the angels, and in confusion flee away into the vast chaos of eternal night.

Let God arise, and let his enemies be scattered; let them also that hate him flee before him; like as smoke vanisheth, so shalt thou drive them away.

Christ, who was crucified for thee, deliver thee from torment.

Christ, who vouchsafed to die for thee, deliver thee from death everlasting.

Christ, the Son of the Living God, lead thee into the green pastures of his paradise; He, the true Shepherd, acknowledge thee as his sheep.

May he absolve thee from all thy sins and place thee at his right hand for evermore in the company of his elect; for his mercy's sake. Amen.

O Lord, receive thy servant into the place of salvation, which *he* hopeth for from thy mercy. Amen.

Deliver, O Lord, the soul of thy servant from all peril of hell, from the snares of its torments, and from every tribulation. Amen.

Deliver, O Lord, the soul of thy servant: as at divers times and in divers manners thou hast delivered thy saints and servants from grief, pain, and perplexity, be pleased also in like manner to deliver *his* soul, and let it rejoice in thy heavenly treasures. Amen.

We commend unto thee, O Lord, the soul of thy servant, *N.*, and we beseech thee, O Lord Jesus Christ, Saviour of the world, by that love whereby thou didst come down to earth, that thou wouldest not deny unto *him* a place in the patriarch's bosom.

Acknowledge, O Lord, thy creature, made not by strange gods, but by thee the living and true God, for there is none other God but thee; and none can equal thy works.

Make glad, O Lord, the soul of thy servant in thy presence; remember not *his* old sins and excesses into which *he* hath fallen by violence, or the lust of evil desire.

For though *he* hath sinned, *he* neverless hath not denied the Father, the Son, and the Holy Ghost; but hath believed, and hath had a zeal for God's honour, and hath faithfully worshipped him who made all things.

Remember not, O Lord, we beseech thee, the sins of *his* youth, nor *his* ignorances; but after thy great goodness be mindful of *him* in the glory of thy brightness. Amen.

LET the heavens be opened to *him*, and the angels rejoice with *him*. Let the archangel Saint Michael, whom thou hast appointed the chief of the heavenly host, conduct *him*. Let the holy angels come out to meet *him*, and carry *him* to the city of the heavenly Jerusalem. Let Saint Peter the apostle, to whom thou hast given the keys of the kingdom of heaven, receive *him*. Let Saint Paul the apostle, who was a vessel of election, help *him.* Let Saint John the beloved disciple, to whom the secrets of heaven were revealed, pray for *him.* Let the holy apostles, who received from Jesus Christ the power of binding and loosing, pray for *him.* Let all the saints and elect of God, who in this world have suffered torments for the Name of Christ, pray for *him*, that being freed from the prison of *his* body, *he* may be admitted into the glory of thy heavenly kingdom: through the grace and merits of our Lord Jesus Christ, who with thee, the Father, and the Holy Ghost, liveth and reigneth, God, world without end. Amen.

If the soul still linger, those who are present ought to pray earnestly upon their knees around the sick man's bed; and if the dying man be unable to speak, the adorable Name should be repeated again and again, and also such words as the following:

JESUS! JESUS! JESUS!

Into thy hands, O Lord, I commend my spirit.

O Lord Jesu Christ, receive my soul.

Holy Mary, Mother of God, pray for me, poor sinner, in this the hour of my death.

The soul being departed, the following may be said:

℟. Come to *his* assistance, O ye saints of God: hasten to meet *him*, O ye angels of the Lord. Receive *his* soul and offer it in the sight of the Most High.

℣. May Christ, who hath called thee receive thee, and may the angels lead thee into Abraham's bosom.

℟. Receive *his* soul and offer it in the sight of the Most High.

℣. Rest eternal grant *him*, O Lord; and let light perpetual shine upon *him.*

℟. And offer it in the sight of the Most High.

Lord, have mercy,
Christ, have mercy,
Lord, have mercy.

Our Father (*secretly*).

℣. And lead us not into temptation;
℟. But deliver us from evil.
℣. Rest eternal grant to *him*, O Lord:
℟. And let light perpetual shine upon *him.*
℣. From the gates of hell;
℟. Deliver *his* soul, O Lord.

℣. May *he* rest in peace;
℟. Amen.
℣. O Lord, hear our prayer;
℟. And let our cry come unto thee.

Let us pray

ABSOLVE, O Lord, we beseech thee, the soul of thy servant [*or* handmaid] *N.*, that, though dead unto the world, *he* may live unto thee: and whatsoever *he* hath done amiss in *his* human conversation through the weakness of the flesh, do thou by the pardon of thy most merciful loving-kindness, wipe away; through Christ our Lord. Amen.

GRANT, O God, that while we mourn the departure of this thy servant, we may always remember that we shall most certainly follow *him.* And give us grace to prepare for that last hour by a good life, that we may not be surprised by a sudden and unprepared death, but be ever watching, so that when thou shalt call we may, with the bridegroom, enter into eternal glory; through Jesus Christ our Lord. Amen.

The body is then decently laid out, and a light or lights placed before it. The hands should be placed crosswise upon the breast, and

a small crucifix may be put into them. The body may also be sprinkled with holy water; and a vessel of holy water and a sprinkler should be left near the body so that it can be devoutly sprinkled by those who come to pray for the departed soul.

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Vespers of the Dead

The Office is begun at once with the

Ant. I will walk * before the Lord: in the land of the living.

PSALM 116

I AM well pleased: that the Lord hath heard the voice of my prayer.

That he hath inclined his ear unto me: therefore will I call upon him as long as I live.

The snares of death compassed me round about: and the pains of hell gat hold upon me.

I shall find trouble and heaviness, and I will call upon the Name of the Lord: O Lord, I beseech thee, deliver my soul.

Gracious is the Lord, and righteous: yea, our God is merciful.

The Lord preserveth the simple: I was in misery, and he helped me.

Turn again then unto thy rest, O my soul: for the Lord hath rewarded thee.

And why? thou hast delivered my soul from death: mine eyes from tears, and my feet from falling.

I will walk before the Lord: in the land of the living.

Rest eternal: grant to them, O Lord:

And let light perpetual: shine upon them.

Ant. I will walk before the Lord: in the land of the living.

Ant. Woe is me * O Lord: that I am constrained to dwell with Mesech.

PSALM 120

WHEN I was in trouble I called upon the Lord: and he heard me.

Deliver my soul, O Lord, from lying lips: and from a deceitful tongue.

What reward shall be given or done unto thee, thou false tongue: even mighty and sharp arrows, with hot burning coals.

Woe is me that I am constrained to dwell with Mesech: and to have my habitation among the tents of Kedar.

My soul hath long dwelt among them: that are enemies unto peace.

I labour for peace, but when I speak unto them thereof: they make them ready to battle.

Rest eternal, etc.

Ant. Woe is me, O Lord: that I am constrained to dwell with Mesech.

Ant. The Lord shall preserve thee * from all evil: yea, it is even He that shall keep thy soul.

PSALM 121

I WILL lift up mine eyes unto the hills: from whence cometh my help.

My help cometh even from the Lord: who hath made heaven and earth.

He will not suffer thy foot to be moved: and he that keepeth thee will not sleep.

Behold, he that keepeth Israel: shall neither slumber nor sleep.

The Lord himself is thy keeper: the Lord is thy defence upon thy right hand.

So that the sun shall not burn thee by day: neither the moon by night.

The Lord shall preserve thee from all evil: yea, it is even he that shall keep thy soul.

The Lord shall preserve thy going out, and thy coming in: from this time forth for evermore.

Rest eternal, etc.

Ant. The Lord shall preserve thee from all evil: yea it is even he that shall keep thy soul.

Ant. If what is done amiss * thou wilt be extreme to mark, O Lord: O Lord, who may abide it?

PSALM 130

OUT of the deep have I called unto thee, O Lord: Lord, hear my voice.

O let thine ears consider well: the voice of my complaint.

If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?

For there is mercy with thee: therefore shalt thou be feared.

I look for the Lord; my soul doth wait for him: in his word is my trust.

My soul fleeth unto the Lord: before the morning watch, I say, before the morning watch.

O Israel, trust in the Lord, for with the Lord there is mercy: and with him is plenteous redemption.

And he shall redeem Israel: from all his sins.

Rest eternal, etc.

Ant. If what is done amiss thou wilt be extreme to mark, O Lord: O Lord, who may abide it?

Ant. The works * of thine own hands: despise not then, O Lord.

PSALM 138

I WILL give thanks unto thee, O Lord, with my whole heart: even before the gods will I sing praise unto thee.

I will worship toward thy holy temple, and praise thy Name, because of thy loving-kindness and truth: for thou hast magnified thy Name and thy word above all things.

When I called upon thee, thou heardest me: and enduedst my soul with much strength.

All the kings of the earth shall praise thee, O Lord: for they have heard the words of thy mouth.

Yea, they shall sing in the ways of the Lord: that great is the glory of the Lord.

For though the Lord be high, yet hath he respect unto the lowly: as for the proud, he beholdeth them afar off.

Though I walk in the midst of trouble, yet shalt thou refresh me: thou shalt stretch forth thy hand upon the furiousness of mine enemies, and thy right hand shall save me.

The Lord shall make good his loving-kindness toward me: yea, thy mercy, O Lord, endureth for ever; despise not then the works of thine own hands.

Rest eternal, etc.

Ant. The works of thine own hands: despise not then, O Lord.

℣. I heard a voice from heaven saying unto me;

℟. Blessed are the dead which die in the Lord.

Ant. All * that the Father hath given me shall come unto me: and him that cometh unto me, I will in no wise cast out.

Magnificat

MY SOUL doth magnify the Lord: and my spirit hath rejoiced in God my Saviour.

For he hath regarded: the lowliness of his handmaiden.

For behold, from henceforth: all generations shall call me blessed.

For he that is mighty hath magnified me: and holy is his Name.

And his mercy is on them that fear him: throughout all generations.

He hath shewed strength with his arm: he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat: and hath exalted the humble and meek.

He hath filled the hungry with good things: and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel: as he promised to our forefathers, Abraham and his seed, for ever.

Rest eternal, etc.

Ant. All that the Father hath given me shall come unto me: and him that cometh unto me, I will in no wise cast out.

Then shall be said, kneeling,

Our Father (*secretly*).

℣. And lead us not into temptation.
℟. But deliver us from evil.

[*The following psalm is not said on All Souls' Day nor on the day of death or burial*]

Psalm 146

PRAISE the Lord, O my soul; while I live will I praise the Lord: yea, as long as I have any being, I will sing praises unto my God.

O put not your trust in princes, nor in any child of man: for there is no help in them.

For when the breath of man goeth forth he shall turn again to his earth: and then all his thoughts perish.

Blessed is he that hath the God of Jacob for his help: and whose hope is in the Lord his God;

Who made heaven and earth, the sea, and all that therein is: who keepeth his promise for ever;

Who helpeth them to right that suffer wrong: who feedeth the hungry.

The Lord looseth men out of prison: the Lord giveth sight to the blind.

The Lord helpeth them that are fallen: the Lord careth for the righteous.

The Lord careth for the strangers: he defendeth the fatherless and widow: as for the way of the ungodly, he turneth it upside down.

The Lord thy God, O Sion, shall be King for evermore: and throughout all generations.

Rest eternal, etc.

℣. From the gates of hell,
℟. Deliver their souls, O Lord.
℣. May they rest in peace.
℟. Amen.
℣. Lord, hear my prayer.
℟. And let my cry come unto thee.

The officiant, standing, says:

℣. The Lord be with you.
℟. And with thy spirit.

Let us pray

O GOD, the Creator and Redeemer of all them that believe, grant unto the souls of thy servants and handmaids the remission of all their sins, that through devout supplications they may obtain the pardon they have always desired; who livest and reignest, one God, world without end. ℟. Amen.

℣. Rest eternal grant to them, O Lord;

℟. And let light perpetual shine upon them.

℣. May they rest in peace.

℟. Amen.

✠

Prayers for the Departed

We must remember that to pray for the repose of the faithful departed is one of the greatest Christian duties, especially for those who are near and dear to us.

De profundis (Psalm 130)

OUT of the deep have I called unto thee, O Lord: Lord, hear my voice.

O let thine ears consider well: the voice of my complaint.

If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?

For there is mercy with thee: therefore shalt thou be feared.

I look for the Lord; my soul doth wait for him: in his word is my trust.

My soul fleeth unto the Lord: before the morning watch, I say, before the morning watch.

O Israel, trust in the Lord, for with the Lord there is mercy: and with him is plenteous redemption.

And he shall redeem Israel: from all his sins.

Rest eternal: grant to them, O Lord;
And let light perpetual: shine upon them.

℣. From the gates of hell:
℟. Deliver their souls, O Lord:
℣. May they rest in peace:
℟. Amen.
℣. Lord hear our prayer:
℟. And let our cry come unto thee.

Let us pray

O GOD, whose property is ever to be merciful and to spare; be merciful to the souls of thy servants and handmaids, and forgive them all their sins; that, being loosed from the bonds of death, they may ascend into life everlasting; who livest and reignest, God for ever and ever. ℟. Amen.

WE earnestly beseech thy loving-kindness, O almighty and everlasting God, who hast been pleased to create man after thine own image, that thou wouldest favourably and mercifully receive the soul of thy servant [*handmaid*] *N*., which thou hast commanded to leave human things and to come unto thee; let not the shadow have dominion over *him*, nor let confusion or darkness touch *him*, but set *him* free from all spot of sin; place *him* in the bosom of Abraham, let *him* rejoice in a place of refreshment prepared for *him*; and when the day of doom shall come, command *him* to arise with all thy saints and elect; through Christ our Lord. Amen.

LITANY OF THE DEAD

Lord, have mercy,
Christ, have mercy,
Lord, have mercy.

O Christ, hear us,
O Christ, graciously hear us.

O GOD the Father, of heaven,
Have mercy upon the souls of the faithful departed.

O God the Son, Redeemer of the world,
Have mercy upon the souls of the faithful departed.

O God the Holy Ghost,
Have mercy upon the souls of the faithful departed.

O Holy Trinity, One God,
Have mercy upon the souls of the faithful departed.

Holy Mary, Mother of God,
All ye orders of blessed spirits,
All ye holy patriarchs and prophets,
All ye holy apostles and evangelists,
All ye holy martyrs,
All ye holy bishops and confessors,
All ye holy doctors,
All ye holy virgins,
All ye saints of God,

Pray for the souls of the faithful departed.

Be merciful:
Spare them, O Lord.

From all evil,
From thy wrath,
From the flames of fire,
From the land of the shadow of death,
By thy nativity,
By thy most sweet and holy Name,
By thy wonderful life,
By thy most bitter passion,
By thy precious death and burial,
By thy glorious resurrection and ascension, and by the coming of the Holy Ghost,

Good Lord, deliver them.

We sinners: *beseech thee to hear us.*

Thou who dost free salvation send us,
Thou who the sinful woman savedst, and the dying thief forgavest,

Thou who hast the keys of death and hell,
That it may please thee to set free our parents, relations, and friends from their sins, and the punishment thereof,
That it may please thee to remember, and to have mercy upon all the faithful who are not held in special memory upon earth,
That it may please thee to grant unto all who rest in Christ a place of refreshment, of light, and peace,
That it may please thee to wash away their stains in thy most precious blood,
That it may please thee to clothe them in white robes,
That it may please thee to place them in green pastures,
That it may please thee to cause them to drink of the fountain of the water of life freely,
That it may please thee to give them to eat of the tree of life,
That it may please thee to wipe away all tears from their eyes,
That it may please thee to make them sit down at thy table in thy kingdom,
That it may please thee to fulfil all their desires,

We beseech thee to hear us.

That it may please thee to cause them to
bless thee more fully, and to offer unto
thee the sacrifice of praise,
That it may please thee to receive them
into the company of the blessed,

O Lamb of God, that takest away the sins of the world, *Grant them rest.*

O Lamb of God, that takest away the sins of the world, *Grant them rest.*

O Lamb of God, that takest away the sins of the world, *Grant them rest eternal.*

O Christ, hear us.
O Christ, graciously hear us.

Lord, have mercy,
Christ, have mercy,
Lord, have mercy.

Our Father (*secretly*).

℣. And lead us not into temptation;
℟. But deliver us from evil.
℣. From the gates of hell,
℟. Deliver their souls, O Lord.
℣. May they rest in peace.
℟. Amen.
℣. Lord, hear our prayer.
℟. And let our cry come unto thee.

Let us pray

O GOD, whose property is ever to have mercy and to spare: be merciful to the souls of thy servants and handmaids, and forgive them all their sins; that they, being loosed from the bonds of death, may ascend into life everlasting; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Ghost, one God, world without end. *Amen.*

A PRAYER FOR A DEPARTED RELATION OR FRIEND

O GOD, the God of the spirits of all flesh, in whose embrace all creatures live, in whatsoever world or condition they be; I beseech thee for *him* whose name and dwelling-place and every need thou knowest. Lord, vouchsafe *him* light and rest, peace and refreshment, joy and consolation in Paradise, in the companionship of saints, in the presence of Christ, in the ample folds of thy great love.

Grant that *his* life, (so troubled here) may unfold itself in thy sight, and find a sweet employment in the spacious fields of eternity. If *he* hath ever been hurt or maimed by any unhappy word or deed of mine, I pray thee of thy great pity to heal and restore *him*, that *he* may serve thee without hindrance.

Tell *him*, O gracious Lord, if it may be, how much I love *him* and miss *him*, and long to see *him* again; and, if there be ways in which *he* may come, vouchsafe *him* to me as a guide and guard, and grant me a sense of *his* nearness in such degree as thy laws permit.

If in aught I can minister to *his* peace, be pleased in thy love to let this be; and mercifully keep me from every act which might deprive me of the sight of *him* as soon as our trial-time is over, or mar the fulness of our joy when the end of the days have come.

Pardon, O gracious Lord and Father, whatsoever is amiss in this my prayer, and let thy will be done, for my will is blind and erring, but thine is able to do exceeding abundantly above all that we ask or think; through Jesus Christ our Lord. Amen.

HYMNS OF THE DEPARTED

Sequence at Mass for the Dead

DAY of wrath! O day of mourning;
See fulfilled the prophet's warning;
Heaven and earth in ashes burning.

O what fear man's bosom rendeth,
When from heaven the Judge descendeth,
On whose sentence all dependeth!

Wondrous sound the trumpet flingeth,
Through earth's sepulchres it ringeth,
All before the throne it bringeth!

Death is struck, and nature quaking—
All creation is awaking,
To its Judge an answer making!

Lo, the book, exactly worded,
Wherein all hath been recorded:
Thence shall judgment be awarded.

When the Judge his seat attaineth,
And each hidden deed arraigneth,
Nothing unavenged remaineth.

What shall I, frail man, be pleading?
Who for me be interceding,
When the just are mercy needing?

King of majesty tremendous,
Who dost free salvation send us,
Fount of pity! then befriend us.

Think, kind Jesu! my salvation
Caused thy wondrous incarnation,
Leave me not to reprobation!

Faint and weary thou hast sought me,
On the cross of suffering bought me;—
Shall such grace be vainly brought me?

Righteous Judge of retribution,
Grant thy gift of absolution,
Ere that reckoning day's conclusion!

Guilty, now I pour my moaning,
All my shame with anguish owning;
Spare, O God, thy suppliant groaning!

Thou the sinful woman savedst;
Thou the dying thief forgavest;
And to me a hope vouchsafest.

Worthless are my prayers and sighing,
Yet, good Lord, in grace complying,
Rescue me from fires undying!

With thy favoured sheep, O place me;
Nor among the goats abase me:
But to thy right hand upraise me.

While the wicked are confounded,
Doomed to flames of woe unbounded,
Call me with thy saints surrounded.

Low I kneel, with heart-submission;
See, like ashes, my contrition—
Help me in my last condition!

Ah! that day of tears and mourning!
From the dust of earth returning,
Man for judgment must prepare him!

Spare, O God, in mercy spare him!
Lord, all pitying, Jesu blest,
Grant them thine eternal rest. Amen.

For the Faithful Departed

CHRIST, enthroned in highest heaven,
  Hear us crying from the deep,
For the faithful ones departed,
  For the souls of all that sleep;
As thy kneeling Church entreateth
  Hearken, Shepherd of the sheep.

*King of glory, hear our voices,
  Grant thy faithful rest, we pray;
We have sinned, and may not bide it,
  If thou mark our steps astray;
Yet we plead that saving Victim,
  Which for them we bring today.

*That which thou thyself hast offered
  To thy Father, offer we:
Let it win for them a blessing,
  Bless them, Jesu, set them free;
They are thine, they wait in patience;
  Merciful and gracious be.

* *To be sung only at Mass offered with intention for the Dead.*

They are thine, O take them quickly,
Thou their Hope, O raise them high,
Ever hoping, ever trusting,
Unto thee they strive and cry:
Day and night, both morn and even,
Be, O Christ, their guardian nigh.

Let thy plenteous loving-kindness
On them, as we pray, be poured;
Let them, through thy boundless mercy
From all evil be restored:
Hearken to the gentle pleading
Of thy Mother, gracious Lord.

When, O kind and radiant Jesu,
Kneels the Queen thy throne before,
Let the court of saints attending
Mercy for the dead implore;
Hearken, loving Friend of sinners,
Whom the cross exalted bore.

Hear and answer prayers devoutest,
Break, O Lord, each binding chain;
Dash the gates of death asunder,
Quell the devil and his train;
Bring the souls which thou hast ransomed
Evermore in joy to reign.

APPENDIX

Clinical Baptism of Infants

WHEN a new-born infant seems to be very weakly and not likely to live, those responsible should at once, without any delay, send for a priest that it may receive the grace of baptism; if however it is impossible to secure the services of a priest in time, rather than the child should die unbaptized, let one of the bystanders christen it after this manner:

While pouring water (thrice) upon its head is said N . . . I BAPTIZE THEE IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY GHOST. AMEN.
and then may be said OUR FATHER, etc. *and other prayers from the Office for the baptism of Infants.*

If the child live, it should be brought to the church as soon after the baptism as possible, for the ceremony of its reception into church; and in any case the parish priest should be informed without fail of such baptism, so that the fact, with the necessary details of name, parentage, etc., may be recorded in the church register.

Manner of Serving at Low Mass

A SERVER'S PREPARATORY PRAYER

which may be said before vesting

O ALMIGHTY Lord of heaven and earth, behold I presume to appear before thee this day, to assist in offering to thee by the hands of our High Priest, Jesus Christ, thy Son, the sacrifice which he offered to thee upon the cross: first, for thine own honour, praise, adoration, and glory; secondly, in remembrance of his death and passion; thirdly in thanksgiving for all thy blessings bestowed on thy whole Church, whether triumphant in heaven or militant on earth, and especially for those bestowed on me, the most unworthy of all; fourthly, for obtaining pardon and remission of all my sins, and for those of all others, whether living or dead, for whom I ought to pray; and lastly, for obtaining all graces and blessings both for myself and for thy whole Church. O be thou pleased to assist me by thy grace, that I may behave myself this day as I ought to do in thy divine presence, and that I may so commemorate the death and passion of thy

Son, as to partake most plentifully of the fruits thereof. Through the same Jesus Christ our Lord. Amen.

Our Father. Hail Mary.

THE SERVICE

The server, carrying the missal with both hands, precedes the priest to the altar. At the bottom step, on the right of the priest, he receives the biretta; makes the proper reverence before the altar when the priest does so; then lays the biretta aside and places the missal unopened on its stand at the epistle corner with the opening of the book to the left.

Going to the left side of the priest he kneels down, and says the responses printed in **dark type** *carefully and distinctly, in the same tone of voice used by the priest; he bows his head at the words underlined like these.*

The Priest, standing at the foot of the altar, signs himself, and says:

✠ In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

I will go unto the altar of God.

Even unto the God of my joy and gladness.

Psalm 43. *Judica me, Deus*

(*The psalm is omitted in Requiem Masses; and in all Masses of the season, from Passion Sunday until Maundy Thursday inclusive.*)

Manner of Serving at Low Mass

A SERVER'S PREPARATORY PRAYER

which may be said before vesting

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Psalm 43. *Judica me, Deus*

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Give sentence with me, O God and defend my cause against the ungodly people: O deliver me from the deceitful and wicked man.

For thou art the God of my strength, why hast thou put me from thee: and why go I so heavily, while the enemy oppresseth me?

O send out thy light and thy truth that they may lead me: and bring me unto thy holy hill, and to thy dwelling.

And that I may go unto the Altar of God, even unto the God of my joy and gladness; and upon the harp will I give thanks unto thee, O God, my God.

Why art thou so heavy, O my soul: and why art thou so disquieted within me?

O put thy trust in God, for I will yet give him thanks which is the help of my countenance and my God.

Glory be to the Father and to the Son: and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be: world without end. Amen.

I will go unto the Altar of God.

Even unto the God of my joy and gladness.

(*The repetition of the antiphon is omitted when the psalm is not said.*)

✠ Our help is in the Name of the Lord.

Who hath made heaven and earth.

I confess to Almighty God, to blessed Mary ever Virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, brethren: that I have sinned exceedingly in thought, word, and deed, through my fault, my own fault, my own most grievous fault. Therefore I beg blessed Mary ever-Virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, brethren, to pray to the Lord our God for me.

(*Bow your head, turning slightly towards the priest.*) **Almighty God have mercy upon thee, forgive thee thy sins, and bring thee to everlasting life.** Amen.

(*Bow your head but do not bend your body.*)

I confess to Almighty God, to blessed Mary ever-Virgin, to blessed Michael the archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to (*turn to the priest*) **you, father, that I have sinned exceedingly in thought, word and deed, through** (*strike your breast gently*) **my fault,** (*strike your breast again*) **my own fault** (*strike your breast again*) **my own most grievous fault. Therefore I beg blessed Mary ever-Virgin, blessed Michael the archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and** (*turn to the priest*), **you, father, to pray to the Lord our God for me.**

Almighty God have mercy upon you, forgive you your sins, and bring you to everlasting life. **Amen.**

(*Kneel upright.*) The Almighty and merciful Lord grant us pardon, abso✠lution and remission of our sins.

Amen.

(*Bow slightly.*) Wilt thou not turn again and quicken us, O God;

That thy people may rejoice in thee.

O Lord, show thy mercy upon us;

And grant us thy salvation.

O Lord, hear my prayer;

And let my cry come unto thee.

The Lord be with you;

And with thy spirit.

Let us pray

As the priest ascends to the altar, rise and kneel on the lower step or pavement (but not on the footpace) on the side opposite to the book.

Kyrie	eleison	*or*	Lord	have mercy.
Kyrie	**eleison**		**Lord**	**have mercy.**
Kyrie	eleison		Lord	have mercy.
Christe	**eleison**		**Christ**	**have mercy.**
Christe	eleison		Christ	have mercy.
Christe	**eleison**		**Christ**	**have mercy.**
Kyrie	eleison		Lord	have mercy.
Kyrie	**eleison**		**Lord**	**have mercy.**
Kyrie	eleison		Lord	have mercy.

The Lord be with you,

And with thy spirit.

Let us pray

The Collect

Answer **Amen** *audibly at the end of the prayers; and at the end of the Epistle say:*

Thanks be to God.

When the priest has read the epistle, gradual, and what follows, remove the book to the gospel corner of the altar, making the proper reverence on passing the centre.

When the priest announces the holy gospel, sign the cross on your forehand, lips and breast thus: The holy ✠ gospel is written in the —th ✠ chapter of (*Matthew*), beginning ✠ at the —th verse. *And then say* **Glory be to thee, O Lord,** *and pass over to the opposite side, and turn towards the priest. After the gospel answer* **Praise be to thee, O Christ,** *but do not sign yourself again.*

Kneel down whether the creed be said or not—if it be said remain kneeling throughout—until the priest has said:

The Lord be with you. **And with thy spirit.**

Let us pray

Then without going to the centre to reverence the altar, get (the bread, and then) the wine and water, at the credence and present them to the priest, bowing before and after. Then attend with the basin, water, and towel, for the washing of the priest's hands. After this collect the alms (if any are to be collected) and then, without reverencing the altar in the centre, kneel on the epistle side, and be ready to answer the priest at once when he says:

Pray brethren, etc.

The Lord receive this Sacrifice at thy hands to the praise and glory of his Name, both to our benefit and that of all his holy Church. Amen

The prayer for the Church follows. At the end answer **Amen.**

After the short Exhortation (if said) say the Confession, bowing your head at the words underlined.

ALMIGHTY GOD, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; we acknowledge and bewail our manifold sins and wickedness, which we, from time to time, most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us; the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son, our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee, in newness of life, to the honour and glory of thy Name; through Jesus Christ our Lord. Amen.

Remain with head bowed and listen attentively to the Absolution, crossing yourself at the words pardon and deliver you.

The priest continues:

The Lord be with you;
And with thy spirit.

Lift up your hearts;
We lift them up unto the Lord.

Let us give thanks unto (*bow*) our Lord God;
It is meet and right so to do.

At HOLY, HOLY, HOLY, ETC., *ring the bell three times; also ring the bell once when the priest spreads his hands over the chalice. At the words* Hear us, O merciful Father *in the prayer of Consecration rise, and without making any reverence, kneel on the footpace to the right of, and a little in rear of, the priest. With your left hand hold up the chasuble when he elevates the Sacred Host and the chalice, but not when he genuflects. Having the little bell in your right hand ring it thrice at each Elevation. Then rise and kneel at once at your former place.*

Priest. World without end. **Amen.**
Our Father . . . temptation;

But deliver us from evil.

The peace ✠ of the Lord be always with you;

And with thy spirit.

Ring the bell lightly once when the priest says Lord, I am not worthy, etc.

If you wish to receive Communion, stay kneeling where you are until you have received; then (or if you do not receive, as soon as you have rung the bell) go to the credence and kneel, facing across the Sanctuary, so as not to have your back to the Blessed Sacrament while Communion is being given.

After the Communion, genuflect and go to the credence, without going to the centre to do so; serve the priest with wine, and then with wine and water for the ablutions, and replace the cruets on the credence. Then cross over, reverencing in the centre, and move the book to the epistle corner; then go and kneel on the gospel side, reverencing the altar as you pass the centre.

The Lord be with you;
And with thy spirit.

Let us pray
(*and after prayers, answer* **Amen**).

The Lord be with you;
And with thy spirit.

Depart in peace, (*or* Let us bless the Lord)
Thanks be to God.

(*but in Mass for the dead, instead of* Depart, etc., *the priest says:*

May they rest in peace. **Amen.**)

At the blessing the server signs himself with the cross (but the blessing is not given at requiem Mass), and then stands at the gospel corner facing the priest and, when the gospel is announced, makes the sign of the cross thrice; and then passes over to his place facing the epistle corner.

The Lord be with you;
And with thy spirit.

The beginning ✠ of the holy ✠ gospel ✠ according to John.

Glory be to thee, O Lord.

After the Gospel
Thanks be to God.

(*At* Low Mass, *if the* Prayers for the Church *are to be said, you will kneel on the left of the priest below the bottom altar step, and make the responses as on page* 127. *At the end stand up.*)

Hand the priest his biretta; make with him the proper reverence to the altar, and precede the priest to the vestry. Assist him to unvest; then go and extinguish the candles, cover the altar, and do anything else required of you. Before you leave the church kneel down and say the following, or some other prayer:

I THANK Thee, O my God, for thy great mercy in permitting me to be present this day and to assist at this holy Sacrifice. Receive, O Lord, my unworthy prayers; supply all my defects, and forgive all wandering thoughts or coldness of heart which thou hast seen in me. Grant that, by virtue of these divine mysteries, I may ever continue faithful to thee, and live and die in thy grace; that so, when my earthly time of trial is ended, I may attain to thy heavenly kingdom; and there, with all the blessed angels and saints, more clearly contemplate thee, more perfectly love thee, and more worthily praise and glorify thy Name throughout eternity. Amen.

Our Father. Hail Mary. Glory be.

May the divine assistance remain with us for ever; and may the souls of the faithful departed, through the mercy of God, ✠ rest in peace. Amen.